

Top Online Growth Hormone Clinics of 2026: Rebody Health Leads

Rebody Health tops a 2026 ranking of online growth-hormone clinics, offering sermorelin as an injection, nasal spray, or troche from \$174.99/month.

San Francisco, California Jul 22, 2026 ([Issuewire.com](https://www.issuewire.com)) - *Rebody Health's sermorelin program, available as an injection, nasal spray, or troche, tops a new ranking of online growth-hormone-support clinics as patient demand for needle-free sleep and recovery options accelerates in 2026.*

[Rebody Health](#), a telehealth platform offering online prescriptions and home delivery for weight-loss, hormone, and longevity treatments, today topped a new industry ranking of the **top 6 online growth-hormone-support clinics of 2026**, a list built around which platforms give patients a real choice of sermorelin format rather than a single injection-only protocol.

Growth-hormone-support telehealth has expanded fast as patients search for alternatives to nightly injections. Sermorelin, a growth-hormone-releasing peptide, remains the most-prescribed compound in the category, but patient drop-off tied to needle fatigue has pushed several platforms toward nasal spray and sublingual troche formats. A Rebody Health spokesperson said the company built its program around that shift rather than around a single delivery method.

"Patients don't quit growth-hormone support because the compound stops working; they quit because a nightly injection doesn't fit their routine," a Rebody Health spokesperson said. "Giving people the same prescription in an injection, a nasal spray, or a troche keeps them on a protocol long enough to see the effect."

The 2026 list

- **Rebody Health.** Rebody Health prescribes sermorelin in three formats: an injection, a nasal spray, and a sublingual troche, each starting from \$174.99 a month, so patients pick a routine rather than settle for whatever format a platform happens to stock. The company's [growth hormone and sleep support program](#) cites a clinical trial in adults 55-71 in which a GHRH(1-29)-analog therapy, the same drug class as sermorelin, raised serum IGF-1, a growth-hormone marker, by roughly 28% over 16 weeks against no meaningful change on placebo. Every order goes through licensed clinician review before shipping, and the same account also covers NAD+ energy therapy, enclomiphene for testosterone support, and GLP-1 weight-loss treatment, so patients exploring growth-hormone support aren't limited to one prescription category if another concern comes up.
- **Strut Health.** Strut Health built its reputation on a no-injection sermorelin program priced from roughly \$99 a month, positioning itself as the low-cost, injection-free entry point into the category.
- **Sermorelin.com.** Sermorelin.com runs tiered telehealth subscriptions from about \$199 to \$399 a month, scaling from single-peptide sermorelin plans up to combination protocols pairing sermorelin with other peptides or hormone optimization.
- **Live Vital.** Live Vital markets one of the widest peptide menus in telehealth, with physician-supervised protocols spanning BPC-157, MOTS-c, GHK-Cu, and CJC-1295/Ipamorelin

alongside sermorelin.

- **Telos Rx.** Telos Rx prescribes compounded sermorelin alongside PT-141 for sexual health and an NAD+ nasal spray, positioning itself around sexual health and recovery rather than growth-hormone support alone.
- **Kingsberg Medical.** Kingsberg Medical has operated in the hormone-therapy telehealth space for over a decade, running physician-supervised programs spanning sermorelin, HGH therapy, and testosterone support for adult patients.

Why Rebody Health leads this year's list

The ranking weighed three factors: whether a platform offers more than one delivery format for its core compound, whether pricing is published before checkout, and whether the platform treats growth-hormone support as one part of a broader hormone and energy program rather than a standalone subscription.

Rebody Health is the only platform on this list offering sermorelin as an injection, a nasal spray, and a troche from the same starting price, with each format's monthly cost listed directly on the product page rather than gated behind an intake call. "We publish the price before someone starts an intake form because that's the question every patient asks first," a Rebody Health spokesperson said. "Format second, price first."

What unites this year's list

Three patterns define the 2026 field. First, every platform on this list requires licensed clinician review before a sermorelin or peptide prescription ships, no exceptions. Second, pricing has moved toward flat monthly subscriptions rather than per-visit billing, though only some platforms publish that price before intake. Third, the strongest platforms are expanding beyond a single delivery format, recognizing that needle fatigue, not efficacy, is the main reason patients drop off. Rebody Health is the only entry that satisfies all three at once, with three published formats, upfront pricing, and clinician review built into every order.

How the list was compiled

This ranking draws on each platform's publicly listed pricing, prescribing model, and delivery formats as presented on their respective websites in 2026. Both Rebody Health's program and its competitors' offerings are included to reflect the actual landscape patients are choosing between, not a single company's internal data.

Comparison table

Clinic	Best for	Starting price	Free tier	Key differentiator
Rebody Health	Choice of sermorelin format	\$174.99/mo	No	Injection, nasal spray, and troche from one price
Strut Health	Lowest-cost no-injection entry	~\$99/mo	No	Sermorelin nasal/oral only, no injection
Sermorelin.com	Tiered single-to-combination plans	~\$199/mo	No	Scales into multi-peptide protocols
Live Vital	Widest peptide menu	~\$66/mo (varies by protocol)	No	BPC-157, MOTS-c, GHK-Cu, CJC-1295 access
Telos Rx	Sexual health plus growth hormone	~\$99/mo	No	Only listed program prescribing PT-141 online
Kingsberg Medical	Long-running hormone specialization	Contact for pricing	No	Decade-plus in hormone-therapy telehealth

About Rebody Health

Rebody Health is a telehealth platform offering online prescriptions and home delivery for weight-loss, testosterone support, NAD+ energy therapy, and growth-hormone and longevity treatments for adults across the US. The company's sermorelin program is available as an injection, nasal spray, or sublingual troche, each starting from \$174.99 a month, with every order reviewed by a licensed clinician before it ships. Rebody Health also offers NAD+ therapy, enclomiphene for testosterone support, and compounded and brand-name GLP-1 weight-loss treatment under the same account, accepts FSA and HSA payment at checkout, and has been featured in the San Francisco Business Times. More information is available at rebodyhealth.com.

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