

Reward Yourself with a Spa Escape at Solaire Resort Quezon City

Discover one of Solaire Resort Quezon City's hidden gems, the spa at the Health Club.



Quezon City, Metropolitan Manila Area Oct 14, 2026 ([Issuewire.com](https://www.issuewire.com)) - Luxury comes in many forms. At Solaire Resort Quezon City, it takes shape at the spa at Solaire Resort Quezon City's Health Club. Lavish treatment rooms, highly trained massage therapists, and state-of-the-art wellness facilities come together to offer what many consider the ultimate luxury of all: a well-deserved moment of me-time and relaxation.

Take in the soothing scent of florals and citrus as soon as the doors open. Soft lighting casts gentle shadows across the lobby's refined interiors, inviting guests to slow down and unwind, far removed from the bustle outside. Guests are warmly welcomed into the transition room for a brief consultation and a warm cup of tea before being ushered to a spacious, wood-paneled treatment room complete with a private lounge, foot bath, and shower room.

Each session begins with the therapist's calming voice, ensuring every detail, from the lighting to the sounds in the room, aligns with the guest's preferences. A gentle inhale of essential oils eases the mind into a calm and steady state, further enhanced by a guided breathing exercise.

Melt away stress with warm hands gliding in long, flowing strokes with one of the spa's signature

offerings, the Swedish Massage. As tension in the neck, shoulders, and back slowly dissipates, many guests find themselves drifting into a deep, restorative sleep, awakened only by the gentle sound of a bell signaling the end of the massage.

Beyond the treatment itself, relaxation remains the utmost priority. Guests are encouraged to linger a little longer, savor another cup of tea, and ease back into the day at their own pace.

Other massages, body treatments, scrubs, and facials offered by the facility are equally tempting options for a satisfying retreat of the body and mind. Taking the experience a step further, guests also enjoy complimentary access to the wellness facilities, including a sauna, steam room, experiential water massage, tepidarium, and hot and cold plunge pools, maximizing the pleasure of every visit.

Come away refreshed, rejuvenated, and feeling like a winner after rewarding yourself with an escape at the spa at Solaire Resort Quezon City. To learn more, visit Solaire Resort Quezon City. Solaire Rewards members enjoy up to 25% off on select health and wellness services. To make a reservation, email sn.spaandsalon@solaireresort.com or call +63 2 8888 8888 loc. 67062.

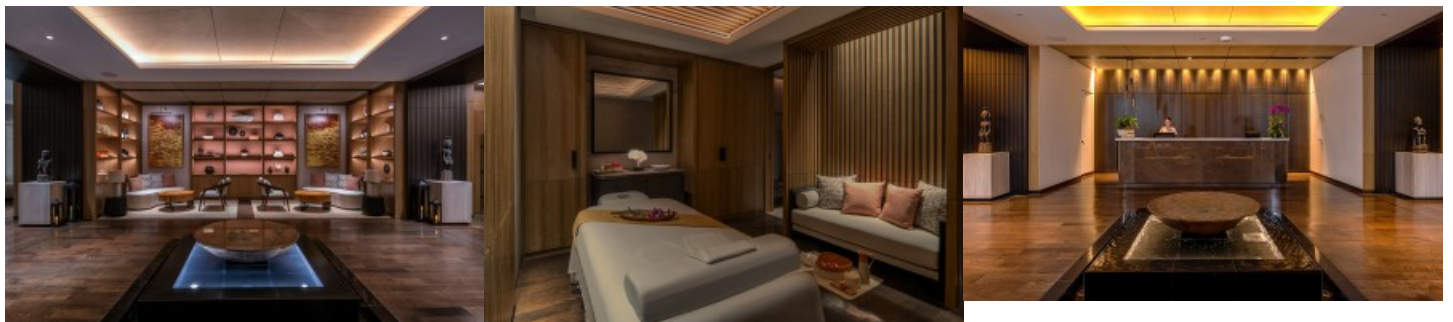
About Solaire Resort Quezon City

Solaire Resort Quezon City is Solaire's second integrated luxury resort in the Philippines and the first five-star integrated resort in Quezon City. Located in the heart of Metro Manila's largest city, it brings together luxury hospitality, world-class gaming, exceptional dining, vibrant entertainment, and family-friendly experiences, and stands among Quezon City's premier lifestyle destinations.

The resort features 526 elegantly designed rooms and suites, four gaming levels catering to both mass and VIP guests, 14 restaurants and bars, and versatile meeting and event spaces spanning 1,700 square meters. Guests can unwind at the expansive wellness center, 50-meter L-shaped swimming pool and water park, enjoy pickleball and basketball at the Outdoor Fitness Deck, or spend quality family time at the multi-level Kids Club. As day turns to night, the resort comes alive with dynamic entertainment experiences, from live performances at Quezon Club to panoramic evenings at Skybar.

Renowned for its warm Filipino hospitality and thoughtfully curated experiences, Solaire Resort Quezon City continues to redefine luxury, entertainment, and leisure in the heart of Quezon City.

For more information, visit sn.solaireresort.com.



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