

America's Best In Medicine: Anna Marie Duncan: Marking Four Decades Of Compassionate Patient-Centered Family Medicine

Experienced Physician Recognized for Lifelong Commitment to Meaningful Patient Relationships, Mentorship, and Quality Healthcare



Charlotte, North Carolina Sep 12, 2026 ([Issuewire.com](https://www.issuewire.com)) - Dr. Anna Marie Duncan is a compassionate family medicine physician whose four decades of experience have been defined by comprehensive, patient-centered care and lasting relationships with the people she serves. Currently

practicing at Wendell Family Medicine under Cary Medical Management, Dr. Duncan remains dedicated to providing thoughtful, individualized healthcare while ensuring that every patient feels heard, supported, and valued.

Dr. Duncan earned her Doctor of Osteopathic Medicine degree from the University of North Texas Health Science Center at Fort Worth, Texas, College of Osteopathic Medicine in 1987 and completed her residency training at Dallas-Fort Worth Medical Center. Throughout her career, she has practiced in Texas, Connecticut, and North Carolina, developing broad expertise in chronic disease management, geriatric medicine, and mental health care, including anxiety, depression, and postpartum depression.

Her decision to pursue medicine began at a young age following time spent in a hospital intensive care waiting room while her grandmother was seriously ill. The experience inspired Dr. Duncan to choose healthcare over a career in law and ultimately led her to family medicine. She found in the specialty an opportunity to develop meaningful relationships with patients while also maintaining a balanced family life.

For Dr. Duncan, those relationships remain one of the most rewarding aspects of practicing medicine. She values the opportunity to speak with patients, understand their needs, and provide assistance that can make a genuine difference in their lives. Unlike more specialized fields, family medicine allows her to get to know patients over time and remain involved in their ongoing health journeys.

Beyond her clinical responsibilities, Dr. Duncan has made mentorship and education an important part of her professional career. As a preceptor and educator for nurse practitioner and medical students, she has helped prepare future healthcare professionals through hands-on guidance, clinical instruction, and personal mentorship.

Her dedication to healthcare has also been recognized through professional honors. In 2025, Dr. Duncan received the Value-Based Care Award from Cary Medical Management for achieving the organization's highest level of value-based care reporting. She was also selected as America's Best in Medicine Top Family Practitioner 2026.

A respected member of the North Carolina Osteopathic Association, American Osteopathic Association, and American Osteopathic Board of Family Practice, Dr. Duncan continues to advocate for high-quality healthcare. After 40 years in medicine, her commitment remains rooted in the same principle that has guided her throughout her career: listening to patients, understanding their individual circumstances, and being there when they need care most.

Learn more about Dr. Anna Marie Duncan:

Through her America's Best in Medicine profile: <https://americasbestinmedicine.com/connect/anna-duncan>

America's Best in Medicine

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guidance for patients and peers alike.

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