

Paula J. Carson Inspires Readers to Find Purpose Through Healing and Transformation in Helpnetic Travelers

A heartfelt story of resilience, recovery, and discovering new beginnings after life's unexpected challenges

HELPNETIC TRAVELERS



A JOURNEY WITH PURPOSE.
A DESTINATION WITH MEANING

— WRITTEN BY —

PAULA J CARSON



San Francisco, California Sep 22, 2026 ([IssueWire.com](https://www.issuewire.com)) - After experiencing profound loss and unexpected change, [Paula J. Carson](#) found herself searching for a new sense of purpose. In her inspiring book, [Helpnetic Travelers: A Journey with Purpose. A Destination with Meaning](#), Paula shares her personal journey of healing, reflection, and transformation, showing readers how difficult experiences can become opportunities for growth and service.

Through her own challenges, Paula created the vision of the Helpnetic Traveler and Helpnetic House, a place centered on connection, compassion, and helping others move forward. Her story explores the power of resilience, the importance of human connection, and the courage it takes to create a new path.

Born in Pennsylvania and raised between Philadelphia and Arizona, Paula's life was shaped by different cultures, experiences, and perspectives. From her hardworking single mother and family influences to her lifelong passions for horses, music, and creativity, each chapter of her life helped form the message she now shares with others.

With *Helpnetic Travelers*, Paula encourages readers to embrace change, reflect on their own journeys, and recognize that healing can come through understanding, kindness, and helping others. Her story is a reminder that even after life's greatest challenges, new dreams and possibilities can still emerge.

[Paula J. Carson](#) is an author, creator, and lifelong dreamer whose experiences across different places and stages of life have shaped her passion for connection and service. Through her writing and the vision of Helpnetic House, she hopes to inspire others to believe in new beginnings and remember that anything is possible.

For more information, visit: <https://www.pjcarson.com/>

Interview with Logan Crawford on Global Book Network:
<https://www.youtube.com/watch?v=5NieC1nBLqA>



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Source : Atticus Publishing

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