

MatchPoint NYC Expands Multisport Training Model Under Co-Founder Dmitry Druzhinsky's Vision



New York City, New York Sep 2, 2026 ([Issuewire.com](https://www.issuewire.com)) - MatchPoint NYC continues to develop its multisport training model under co-founder Dmitry Druzhinsky's vision, combining sports, fitness, and athlete development within a single Brooklyn-based organization.

The approach reflects the original concept behind MatchPoint NYC: to create a sports destination that serves athletes and families across multiple disciplines rather than operating solely as a traditional tennis club.

MatchPoint NYC currently offers tennis, fitness, aquatics, CrossFit, rhythmic gymnastics, dance, and children's fitness programs at its Brooklyn locations. The organization's Coney Island facility is located at 2781 Shell Road, while its Bensonhurst location is at 9000 Bay Parkway.

Druzhinsky was among the founders who helped develop the MatchPoint NYC concept. His vision has focused on creating an environment where athletic training can extend beyond individual classes and competitions to include broader physical development and participation in sports.

A Multisport Approach to Athlete Development

The MatchPoint NYC model brings several sports and fitness disciplines together under one organization.

The approach allows participants to pursue different forms of physical activity while providing competitive athletes with access to a broader training environment. For younger participants, exposure to different sports can also support their overall physical development before they progress to more specialized training.

This philosophy is consistent with the concept of long-term athlete development, in which progress is viewed over an extended period rather than measured exclusively through individual competitions.

For Dmitry Druzhinsky, the distinction is significant. A young athlete's development involves more than the ability to perform a particular technical skill. Physical conditioning, coordination, mobility, endurance, and the ability to perform under competitive conditions can all contribute to future athletic progress.

The MatchPoint NYC structure provides access to several of these components within one sports organization.

From Facility to Training Environment

The original MatchPoint NYC project was developed as a large-scale sports and fitness destination in Brooklyn. Its concept incorporated tennis courts, fitness facilities, aquatics, basketball, and rhythmic gymnastics alongside other programs.

The organization continues to describe itself as a sports and fitness destination for the entire family, with multiple sports operating under one umbrella.

Druzhinsky's role in the organization's development has therefore been connected to a broader business and sports concept: creating infrastructure that can accommodate different types of participants, from children beginning their athletic journey to more experienced competitors.

This model also emphasizes continuity.

Instead of treating each lesson or competition as an isolated activity, long-term athlete development considers how training decisions made today can affect an athlete's capabilities at later stages.

That can mean developing physical foundations before specialization, addressing technical weaknesses rather than focusing exclusively on immediate results, and giving athletes opportunities to progress as their abilities change.

Extending the Training Model

The organization's development has also included efforts to make training more flexible through digital formats.

In February 2026, a new online training format associated with Dmitry Druzhinsky was introduced, allowing athletes to continue elements of their physical preparation when they could not attend a sports facility in person. The format included strength, cardio, flexibility, and functional training, along with consultations and progress monitoring.

The online component complements rather than replaces facility-based training.

For athletes who travel for competitions, have changing schedules or are temporarily away from Brooklyn, remote training provides another way to maintain parts of a regular routine.

The initiative is particularly relevant to long-term athlete development, where consistency over time can matter more than any individual training session.

A Community-Oriented Sports Model

MatchPoint NYC's development has also included community-focused activities.

The organization has previously hosted events intended to bring Brooklyn families together around sports and charitable initiatives.

Community programming has remained part of the broader idea behind the sports center: providing an environment where sport and physical activity are accessible to people with different goals and levels of experience.

For Druzhinsky, that environment forms part of a broader understanding of what a sports facility can provide.

Looking at Athlete Development Over Time

The development model associated with MatchPoint NYC emphasizes progression rather than a single measure of success.

A young athlete may begin with general fitness or introductory sports activities and later move toward specialized instruction and competitive training. The path can vary depending on the individual's age, interests, physical development, and goals.

This approach is particularly relevant to long-term athlete development, which requires training systems to adapt as athletes mature.

Adding an online component provides an extra layer of flexibility, allowing certain aspects of training to continue outside the facility.

As MatchPoint NYC continues operating its multisport programs in Brooklyn, the organization remains focused on combining physical facilities, coaching, and flexible training options.

For Dmitry Druzhinsky, the underlying objective remains connected to the original MatchPoint NYC concept: creating a sports environment where participation, fitness and athlete development can take place within a broader community setting.



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