

Stella L. Owen, RN: Nursing Leader Advancing Critical Care Excellence at Robert Wood Johnson University Hospital

Administrative Director of Nursing Brings More Than 25 Years of Experience to Strengthen Patient Care, Team Development, and Healthcare Leadership



New Brunswick, New Jersey Jul 17, 2026 ([Issuewire.com](https://www.issuewire.com)) - Stella L. Owen, RN, is an accomplished nursing leader and Administrative Director of Nursing for the Medical Intensive Care Unit (MICU) and Coronary Care Unit (CCU) at Robert Wood Johnson University Hospital in New Brunswick,

New Jersey. With more than 25 years of nursing experience and nearly three decades of dedication to the same healthcare organization, Stella has built a distinguished career centered on clinical excellence, compassionate leadership, and a commitment to improving both patient and staff experiences.

Stella's nursing journey began at the bedside as a clinical care technician before advancing into roles as a trauma registered nurse, emergency department nurse, and nurse manager. Her extensive frontline experience, including two decades working in emergency care, provided her with a deep understanding of the challenges faced by healthcare professionals in high-acuity environments. These experiences continue to shape her leadership approach, allowing her to support teams with practical insight, empathy, and a strong commitment to quality care.

As Administrative Director of Nursing, Stella oversees operations across critical care services, managing key areas including staffing, budgeting, quality outcomes, patient satisfaction, and employee engagement. She is recognized for creating a culture built on accountability, collaboration, and support, emphasizing the importance of ensuring healthcare professionals feel valued and empowered in their roles.

Her leadership philosophy is rooted in the belief that when nurses and healthcare teams receive strong support from their leaders, that commitment carries forward to the patients they serve. By investing in her staff's well-being, professional development, and success, Stella strives to create an environment where team members can provide exceptional care with confidence and compassion.

Although she has transitioned from direct bedside nursing into an administrative role, Stella remains deeply connected to the mission of nursing. She continues to view leadership as an opportunity to care for those who care for others. By supporting her teams, she helps create a positive workplace culture where nurses feel appreciated, motivated, and prepared to deliver the highest standard of patient care.

Stella earned her Bachelor's Degree in Nursing from Kean University and her Master's Degree in Forensic Nursing from Monmouth University. She is also certified as a Sexual Assault Nurse Examiner (SANE), combining her clinical expertise with specialized forensic training. In addition to her leadership responsibilities at Robert Wood Johnson University Hospital, Stella serves as a forensic nurse with the Union County Prosecutor's Office, where she provides compassionate care and support to survivors of sexual assault.

Throughout her career, Stella has remained committed to advancing the nursing profession through education, mentorship, and professional involvement. She is a member of several respected healthcare organizations, including Sigma Theta Tau International Honor Society of Nursing, the Emergency Nurses Association, the American Association of Critical-Care Nurses, the American Organization for Nursing Leadership, and the New Jersey State Nurses Association.

Her dedication to nursing leadership reflects a lifelong passion for improving healthcare from both the clinical and organizational perspectives. Through her work with critical care teams, her mentorship of nurses, and her continued service to patients and communities, Stella L. Owen demonstrates the powerful impact of compassionate, experienced nursing leadership.

Learn more about Stella L. Owen:

Through her America's Best in Medicine profile, <https://americasbestinmedicine.com/connect/Stella-Owen>

America's Best in Medicine

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