

Torii Wellness Center Offers Spravato for Treatment Resistant Depression

Delaware-based behavioral health provider Torii Wellness Center offers FDA-approved Spravato nasal spray as a treatment option for adults with treatment-resistant depression and certain forms of major depressive disorder.



Smyrna, Delaware Aug 31, 2026 ([Issuewire.com](https://www.issuewire.com)) - Torii Wellness Center Expands Access to Spravato for Adults Living With Treatment-Resistant Depression

Delaware-based behavioral health provider Torii Wellness offers FDA-approved Spravato (esketamine) nasal spray as an innovative treatment option for adults with treatment-resistant depression and certain forms of major depressive disorder.

[Torii Wellness](#), a leading provider of integrative wellness and behavioral health services, is proud to offer Spravato nasal spray, a groundbreaking therapy for treatment-resistant depression (TRD). This unique mechanism allows for rapid improvement in symptoms, often within hours to days. If someone is diagnosed with depression and has not been responsive to different oral antidepressants, Spravato can be a good choice.

Torii Wellness, an innovative [Spravato treatment center](#), combines modern behavioral healthcare with functional wellness strategies to create individualized pathways to healing and vitality. The experts at Torii work with patients to determine whether Spravato may be an appropriate treatment option based on their medical history, treatment history, symptoms, and individual needs.

“Depression can be incredibly difficult, particularly for individuals who have tried multiple treatments without achieving the relief they need,” said Ron Tyree, PMHNP, Founder of Torii Wellness. “At Torii, we are committed to providing a safe, compassionate, and trustworthy environment where individuals living with treatment-resistant depression can explore evidence-based treatment options. While TRD can feel overwhelming, the right support and individualized care can make meaningful change possible.”, he added.

With more than two decades of experience in [behavioral health clinics](#), Tyree has built a practice focused on identifying and handling the fundamental factors that shape mental and physical health. Through integrating traditional psychiatric care with functional medicine principles, Torii Wellness remains committed to expanding access to innovative treatments and evidence-based care solutions that improve quality of life and nurture sustainable well-being.

For more information about Torii Wellness or to schedule a consultation, visit toriiwellness.com or call (302) 273-5870.

About Torii Wellness

Torii Wellness is a Delaware-based wellness and behavioral health practice dedicated to providing compassionate, bespoke care for individuals of all ages. Through a combination of psychiatric services, advanced mental health treatments, functional wellness programs, and integrative health solutions, Torii Wellness enables patients to attain enduring wellness, resilience, and vitality.

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