

America's Best in Medicine Acknowledges Alfredo Nudman, MD: Advancing Thoughtful, Patient-Centered Psychiatric Care

Combining Clinical Experience, Diagnostic Precision, and Innovative Treatment for Complex Psychiatric Conditions



Alden, New York Oct 14, 2026 ([Issuewire.com](https://www.issuewire.com)) - Dr. Alfredo Nudman is a board-certified psychiatrist known for his clinical depth, thoughtful approach, and patient-centered care. With a career spanning academic medicine and private practice, he provides comprehensive psychiatric services focused on helping patients alleviate mental suffering and regain emotional stability.

Born and educated in Chile, Dr. Nudman earned his Doctor of Medicine from the University of Chile Medical School before completing psychiatry residency training at Weill Cornell Medical College in New York. He subsequently served as a full-time faculty member at Weill Cornell, where his commitment to medical education and mentorship earned him the Teacher of the Year award three times.

Today, Dr. Nudman leads a solo general psychiatric practice with an attached clinic offering IV ketamine infusions. His clinical services include diagnostic evaluations, psychopharmacology management, and ketamine-based interventions, with particular attention to treatment-resistant depression and anxiety. Approximately 15 years ago, he became one of the earliest psychiatrists in New York to offer IV ketamine therapy, helping bring an innovative treatment approach into broader psychiatric practice.

Dr. Nudman is also frequently sought for complex third- and fourth-opinion consultations involving difficult-to-treat psychiatric conditions. His areas of expertise include depression, bipolar disorder, personality disorders, diagnostic evaluations, psychopharmacology management, and IV ketamine therapy.

At the center of Dr. Nudman's philosophy is a commitment to understanding each patient as an individual. He believes effective psychiatric care should address not only symptoms but also the broader experience of illness, supporting patients as they work toward a more coherent sense of self and greater emotional stability. Through clinical rigor, extensive experience, and respect for each individual's circumstances, Dr. Nudman continues to provide compassionate psychiatric care to a diverse patient population.

Learn more about Alfredo Nudman:

Through his America's Best in Medicine profile: <https://americasbestinmedicine.com/providers/alfredo-nudman>

America's Best in Medicine

America's Best in Medicine is a specialist online platform dedicated to amplifying the voices of leading healthcare professionals across the United States. They bring together top healthcare providers from all specialties and cities to share expert-driven articles, research, commentary, and clinical insight. Their core purposes are to showcase excellence in healthcare, build trust between providers and the public, and ensure that expert voices are elevated and heard in shaping medicine. Through their platform, users can access a community of leaders, opportunities for providers to share expertise, and trusted guidance for patients and peers alike.

Media Contact

America's Best in Medicine

*****@americasbestinmedicine.com

1-877-346-0175

<https://americasbestinmedicine.com>

Source : Alfredo Nudman

[See on IssueWire](#)