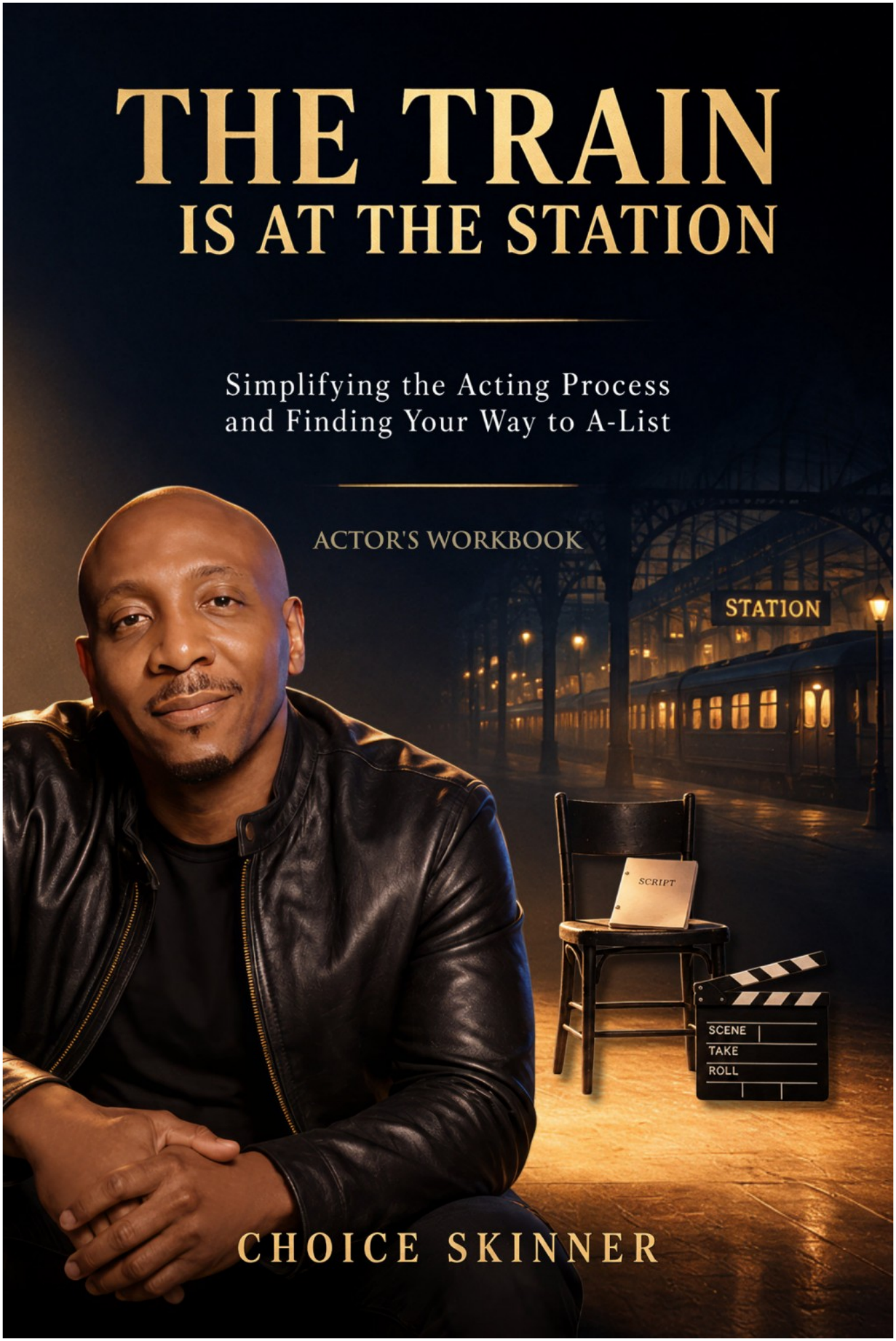
Naacp Image Award Nominee Choice Skinner Releases Book "THE TRAIN IS AT THE STATION”

Filmmaker Shares Insight & Industry Experience In a Powerful Resource for Actors


THE TRAIN
IS AT THE STATION
Simplifying the Acting Process
and Finding Your Way to A-List
ACTOR'S WORKBOOK
STATION
SCRIPT
SCENE
TAKE
ROLL
CHOICE SKINNER

Atlanta, Georgia Nov 17, 2026 (Issuewire.com) - Award-winning actor, writer, producer, director, and filmmaker Choice Skinner announces the introduction of his new book, ***The Train Is At The Station****: Simplifying the Acting Process and Finding Your Way to A-List*, a workbook created for actors seeking to strengthen their craft, develop their professional mindset, and take a more intentional approach to their acting careers.

Drawing upon his experience in the entertainment industry, Skinner brings a practical, clear, and simple approach to the craft of acting. *The Train Is At The Station* reflects his commitment to helping performers recognize the importance of artistry, professionalism, and understanding the empowerment of being prepared once the opportunity and moment arrives.

More than a book title, *The Train Is At The Station* represents a powerful metaphor Skinner relayed to his students during coaching sessions. The message is straightforward: preparation matters, timing matters, and when the opportunity presents itself, the actor must be ready to step aboard.

As an accomplished creative professional with experience spanning over 35 years, Skinner understands the challenges that aspiring and working actors face in an increasingly competitive entertainment industry.

"Success in this industry requires more than talent. It requires preparation, commitment, passion, discipline, and keen insight. I want actors to understand that the train is at the station waiting for you. You just have to arrive and get onboard. Stop procrastinating."

Choice has had the opportunity to work with and coach with an impressive list of many successful notable actors currently working in the industry boasting the likes of Omari Hardwick, Ambyr Michelle, Briana Price, Erica Dasher, Sachiko Ishida, Brandon P. Bell, Dazelle Yvette, Allen Maldonado, Fernando Marrero, Amin Joseph, Danny Royce, Torrei Hart, and other dynamic talent in front of and behind the lens.

With this publication, Skinner continues to expand his contributions to the entertainment industry beyond the screen, as he seeks to share knowledge and inspire performers to approach their careers with greater discipline, awareness, confidence, and purpose.

The workbook will be available on paperback and online in Kindle and Audiobook format November 17. Pre-order today at www.choiceskinner.com

Skinner is repped by Ross Stephens Artists & Entertainment

BOOK INFORMATION

Title: ***The Train Is At The Station****: Simplifying the Acting Process and Finding Your Way to A-List*
Author: Choice Skinner
Category: Acting / Performing Arts / Actor Development
Format: Actor's Workbook (Paperback / Kindle / Audiobook)

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