

America's Best in Medicine: Nelson Seabrook, MD, Advancing Patient-Centered Gastroenterology Care in West Columbia

Combining Gastroenterology Expertise, Preventive Care, and Compassionate Patient Guidance



West Columbia, South Carolina Oct 14, 2026 ([Issuewire.com](https://www.issuewire.com)) - Dr. Nelson E. Seabrook is a board-certified gastroenterologist with Consultants in Gastroenterology who is committed to providing thorough, patient-centered care to individuals throughout the community. Based in West Columbia,

South Carolina, he also serves on call at Lexington Medical Center, bringing a broad foundation of clinical knowledge and a strong focus on helping patients understand and manage their gastrointestinal health.

Since joining Consultants in Gastroenterology in 2021, Dr. Seabrook has emphasized the importance of understanding each patient's unique concerns. His approach centers on providing attentive guidance while addressing a wide range of gastrointestinal conditions and preventive health needs. His areas of expertise include reflux, liver disease, colon cancer prevention, and general gastroenterology, with a particular focus on colon cancer screening.

Dr. Seabrook's medical training began at the Medical University of South Carolina, where he earned his medical degree in 2014. He completed his residency at the University of Louisville, including a year as chief resident, before returning to the Medical University of South Carolina for fellowship training in Gastroenterology from 2018 to 2021. His training provided him with a strong foundation in advanced diagnostic and therapeutic procedures, including colonoscopy and upper GI endoscopy, as well as the management of complex gastrointestinal conditions.

Beyond his clinical responsibilities, Dr. Seabrook maintains active involvement in the medical community. He is a member of the South Carolina Medical Association, South Carolina Gastroenterology Association, American College of Gastroenterology, and Lexington Medical Association. He has also previously been affiliated with the American Medical Association. He holds medical licenses in South Carolina and Kentucky and is certified by the American Board of Internal Medicine in both Internal Medicine and Gastroenterology.

For Dr. Seabrook, practicing medicine is ultimately about helping people and serving the community. He finds particular fulfillment in the diversity of gastroenterology, which allows him to care for patients experiencing acute issues, manage chronic conditions such as Crohn's disease and ulcerative colitis, and provide preventive care designed to support long-term health. The opportunity to guide patients through treatment, improve their quality of life, and make a tangible difference in their health remains one of the most rewarding aspects of his work.

Dr. Seabrook is also beginning a new chapter in clinical research as principal investigator on a project focused on colon cancer screening and blood-based diagnostics. The project reflects his continued interest in advancing approaches to detection of colon cancer and preventive care.

Through his combination of medical expertise, preventive focus, and dedication to patient service, Dr. Seabrook continues to contribute to high-quality gastroenterological care in West Columbia and the surrounding community.

Learn more about Nelson Seabrook:

Through his America's Best in Medicine profile: <https://americasbestinmedicine.com/providers/nelson-seabrook>

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and ensure that expert voices are elevated and heard in shaping medicine. Through their platform, users can access a community of leaders, opportunities for providers to share expertise, and trusted guidance for patients and peers alike.

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