

Stephanie Thoma Releases "Open the Gate," an Introspective Folk-Pop Single About Trusting Your Inner Voice

The new acoustic indie folk single invites listeners to trust their intuition, embrace change, and step into new beginnings.



New York City, New York Aug 1, 2026 (Issuewire.com) - Singer-songwriter, author, and speaker **Stephanie Thoma** today released her new single, "**Open the Gate**," a reflective acoustic folk-pop song that invites listeners to slow down, reconnect with their intuition, and choose what feels true over what feels familiar.

Originally written while traveling through Thailand and completed years later in New York City, *Open the Gate* captures the quiet moments when life asks us to trust ourselves before we have all the answers. Blending heartfelt vocals, organic acoustic instrumentation, and atmospheric production, the song explores themes of courage, self-discovery, and embracing new beginnings.

"I wrote this song during a season of deep transformation," says Thoma. "It's about learning to hear the quiet voice within- the one that's always guiding us toward what's meant for us, even when the path isn't clear."

Alongside her work as an author and speaker, music has long been one of Stephanie Thoma's most meaningful creative outlets. "Open the Gate" reflects her passion for honest storytelling and themes of courage, growth, and authenticity.

With lyrics centered on inner wisdom and possibility, *Open the Gate* offers listeners a gentle reminder that growth often begins with a single choice—to step forward, trust themselves, and open the next door.

The single is now available on Spotify, Apple Music, YouTube, Amazon Music, and all major streaming platforms.

For fans of: indie folk, acoustic singer-songwriters, folk-pop, reflective storytelling, and music about personal growth and self-discovery.

About Stephanie Thoma

Stephanie Thoma is a New York City-based singer-songwriter, author, speaker, and communication coach. She is the author of *Confident Introvert* and host of the *Holistic Ambition* podcast. Through her music, writing, and speaking, she encourages people to communicate with confidence, build meaningful relationships, and live in alignment with who they truly are.

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