

Dr. David Orman Brings Decades of Natural Wellness Expertise to Personalized Online Health Guidance

After thousands of patient encounters, the Florida Licensed Acupuncture Physician is bringing his experience in natural health, herbal medicine, nutrition and Chinese medicine to people seeking personalized wellness strategies.



Ocoee, Florida Sep 9, 2026 (Issuewire.com) - Dr. David Orman, a Florida Licensed Acupuncture Physician and longtime natural wellness practitioner, is expanding access to his personalized online wellness services for people seeking practical, individualized

approaches to better health and well being.

With decades of experience and more than 45,000 patient encounters, Dr. Orman has built his approach around a simple principle: effective wellness guidance should address the individual rather than rely on a one size fits all formula.

His work draws from acupuncture and Chinese medicine, herbal medicine, nutrition, natural health strategies, lifestyle modification, stress management, movement, and other holistic approaches. The goal is to help people better understand the factors influencing their health while developing realistic strategies they can incorporate into everyday life.

“People are surrounded by health information, but information alone is rarely the answer,” said Dr. Orman. “The real challenge is determining what makes sense for the individual and creating a practical strategy they can actually use.”

Through personalized online wellness consultations, Dr. Orman works with individuals interested in areas including healthy aging, energy, stress management, sleep, healthy weight, nutrition, natural pain management, and overall wellness.

Dr. Orman graduated Summa Cum Laude from Pacific College of Oriental Medicine and also holds a Master’s degree in Counseling and Psychological Services. During his career, he has treated tens of thousands of patients, taught and lectured on natural health, and worked with individuals from a wide variety of professional and personal backgrounds.

His website has also become an expanding educational resource featuring articles on herbal medicine, nutrition, acupuncture and Chinese medicine, natural wellness, healthy aging, movement, stress, sleep, and other approaches to improving health naturally.

Readers can learn more about Dr. David Orman, explore his natural wellness resources, and obtain information about personalized online wellness services at DavidOrman.com.

About Dr. David Orman

Dr. David Orman is a Florida Licensed Acupuncture Physician, natural wellness expert, Master Herbalist, nutrition expert, educator, and wellness consultant. His work combines decades of clinical experience with traditional and contemporary approaches to natural health. He provides personalized online wellness guidance designed to help individuals develop practical strategies for improving their health and quality of life.

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