

Lira Glow 45K: The Only Refillable You'll Need



Xianggang, China Aug 17, 2026 ([Issuewire.com](https://www.issuewire.com)) - 1. Quick and Mess-Free

If you've used open-system devices before, you know the drill — unscrew the cap, line up the slot, carefully squeeze the liquid in, and hope it doesn't spill everywhere. The [Lira Glow](#)'s magnetic pod + open refill setup actually solves this pretty elegantly.

The pod snaps into place with a satisfying click, one-handed operation, no fuss. The fill port is designed to minimize leaks — just stick the nozzle in and squeeze. No tricks, no technique required. Whether you're rushing through your commute or hanging out with friends, swapping pods takes literally seconds. This kind of seamless handling matters way more in real life than numbers on a spec sheet ever will. [jnr](#) really nailed the day-to-day ergonomics here, and honestly, it's ahead of a lot of devices at this price point.

In the jnr vape lineup, the Lira Glow 45K+ occupies a specific position: a premium mid-range device that bridges the gap between throwaway disposables and complex mod systems. It's for people who want more than a disposable but aren't ready to become hobbyists.

2. Efficiency Meets Satisfaction

This was the biggest surprise for me. The Lira Glow runs a 0.6Ω dual mesh coil — not the kind of spec you see thrown in for marketing, but something you can actually feel when you take a draw.

In normal mode, the draw is smooth and the vapor is moderate, easy on the throat and easy on your e-

liquid. But when you want more punch, just double-click the button to engage Boost mode. The output kicks up noticeably — stronger throat hit, denser clouds. My routine is pretty simple: normal mode during the day, Boost at night when I'm winding down. jnr vape found a really comfortable sweet spot with this dual-coil + Boost combo. You don't have to top up constantly, and you get two very different experiences out of one device.

"Refill Smart. Vape Longer." — The first half speaks to the engineering, the second to the experience. Just No Reason made sure the Lira Glow delivers on both fronts.

JNR literally stands for Just No Reason. The brand has built its reputation on creating devices that combine expressive design with practical performance. The Lira Glow is no exception — the dual mesh coil isn't just a checkbox on a spec sheet; it's the heart of the entire vaping experience.

3. Animated Curved Screen: Confidence in Low Light

I'll be straight — I didn't think much of a screen on a vape at first. Show the battery, big deal. But after actually using it, I get why they put it there.

Late at night, in the car, or anywhere the lighting is less than ideal, that **curved animated display** lets you see your e-liquid level, current mode, and battery status at a glance. No squinting, no pulling out your phone flashlight. The animation transitions are smooth too — not that harsh digital flicker you get on cheaper screens. jnr vapor made the learning curve a whole lot gentler with this interaction design. One look tells you what mode you're in and how much juice you've got left, so you never get caught off guard with a dry hit.

4. Leave the House Without Backup Juice

The headline number: the **Lira Glow 45K+** delivers up to 45k puffs from two 10ml e-liquid bottles included in the box. That's a massive amount of vaping from a single kit.

What 45k Puffs Means in Real Life

If you average 300–500 puffs per day, the Lira Glow 45K+ lasts roughly 3–4 months before you need to buy more e-liquid. For a daily commuter who vapes regularly throughout the day, that's a whole season of uninterrupted use without carrying backup oil or spare pods.

For budget-conscious vapers, the cost-per-puff is fractions of a cent. For wholesale jnr vape buyers, the math is equally compelling: one kit replaces dozens of disposables, simplifying inventory and reducing waste. When customers search for jnr vape wholesale options, the Lira Glow 45K+ is a standout product for its longevity and refillable economy.

5. Flavor Consistency: From First Puff to Last

Big e-liquid capacity means nothing if the coil cannot deliver consistent flavor across **45k puffs**. This is where many high-capacity devices fall short — they start strong but degrade halfway through.

0.6Ω Dual Mesh Coil System

The Lira Glow uses a dual mesh coil at 0.6Ω resistance. Dual mesh means twice the surface area for heating, which translates to faster ramp-up, richer flavor, and smoother vapor. The 0.6Ω resistance hits

the sweet spot between flavor intensity and vapor temperature — warm enough to be satisfying, cool enough to preserve delicate flavor notes.

This is the kind of detail that separates jnr vapes from competitors who treat the coil as an afterthought. When searching for reliable refillable pod systems, the Lira Glow consistently ranks high for its coil longevity and flavor fidelity.

6. Way Cheaper Over Time

This might be the most practical selling point. The Lira Glow comes with **two 10ml bottles** right in the box — unbox it, snap in the pod, and you're vaping. No separate e-liquid purchases, no compatibility research, no setup headaches.

The bigger win: it's refillable. The device isn't a consumable — when you run out, you just buy more liquid and refill. If you've been on disposables, do the quick math: a typical disposable gets you a few hundred to a couple thousand puffs at a price that adds up fast. With the Lira Glow, each refill costs way less over time. jnr vape's product logic is refreshingly clear — lower the entry barrier, then let long-term users actually save money.

7. Best of Both Worlds

This is where the Lira Glow really separates itself from the pack. It doesn't force you to choose between convenience and value.

When you first use it, it's as simple as a disposable — open the box and start puffing, no settings to tweak, no technique to learn. But over time, the refillable, replaceable design means you're not tossing the whole device every time you run out. This "frictionless entry, long-term payoff" approach is pretty much the perfect bridge for anyone who wants to move from disposables to an open system. just no reason isn't just a brand slogan — it actually sums up the proposition: there's really no reason not to give this smarter option a shot.

8. Looks Premium, Feels Reliable

On the battery front, **1000mAh with Type-C charging** is plenty for a full day of heavy use. Charging is quick too — from empty to full in a little over an hour. For daily commutes or weekend trips, you can leave the power bank at home.

Looks-wise, the transparent tank paired with the metallic finish really photographs well. It has a nice weight in hand — substantial without being bulky. Set it on a table and people ask about it; pass it around and it doesn't feel cheap. For younger users especially, "looking good" is a legitimate reason to buy. jnr vapor's investment in design and materials is something you can feel the moment you hold it.

9. Compliance Matters

In the European market, TPD compliance is a hard requirement, not a nice-to-have. The Lira Glow is fully **TPD certified** with nicotine strength at 2% (20mg/ml) — the TPD-compliant maximum for the EU market.

The 2% strength is particularly well-suited to the dual mesh coil system. The mesh delivers nicotine efficiently and evenly, so you get consistent satisfaction without harshness. For everyday users,

compliance means you're not worrying about sketchy e-liquids or unregulated heating elements. jnr's approach to compliance and quality control gives off the sense of a team that's building a serious brand, not chasing quick margins.

Frequently Asked Questions **Q1: How many puffs does the JNR Lira Glow 45K+ actually deliver?**

The Lira Glow 45K+ is rated for up to 45,000 puffs with the two included 10ml e-liquid bottles. Actual puff count varies depending on draw length, Boost mode usage, and vaping habits, but most users report getting well over a month of daily use from the included e-liquid.

Q2: Is the Lira Glow 45K+ TPD compliant for the European market?

Yes. The Lira Glow 45K+ is fully TPD certified with 2% (20mg/ml) nicotine strength, making it fully legal for sale and use across all EU member states including France, where it launches first.

Q3: How does the Boost mode work?

Double-click the button on the device to toggle Boost mode on or off. In Boost mode, the output power increases noticeably — you get a stronger throat hit, denser vapor, and more intense flavor. It's perfect for moments when you want extra satisfaction without switching devices or pods.

Q4: What is the advantage of the 0.6Ω dual mesh coil?

Dual mesh means two mesh heating elements working together, providing faster ramp-up time, more even heating, and better flavor reproduction compared to single-coil designs. The 0.6Ω resistance is the sweet spot for MTL vaping — warm enough for satisfaction, cool enough to preserve nuanced flavor notes.

Q5: Can the Lira Glow 45K+ be refilled?

Yes, absolutely. The Lira Glow uses a refillable pod system. The kit includes two 10ml e-liquid bottles to get you started, and you can purchase additional e-liquid bottles separately. Each refill costs significantly less than buying a new disposable device.

Q6: What flavors are available for the Lira Glow 45K+?

The Lira Glow 45K+ offers 15 flavors across two series: 8 Fruit & Ice flavors (Cherry Ice, Blue Razz Ice, Strawberry Raspberry Ice, Strawberry Kiwi, Black Dragon Ice, Mixed Berries, Kiwi Passion Fruit Guava, Mango Passion Fruit) and 7 Specialty flavors (Summer Peach Ice, Peach Berry, Green Apple Peach, Watermelon Mango Peach, Blueberry Raspberry Cherry, Fizzy Cherry Cola, Fresh Mint).

Q7: Is it suitable for beginners switching from disposables?

Absolutely. The Lira Glow 45K+ was designed with this exact transition in mind. It ships ready-to-use out of the box, the magnetic pod system is intuitive, and the animated screen provides clear feedback. Most users adjust within a day or two.

Q8: What does JNR stand for?

JNR stands for Just No Reason — a brand philosophy centered on creating vaping products that

combine expressive design with practical, reliable performance. The name reflects the idea that there's no reason to settle for mediocre vaping experiences when better options exist.



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