Gen X artist Scotlyn May embraces midlife crisis with 80s rock inspired debut single, 'Middle of the Night'



Los Angeles, California Nov 11, 2026 (Issuewire.com**)** - From breakup to startup. Crisis to midlife metamorphosis. Scotlyn May announces the release of her debut single “Middle of the Night” on October 23, 2026. May recorded the self-written pop-rock song in partnership with Canadian producer Ken O’Gorman in their respective Los Angeles and Toronto-based studios. A cross-country collab from a powerhouse vocalist with hints of 80s rock and wistful nostalgia.

“Middle of the Night” is the first release from this Canadian-American Gen X artist, who learned the hard way to lean into who you really are, or the universe may force you to do it. It explores themes of perceived perfection, disappointment, starting over, and ultimately choosing yourself, showcasing Scotlyn’s evolution from slighted corporate writer to budding songwriter.

Inspired by the 80s and 90s music of her childhood, May hopes to bring a fresh face and a teeny tiny dose of optimism back to the generation of self-reliant skeptics. Well, fresh enough. Whatever.

Listen and follow Scotlyn here!



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