

Tanya A. King, RN, BSN: Director of Nursing at Arbor Hills Rehabilitation and Healthcare Center

Nursing Leader with More Than 25 Years of Experience Advances Excellence in Long-Term Care, Hospice, and Resident-Centered Clinical Leadership

Eagle Pass, Texas Aug 7, 2026 ([Issuewire.com](https://www.issuewire.com)) - Tanya A. King, RN, BSN, is an accomplished nursing professional with more than 25 years of experience dedicated to delivering compassionate, patient-centered care across long-term care, geriatrics, hospice, and home health. Her career reflects a remarkable commitment to professional growth, having advanced from Certified Nursing Assistant (CNA) to medication aide, Licensed Vocational Nurse (LVN), Registered Nurse (RN), and now Director of Nursing.

Currently serving as Director of Nursing at Arbor Hills Rehabilitation and Healthcare Center, a Nexion Health facility in Eagle Lake, Texas, Tanya oversees all aspects of clinical operations, nursing staff performance, regulatory compliance, and quality improvement initiatives. She works closely with interdisciplinary healthcare teams to ensure residents receive exceptional, individualized care while maintaining compliance with state and federal healthcare standards.

Tanya began her healthcare journey in August 1998 as a CNA, gaining firsthand experience caring for patients and developing a deep appreciation for the nursing profession. Through determination and a passion for lifelong learning, she steadily advanced her education and responsibilities, building a career defined by leadership, clinical excellence, and unwavering advocacy for patients.

In addition to her leadership role in long-term care, Tanya has spent several years working part-time with Choice Hospice, where she provides compassionate end-of-life care and support to patients and their families. Her experience in hospice has further strengthened her expertise in comfort-focused care, care coordination, medication management, infection prevention, physician collaboration, and patient advocacy.

Tanya earned her Associate Degree in Nursing from Blinn College before completing her Bachelor of Science in Nursing at Chamberlain University. Continuing her commitment to professional development, she is currently pursuing additional specialization in Wound Care to further expand her clinical knowledge and enhance patient outcomes.

Driven by a strong sense of purpose and a deep commitment to both her profession and her family, Tanya A. King continues to make a meaningful impact on the lives of the residents she serves. Her leadership, compassion, and dedication to excellence have earned the respect of colleagues and patients alike, positioning her as a trusted healthcare leader committed to advancing the quality of care for elderly and long-term care populations.

Learn more about Tanya A. King:

Through her America's Best in Medicine profile, <https://americasbestinmedicine.com/connect/Tanya-King>

America's Best in Medicine

America's Best in Medicine is a specialist online platform dedicated to amplifying the voices of leading

healthcare professionals across the United States. They bring together top healthcare providers from all specialties and cities to share expert-driven articles, research, commentary, and clinical insight. Their core purposes are to showcase excellence in healthcare, build trust between providers and the public, and ensure that expert voices are elevated and heard in shaping medicine. Through their platform, users can access a community of leaders, opportunities for providers to share expertise, and trusted guidance for patients and peers alike.

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