

## Smooth Jazz Fitness Launches on iOS and Android With AI Coaching, Fitness Radio, and Soulful Wellness Tools

The new wellness app blends smooth jazz-inspired motivation, guided movement, personalized AI workout sessions, and premium fitness features for a calmer way to move better, feel better, and live smoother.



Las Vegas, Nevada Jul 22, 2026 ([Issuewire.com](https://www.issuewire.com)) - Smooth Jazz Fitness Launches on iOS and Android, Bringing a Soulful New Approach to Wellness, Movement, and Motivation

## Smooth Jazz Fitness blends guided workout plans, AI-powered coaching, and smooth jazz-inspired energy into a refreshing fitness experience now available on the Apple App Store and Google Play.

J Star Entertainment LLC announces the official launch of **Smooth Jazz Fitness**, a new wellness and movement app created to help users move better, feel better, and live smoother. Designed for people who want a calmer, more enjoyable fitness experience, Smooth Jazz Fitness combines guided workout plans, fitness radio, premium wellness tools, and an AI-powered coaching experience inspired by the relaxing energy of smooth jazz.

Now available for download on both iOS and Android, Smooth Jazz Fitness gives users a fresh way to build consistency without the pressure, noise, or intimidation often found in traditional fitness platforms. The app is built around smooth movement, wellness motivation, and music-driven inspiration, making it ideal for walking, stretching, mobility, recovery, cardio, beginner fitness, and everyday lifestyle improvement.

Smooth Jazz Fitness is more than a workout app — it is a mood, a movement, and a lifestyle. The platform brings together fitness and feel-good music culture to create an experience that encourages users to stay active while enjoying a smoother atmosphere. Whether someone is just beginning their wellness journey or looking for a more relaxing way to stay consistent, Smooth Jazz Fitness provides tools that support progress at a comfortable pace.

One of the app's standout features is the **AI Smooth Coach**, which helps users generate personalized fitness sessions based on their goals, mood, time, fitness level, and preferred movement style. Users can create smooth walk sessions, stretching routines, recovery plans, cardio flows, mobility workouts, and musician-friendly body-care sessions. The AI Smooth Coach gives users a more customized and engaging way to stay motivated.

The app also features **Smooth Jazz Fitness Radio**, giving users a music-inspired environment while they move. This creates a more enjoyable workout experience by blending wellness with smooth jazz energy, helping users stay focused, relaxed, and inspired.

Smooth Jazz Fitness includes a free experience for users who want to explore the app, along with **Smooth Plus**, the premium membership option that unlocks expanded features, premium account access, saved AI plans, and a more complete wellness experience.

"Smooth Jazz Fitness was created for people who want fitness to feel better," said Jarel Posey of J Star Entertainment LLC. "Not everyone wants a loud, high-pressure workout app. Some people want movement, motivation, music, and peace. Smooth Jazz Fitness brings that together in a way that feels fresh, smooth, and accessible."

The launch marks another step in J Star Entertainment LLC's growing digital lifestyle ecosystem, expanding the Smooth Jazz brand into wellness technology and mobile fitness. With Smooth Jazz Fitness, the company is creating a unique space where music culture, movement, wellness, and AI-powered personalization meet.

Smooth Jazz Fitness is available now on the Apple App Store and Google Play.

**Download Smooth Jazz Fitness on the Apple App Store:**

<https://apps.apple.com/us/app/smooth-jazz-fitness/id6779081375>

## Download Smooth Jazz Fitness on Google Play:

[https://play.google.com/store/apps/details?id=com.smoothjazzfitness.app&hl=en\\_US](https://play.google.com/store/apps/details?id=com.smoothjazzfitness.app&hl=en_US)

## Visit the official website:

<https://smoothjazzfitness.com>

## About Smooth Jazz Fitness

Smooth Jazz Fitness is a wellness and movement app created to help users move better, feel better, and live smoother. The app combines guided workout plans, smooth jazz-inspired motivation, fitness radio, AI-powered coaching, and premium wellness tools into a calming and enjoyable fitness experience.

## About J Star Entertainment LLC

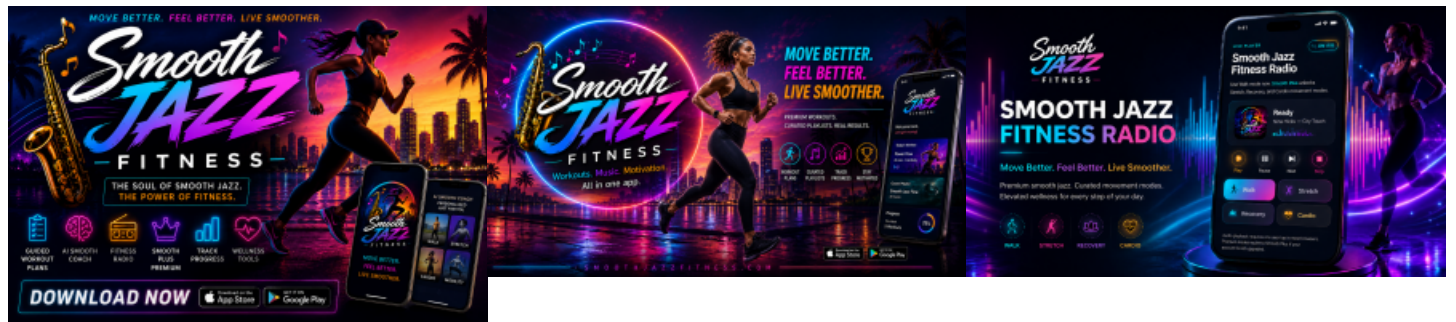
J Star Entertainment LLC is a creative entertainment and technology company focused on music, digital platforms, lifestyle brands, and innovative fan experiences. Through projects such as Smooth Jazz Fitness, the company continues to expand the smooth jazz lifestyle into new areas of wellness, technology, and culture.

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Source : J Star Entertainment LLC

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