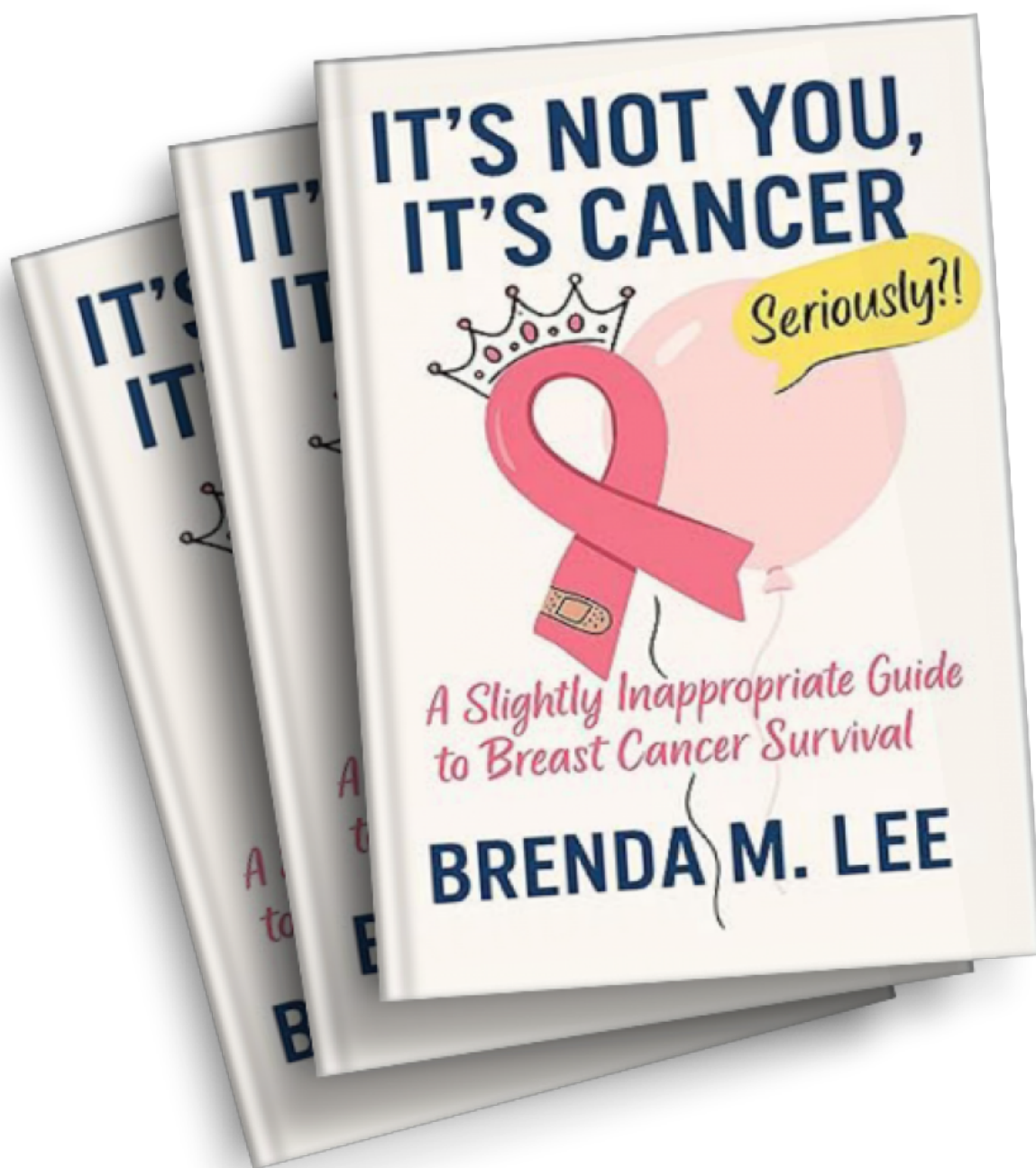


Brenda M. Lee's *It's Not You, It's Cancer* Offers Hope, Humor, and Strength for Every Breast Cancer Journey



Houston, Texas Aug 7, 2026 ([Issuewire.com](https://www.issuewire.com)) - *It's Not You, It's Cancer: A Slightly Inappropriate Guide to Breast Cancer Survival* by Brenda M. Lee is an honest, heartfelt guide for breast cancer patients, survivors, and the people who love them. Published on November 4, 2025, and available on Amazon in both paperback and ebook formats, the book offers comfort, practical insight, and moments

of humor for readers facing one of life's hardest seasons.

About the book:

Unlike traditional medical guides, *It's Not You, It's Cancer* speaks from lived experience rather than clinical distance. Brenda M. Lee shares her own breast cancer journey in a way that is honest, approachable, and deeply human, helping readers feel less overwhelmed as they face diagnosis, treatment, recovery, and life after cancer.

The book addresses the fear, uncertainty, body changes, hard conversations, and emotional aftermath that often come with breast cancer. Through personal experience, practical guidance, and moments of humor, it offers readers a steady companion through one of the most difficult seasons of their lives. Whether someone is newly diagnosed, in treatment, healing afterward, or supporting someone they love, this book reminds them that they are more than their diagnosis and they do not have to walk through cancer alone.

About the Author:

Brenda M. Lee writes with the understanding that only personal experience can bring, making her words both comforting and relatable. *It's Not You, It's Cancer: A Slightly Inappropriate Guide to Breast Cancer Survival* is a compassionate companion for readers navigating uncertainty, treatment, recovery, and life after cancer. Her work encourages strength, healing, and the belief that every new day offers another reason to keep moving forward.

Availability:

It's Not You, It's Cancer: A Slightly Inappropriate Guide to Breast Cancer Survival is available now on Amazon in paperback and ebook formats. Readers can discover an honest and deeply human guide to breast cancer survival, filled with hope, humor, and the reminder that they are not alone.

Book Link: <https://a.co/d/0gQESaxi>



Media Contact

Wolfmark Publishing

*****@wolfmarkpublishing.com

<https://www.wolfmarkpublishing.com/>

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