

Regimen Healthcare Reports Rising Patient Flow from Africa, CIS and Middle East to India for Transplant and Cancer Care

New Delhi-based Regimen Healthcare reports post-pandemic growth in patients from Ethiopia, Kenya, Chad and Uzbekistan seeking neurosurgery, transplants, cancer immunotherapy and Ayurveda in India.



New Delhi, Delhi Sep 14, 2026 ([Issuewire.com](https://www.issuewire.com)) - [Regimen Healthcare](#), a medical tourism and patient coordination company based in New Delhi, has reported a sustained increase in international patients travelling to India for specialised surgical, transplant and cancer care. The strongest growth has come from Ethiopia, Kenya, Chad and the CIS region, particularly Uzbekistan.

Alongside these markets, the company supports patients from Nigeria, Mozambique, Uganda and Bangladesh, and across the Middle East including Iraq, Saudi Arabia, Oman and Yemen. Regimen Healthcare began by serving patients from Saudi Arabia and has since built active operations in Ethiopia, Kenya, Uzbekistan and Bangladesh, coordinating treatment for thousands of patients across these regions.

Enquiry volumes have grown consistently since international travel resumed following the COVID-19 pandemic, and have continued rising through 2025 and 2026.

Different Regions, Different Treatment Needs

One of the clearest shifts the company has observed is that patients now arrive with a specific procedure in mind rather than a general intention to seek treatment abroad. Based on the cases it has coordinated, Regimen Healthcare reports distinct patterns by region.

Ethiopia — Patients from Ethiopia most commonly seek neurosurgical and spinal procedures, including

LP shunt and VP shunt surgery, spinal decompression, and spinal fixation surgery. Kidney transplantation is also a significant category.

CIS countries and Uzbekistan — Enquiries from this region are concentrated in brain tumour treatment, including craniotomy and stereotactic radiosurgery approaches such as [CyberKnife](#), alongside liver transplantation and orthopaedic surgery.

Kenya — Kenyan patients travel primarily for kidney transplantation, orthopaedic and spine surgery, and cancer treatment including immunotherapy. The difference in treatment cost between India and other destinations is a significant factor in patient decision-making for this group.

Chad — Patients from Chad present a broader mix, spanning cardiac, neurological, orthopaedic and oncology care.

"The pattern we see is that patients are no longer travelling for general treatment — they are travelling for a specific procedure, often one that has limited availability at home," said Ataur Rahman, Chief Executive Officer of Regimen Healthcare. "A family in Addis Ababa or Tashkent has usually already been told what their relative needs. What they don't have is a clear route to it. Our role is to help them understand their options, connect with the right specialist, and manage the practical side of the journey so the family can focus on the treatment itself."

Middle East Demand Concentrating in South India

Regimen Healthcare has also observed that patient flow from the Middle East — including Iraq, Saudi Arabia, Oman and Yemen — is increasingly directed towards South and West India, with Kerala, Bangalore, Hyderabad and Mumbai emerging as preferred destinations.

Interest in Ayurvedic treatment is a notable driver of this pattern, particularly among patients from the Gulf. Over the past two years, Regimen Healthcare has extended its Ayurveda coordination services and has begun introducing these options to patients in African markets. The company reports early but growing interest from Kenya, with patients now travelling to Kerala specifically for Ayurvedic care.

Patient Support Beyond the Hospital

For patients travelling from abroad, treatment involves considerably more than selecting a hospital. Language, documentation, travel logistics and the length of stay away from home all shape the experience — and often the decision itself.

Regimen Healthcare [provides support across the patient journey](#), including medical opinion coordination, hospital and specialist matching, treatment cost estimates, visa documentation assistance, travel and accommodation arrangements, and post-treatment follow-up coordination.

Patients are advised to undergo appropriate medical evaluation and to discuss their diagnosis and treatment options directly with a qualified specialist before making any treatment decisions.

About Regimen Healthcare

Regimen Healthcare is a New Delhi-based medical tourism and healthcare coordination company assisting international patients seeking treatment in India. The company works with hospitals and specialists across multiple Indian cities and supports patients from Africa, the CIS region, South Asia

and the Middle East throughout the treatment journey.

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