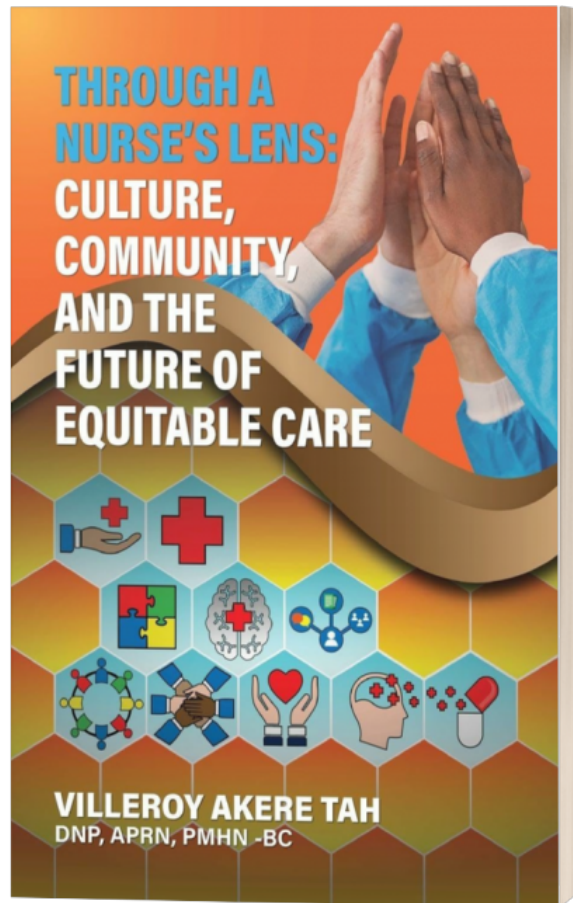


# Through a Nurse's Lens Brings a Powerful Call for Healthcare Equity to a Wide Audience

Dr. Villeroy Akere Tah's acclaimed guide blends clinical expertise, lived experience, and practical solutions to advance culturally responsive healthcare



**Los Angeles, California Oct 5, 2026** ([IssueWire.com](https://www.issuewire.com)) - [\*Through a Nurse's Lens: Culture, Community, and the Future of Equitable Care\*](#) by Dr. Villeroy Akere Tah is now available, bringing renewed visibility to a timely work that challenges conventional healthcare practices while advocating for equity, cultural competence, and compassionate patient care. The newly released edition offers readers an opportunity to engage with a resource that combines evidence-based clinical guidance with the lived realities of patients navigating today's healthcare system.

Drawing upon more than two decades of experience spanning home health, long-term care, community health, federally qualified health centers, and psychiatric mental health practice, Dr. Tah presents a work that bridges science and storytelling. The book demonstrates how pharmacology, healthcare policy, and quality improvement intersect with everyday patient experiences, illustrating how cultural background, economic hardship, housing instability, and systemic barriers influence health outcomes.

Rather than accepting the label of patient "non-compliance," *Through a Nurse's Lens* encourages healthcare professionals to examine the broader social determinants that shape medical decision-making. Through evidence-based practice, quality improvement strategies, and the Collaborative Cultural Competence (C3) Framework developed through direct community engagement, the book provides practical tools for delivering more equitable and effective care.

Designed for nursing students, practicing clinicians, educators, policymakers, and families, the book serves as a clinical reference, educational guide, and thoughtful examination of healthcare reform. Real-life narratives, carefully presented with protected identities, reinforce the clinical principles discussed throughout the text and demonstrate how lived experience often reveals what statistics alone cannot.

Dr. Villeroy Tah, DNP, PMHNP-BC, wrote the book after witnessing preventable healthcare crises throughout a distinguished nursing career. As founder of Sekati Counseling Services, Dr. Tah remains committed to improving access to compassionate, culturally informed mental healthcare for underserved communities.

With its official publication, *Through a Nurse's Lens: Culture, Community, and the Future of Equitable Care* is now reaching a broader audience, inviting healthcare professionals, students, educators, and community leaders to participate in meaningful conversations about improving healthcare delivery and creating a more equitable future for all.

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