

PILATES IN THE CLOUDS™ - Next stop, Bringing Pilates and Connection through Wellness Experiences

The experiential wellness series invites guests to move, savor and connect while creating partnership opportunities for wellness, lifestyle, hospitality and beverage brands



San Francisco, California Sep 19, 2026 ([IssueWire.com](https://www.IssueWire.com)) - PILATES IN THE CLOUDS™ - Next stop, Bringing Pilates and Connection through Wellness Experiences

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NOURISH THE BODY. FEED THE SOUL.

Pilates Body by Anne™ will present PILATES IN THE CLOUDS™ at Golden Bar Whiskey on Treasure Island on Sunday, October 18, 2026.

Designed for both wellness enthusiasts and curious newcomers, PILATES IN THE CLOUDS™ combines an intentional mat Pilates class with a curated social experience. The Treasure Island event will feature movement, a premium whiskey tasting, cocktail-making, protein-forward snacks, community connection, surprises, and prizes.

Guests will begin with a Pilates class focused on strength, alignment, breath, and body awareness before transitioning into an interactive whiskey tasting and cocktail-making experience hosted in collaboration with Golden Bar Whiskey.

“PILATES IN THE CLOUDS™ is built on the belief that wellness can include both discipline and fun,” said Anne Hudson, founder of Pilates Body by Anne™ and creator of the series. “Each event is an opportunity to move with intention, enjoy something special and connect with others in a welcoming environment.”

THE EXPERIENCE

MOVE

An inclusive mat Pilates class designed to strengthen, lengthen, and reconnect guests with their bodies through purposeful movement, alignment, and breath.

SAVOR

A premium spirit, delicious healthy snacks, creativity and discovery. (For the upcoming 10/18 event, a whiskey tasting and cocktail-making class celebrating craftsmanship)

CONNECT

An elevated social experience centered on community, conversation, and authentic connection.

ENJOY

Protein-forward snacks, Pilates Body by Anne™ surprises, prizes, and special guest moments.

The event will also include a “Do Good” community element, extending the experience beyond the studio and supporting the series’ commitment to meaningful impact.

PILATES IN THE CLOUDS™ reflects Pilates Body by Anne™’s guiding philosophy: Pilates for everybody and every body. All experience levels, backgrounds, and body types are welcome.

Following activations in Medellín, Colombia, and Napa Valley, California, PILATES IN THE CLOUDS™ is expanding into a destination-driven wellness series. Upcoming plans include classes in Fiji as part of a New Year’s Eve wellness event, along with future pop-ups in Los Angeles, Miami, New York, Chicago, and other domestic and international destinations.

The series is seeking select partners for its 2027 expansion, including wellness, apparel, beverage, hospitality, travel, food and lifestyle brands. Partnership opportunities may include product integration, sampling, co-branded experiences, content, event sponsorship, and destination activations.

EVENT INFORMATION

PILATES IN THE CLOUDS™

Nourish the Body. Feed the Soul.

[Pilates Body By Anne Website](#)

Upcoming Event Date: Sunday, October 18, 2026

Location: Golden Bar Whiskey, Treasure Island, San Francisco

Includes: Mat Pilates, premium whiskey tasting, cocktail-making class, protein-forward snacks, community connection, surprises, and prizes

Tickets and additional information are available at:

[PILATES IN THE CLOUDS™ Treasure Island Pop-up 10/18/26 \(Pilates & Whiskey\)](#)

You can also visit the website and select Book Experiences in the navigation bar for this and information about local and international pop-ups (Fiji for New Year’s Eve)

[PILATES IN THE CLOUDS™ -Link to Book Experiences](#)

ABOUT PILATES IN THE CLOUDS™

PILATES IN THE CLOUDS™ is a pop-up experiential wellness series created by Pilates Body by Anne™. Each activation pairs intentional mat Pilates with curated culinary, cultural, travel, or lifestyle experiences, inviting guests to move, savor, connect, and enjoy.

ABOUT PILATES BODY BY ANNE™

Pilates Body by Anne™ is an inclusive movement and wellness platform founded by international Pilates instructor, breathwork and wellness educator Anne Hudson. Centered on the philosophy of “Pilates for everybody and every body,” the platform uses movement, breath and intentional experiences to help

people build strength, deepen body awareness and reconnect with themselves.

ABOUT ANNE HUDSON

Anne Hudson is an international Pilates instructor, wellness educator, media executive, culture strategist (Pop Culture Architect™ and creator/host of Anne. Action.™. With more than 14 years of experience in entertainment, media, integrated marketing, and cultural partnerships, Hudson develops experiences and storytelling at the intersection of wellness, travel, entertainment, lifestyle, and culture.

MEDIA AND PARTNERSHIP INQUIRIES

Anne Hudson

Founder, Pilates Body by Anne™

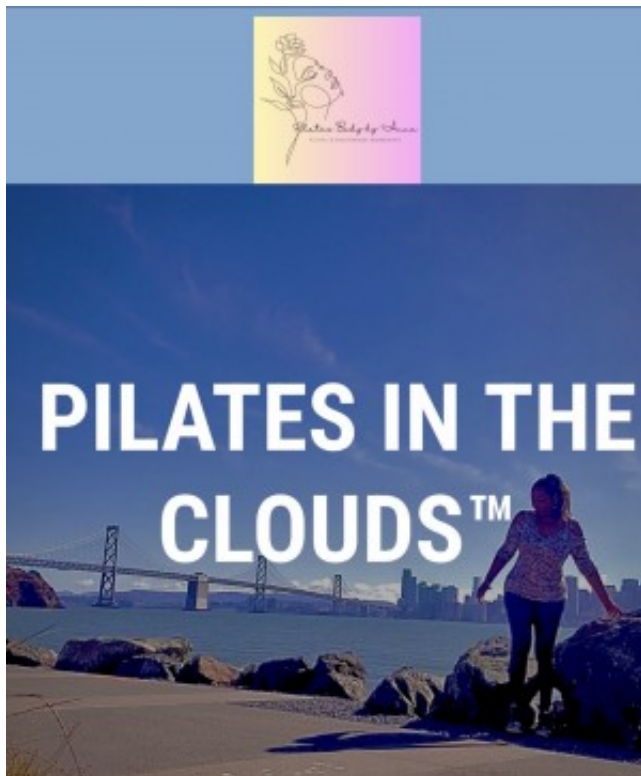
Creator, PILATES IN THE CLOUDS™

Website: [Pilates Body by Anne Website](#)

Instagram: @anneinthecity

YouTube: @anne.action

PILATES IN THE CLOUDS™ is presented by Pilates Body by Anne™ and Anne. Action.™





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