

America's Best in Medicine Features Lisa Campbell, DPT: Physical Therapist with Choice Health At Home

Combining Advanced Clinical Specialties, Rehabilitation Education, and Evidence-Based Practice to Improve Patient Outcomes



Texas City, Texas Aug 24, 2026 ([Issuewire.com](https://www.issuewire.com)) - Lisa Campbell, DPT, is an accomplished physical therapist with more than two decades of experience spanning home health, outpatient rehabilitation, acute care, and academic settings. Licensed as a physical therapist in Texas since 2009, Campbell has built a distinguished career centered on comprehensive, individualized rehabilitation and helping

patients achieve greater mobility, function, and quality of life.

Campbell earned her Doctor of Physical Therapy from Texas Tech University Health Sciences Center, following a Bachelor of Science in Kinesiology from San Francisco State University and an Associate of Science in General Education from Los Medanos Community College. Her diverse educational background has supported a broad clinical perspective and a commitment to addressing each patient's unique rehabilitation needs.

Currently serving as a Physical Therapist with Choice Health At Home, Campbell evaluates and treats home health patients, develops individualized plans of care, conducts reassessments and supervisory visits, and oversees physical therapist assistants. Her previous positions with VitalCaring Home Health, AxiomHealth Management, HealthCare Express Physical Therapy, CHRISTUS St. Michael Outpatient Rehabilitation, and Good Shepherd Medical Center have further expanded her experience across multiple areas of rehabilitation and patient care.

Throughout her career, Campbell has treated patients with orthopedic, neurological, cardiac, respiratory, wound-care, lymphedema, and general deconditioning conditions. She has developed specialized expertise in lymphedema management, wound care, pelvic girdle dysfunction, pelvic floor rehabilitation, and dry needling. She has been a Certified Lymphedema Therapist since 2010, earned Wound Care Certification in 2012, and became certified in Dry Needling in 2015. She has also incorporated cupping into her clinical practice since 2023.

Her expertise in complex rehabilitation has earned recognition from referring physicians, including a rheumatologist who specifically refers patients with pelvic girdle dysfunction to Campbell based on her success treating these challenging conditions.

Beyond direct patient care, Campbell has made meaningful contributions to physical therapy education. As an adjunct instructor at UA Cossatot, she taught Pathophysiology, Therapeutic Exercise, Neurologic Interventions, Movement Science, and Basic Patient Skills within its accredited Physical Therapist Assistant program. She has also lectured on wound care and transverse myelitis and participated in professional presentations addressing dry needling and lymphedema.

From 2016 through 2022, Campbell served as an Advisory Council Member for the UA Cossatot PTA program, helping support the education and development of future rehabilitation professionals. A member of the American Physical Therapy Association and Texas Physical Therapy Association since 2006, she has also contributed to research, including co-authoring a peer-reviewed publication examining dry needling and sham treatment in relation to vertical jump performance.

Through her combination of clinical experience, specialized certifications, teaching, research, and professional leadership, Lisa Campbell continues to contribute to the advancement of physical therapy while maintaining a strong commitment to individualized, evidence-informed patient care.

Learn more about Lisa Campbell:

Through her America's Best in Medicine profile, <https://americasbestinmedicine.com/connect/lisa-campbell>

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