America’s Best in Medicine: Dr. Carla R. Lamb Advances the Field of Interventional Pulmonology Through Research Today



Burlington, Massachusetts Nov 15, 2026 (Issuewire.com) - A Pioneering Physician, Educator, and Advocate, Carla Brings Advanced Pulmonary Care and Innovative Approaches to Patients With Thoracic Disease

Burlington, Massachusetts – Dr. Carla R. Lamb, M.D., FCCP, has dedicated her career to advancing pulmonary and critical care medicine through innovative clinical practice, research, education, and professional leadership. A board-certified pulmonologist and interventional pulmonologist at Lahey Clinic, Burlington, Massachusetts. Carla has been a member of the medical staff since 2002. She

currently serves as Director of Interventional Pulmonology and Fellowship Program Director for Interventional Pulmonology.

Her clinical focus centers on the early detection, diagnosis, and minimally invasive treatment of thoracic diseases, including lung cancer and pulmonary nodules. Through advanced technologies such as robotic bronchoscopy and CT lung screening, Carla provides patients with comprehensive options designed to support earlier diagnosis and targeted care.

Carla earned her medical degree from East Tennessee State University before completing her internal medicine residency and pulmonary/critical care fellowship at Naval Medical Center in San Diego. During her military career, she also served as an attending physician on active duty. She later joined Lahey Clinic for advanced subspecialty training in interventional pulmonology, becoming one of the earliest women in the United States to complete a formal fellowship in this emerging specialty.

Her career has been marked by a sustained commitment to advancing minimally invasive pulmonary procedures and improving patient outcomes. Carla has participated in clinical research involving minimally invasive diagnostic techniques, malignant pleural effusions, and the early detection of lung cancer through biomarker development. Her research collaborations have included work with institutions such as MIT, reflecting her interest in connecting clinical medicine with emerging scientific discoveries.

Education has also remained central to Carla's professional mission. She has made important contributions to simulation-based education in bronchoscopy, developing validated training and assessment tools that support procedural learning. Her efforts have helped strengthen how bronchoscopy skills are taught and evaluated, particularly for physicians preparing for careers in interventional pulmonology.

Beyond her clinical and academic work, Carla holds prominent leadership positions within the specialty. She has served as President of the American Association for Bronchology and Interventional Pulmonology (AABIP) and is a co-founder of Women in Interventional Pulmonology (WIIP), an organization focused on mentorship, representation, and leadership opportunities for women in the field. Her involvement extends to national and international initiatives involving clinical guidelines, fellowship training standards, professional education, and policy development.

Carla's professional credentials include board certification in pulmonary medicine, critical care medicine, and interventional pulmonology, as well as recognition as a Fellow of the American College of Chest Physicians. She is also associated with the Interventional Pulmonary Network of the American College of Chest Physicians and is a founding member of the Association for Interventional Pulmonary Program Directors. Her academic contributions include original research, reviews, textbook chapters, and guideline development related to pulmonary procedures and lung cancer management.

Among her notable professional contributions are co-authorship of American Thoracic Society and ACCP policy statements on CT lung screening, as well as contributions to CHEST guidelines addressing endobronchial ultrasound bronchoscopy and bronchoscopy simulation training. She has also served as an editorial board member and peer reviewer for publications including Chest Journal, Journal of Bronchology, and Respirology.

For Carla, one of the most rewarding aspects of practicing medicine is having the ability to provide patients with comprehensive options for care, from early detection through advanced therapeutic procedures. Interventional pulmonology gives her the opportunity to perform minimally invasive

procedures that can directly influence patient outcomes, whether she is evaluating a small lung nodule or treating a thoracic malignancy.

The tangible impact of these procedures continues to reinforce her commitment to the specialty. Through patient care, research, teaching, mentorship, and advocacy, Carla remains engaged in shaping the future of interventional pulmonology while supporting the next generation of physicians and encouraging greater opportunities for women within the field.

Learn more about Carla R. Lamb:

Through her America's Best in Medicine profile: https://americasbestinmedicine.com/providers/carla-lamb

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Media Contact

America's Best in Medicine

*********@americasbestinmedicine.com

1-877-346-0175

https://americasbestinmedicine.com

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