

Colleyville Families Can Now Get Annual Wellness Exams and Sports Physicals at Wellness Rheumatology

The Colleyville practice now offers routine wellness checkups and pre participation sports evaluations alongside its existing rheumatology and autoimmune care services.



WELLNESS
RHEUMATOLOGY
& PRIMARY CARE PRACTICE

Colleyville Families Can Now Get Annual Wellness Exams and Sports Physicals at Wellness Rheumatology

Comprehensive care for every age.
Helping our community stay active, healthy, and ready for every season.

**ANNUAL WELLNESS EXAMS**
Preventive care for a healthier you, every year.

**SPORTS PHYSICALS**
Safe, thorough exams to keep young athletes game-ready.

**TRUSTED CARE**
Compassionate providers, personalized attention, better outcomes.

SPORTS PHYSICAL CHECKLIST

- ☒ Medical History
- ☒ Physical Examination
- ☒ Vision Check
- ☒ Hearing Check
- ☒ Heart Health
- ☒ Immunizations
- ☒ Cleared for Play

**PROUDLY SERVING COLLEYVILLE AND SURROUNDING COMMUNITIES**

**YOUR HEALTH. YOUR WELLNESS. OUR PRIORITY.**

**SCHEDULE TODAY**
Take the first step toward a healthier tomorrow.

Colleyville, Texas Aug 13, 2026 ([Issuewire.com](https://www.issuewire.com)) - Wellness Rheumatology, a rheumatology and autoimmune care practice based in Colleyville, Texas, has added Annual Wellness Exams and Sports Physical Exams to its services this year, giving local families access to routine preventive care and school sports clearance through a practice they already use for specialty rheumatology treatment. The change extends the practice's reach beyond autoimmune and arthritis care to include general wellness services for both adults and school aged children in Colleyville and the surrounding areas of Texas.

The [Annual Wellness Exam and Annual Physical Exam](#) is a yearly checkup that includes bloodwork, standard preventive screenings, and a review of a patient's overall health history. It is intended for adult patients who want a routine health evaluation without scheduling a separate visit with a different provider, and it follows the same general format used across primary care practices nationwide.

The [Preparticipation Sports Physical Exam](#) in Colleyville, TX, also referred to as a Pre Participation Physical Evaluation, assesses a student's physical readiness before joining school, league, or college level athletics. The exam includes a health history review and physical assessment consistent with requirements set by school districts and athletic associations across Texas, and is commonly required

before the start of a new sports season.

Both exams are conducted at the practice's Colleyville location, where patients also have access to in house lab testing, X-rays, bone density testing, and infusion therapy. Wellness Rheumatology has served the Colleyville community under Dr. Ayesha Kanwal, a board certified internist and fellowship trained rheumatologist, since its founding.

The addition of these exam types reflects a wider trend among specialty medical practices to incorporate preventive and routine care, reducing the number of separate providers families need to coordinate for both specialty treatment and everyday health needs.



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