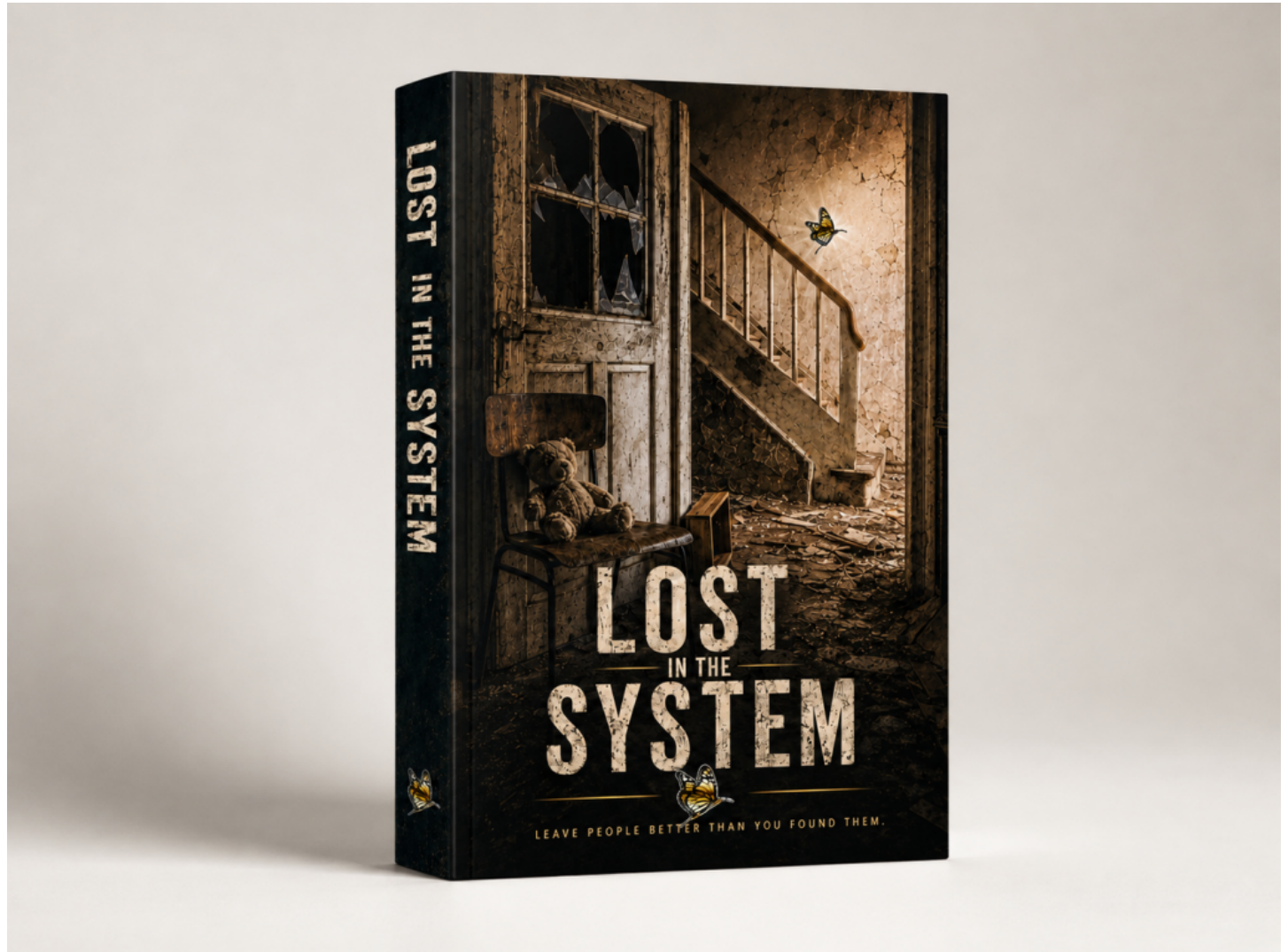


Just Donita Announces August 14 Release of Third Book, *Lost in the System*

August 14, 2026 — Author Donita J. Allen, known as Just Donita, announces the release of her third book, *Lost in the System*, arriving August 14, 2026.



Aliso Viejo, California Aug 12, 2026 (Issuewire.com) - Following her first book, ***WHY DID I CHOOSE HIM?***, and her second, ***BROKEN***, Allen continues her body of work with a powerful new story centered on **foster care, family separation, childhood trauma, survival, and resilience.**

Drawing from lived experiences in and around the foster care system, *Lost in the System* follows children forced to navigate unfamiliar homes, separation from siblings, difficult relationships, and the lasting emotional impact of growing up within a system meant to protect them.

At its core, the book is about more than hardship. It is about **family bonds that survive separation, the strength to overcome painful beginnings, and the hope of building a better future.**

“The world had scattered us, yet somewhere inside, we remained one family, broken apart, but unbroken in spirit.”

With *Lost in the System*, Just Donita also invites readers to look beyond case files and statistics and consider the real experiences of children whose lives are shaped by foster care.

About the Author

Donita J. Allen, known as Just Donita, is the author of ***WHY DID I CHOOSE HIM?***, ***BROKEN***, and now ***Lost in the System***. Through her writing, she explores powerful stories of adversity, survival, family, and resilience.

Availability

Lost in the System releases **August 14, 2026**.

Author: Donita J. Allen / Just Donita

Book: *Lost in the System*

Release Date: August 14, 2026

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