

New Christian Caregiver Planner Helps Families Organize the Care of Aging Parents

Caring for Mom and Dad brings medical records, appointments, care planning, and faith-based encouragement together in one practical resource for family caregivers.

Caring for Mom *and* Dad



A Christian Caregiver's Planner
for Appointments, Medications,
Questions, Prayers, and
Important Notes.



Lansing, Illinois Aug 27, 2026 ([IssueWire.com](https://www.issuewire.com)) - Caring for an aging parent can mean becoming an organizer, appointment coordinator, record keeper, advocate, and source of encouragement—all while continuing to manage the responsibilities of everyday life. A new resource from Hope Haven Publishing LLC was created to help families bring greater order and faith-centered encouragement to that journey.

Caring for Mom and Dad — A Christian Caregiver's Planner provides family caregivers with a dedicated place to record and organize information that may otherwise become scattered across notebooks, folders, calendars, and loose papers.

Designed especially for sons, daughters, spouses, relatives, and others helping aging loved ones, the planner combines practical caregiving organization with Christian encouragement.

Bringing Important Care Information Together

Caregiving can involve conversations with physicians, medication changes, hospital visits, insurance matters, symptoms, test results, family updates, and decisions about ongoing care. Having important information in one organized location can make it easier for caregivers to prepare for appointments and keep track of changing needs.

Caring for Mom and Dad includes dedicated pages for caregiver and parent information, emergency contacts, healthcare providers, specialists, insurance details, medications, appointments, doctor visits, hospital visits, blood pressure records, weight tracking, symptoms, laboratory and imaging results, vaccinations, surgery history, care goals, weekly and monthly planning, medical expenses, insurance claims, reflections, notes, and additional caregiver resources.

Rather than functioning only as a medical record book, the planner recognizes another important part of caregiving: the person providing the care.

Practical Organization Grounded in Faith

For Christian families, caregiving can be an expression of love, service, patience, and faith. Yet even deeply committed caregivers can experience demanding days and difficult responsibilities.

The planner incorporates Christian encouragement and opportunities for reflection to help caregivers remember that organization and faith can work together throughout the caregiving journey.

Its biblical foundation reflects the principle expressed in Galatians 6:2: “Carry each other's burdens, and in this way you will fulfill the law of Christ.”

That message is especially meaningful for families navigating a season in which parents who once cared for their children may now need increasing assistance themselves.

Created for Real Family Caregiving Situations

The planner can be useful whether one person serves as the primary caregiver or several relatives share responsibilities. It can also help families preparing for medical appointments, coordinating information among siblings, assisting a parent after hospitalization, or keeping important health and care information readily accessible.

The large-format design provides caregivers with space to write and maintain records as circumstances

change.

Caring for Mom and Dad — A Christian Caregiver's Planner is available in paperback on Amazon.

Learn more about the book and Hope Haven Publishing LLC:

<https://hopehavenpublishingllc.com/press-releases/caring-for-mom-and-dad>

Amazon:

<https://www.amazon.com/dp/B0HDK8DB32>

About Hope Haven Publishing LLC

Hope Haven Publishing LLC creates practical and inspirational books, journals, planners, and organizational resources designed to support reflection, faith, caregiving, personal growth, and purposeful living.

Through resources created for real-life seasons and responsibilities, the independent publisher seeks to provide readers with tools that are both useful and encouraging.

Nurturing Voices. Inspiring Growth.

Media Contact

Hope Haven Publishing LLC

*****@hopehavenpublishingllc.com

<https://hopehavenpublishingllc.com>

Source : Hope Haven Publishing LLC

[See on IssueWire](#)