

Slow Down and Look Inward: Brent Newman's Practical Mysticism Series Is the Summer's Quiet Read

The six-volume series is reframed as modular, bite-sized philosophy for lazy afternoons.



San Francisco, California Jul 30, 2026 ([Issuewire.com](https://www.issuewire.com)) - Dex System Publishing is repositioning Brent Newman's six-volume Practical Mysticism series as approachable summer reading — contemplative without being heavy, built for a 'chapter, then a nap' pace that suits the slower stretch of the calendar following the Fourth of July.

This first installment highlights Practical Mysticism I: The Brahmin of Bloomsbury and Practical Mysticism IV: The Pharmacopoeia of the Soul, alongside The Aldous Huxley Compendium: The Perennial Psychonaut. Readers are encouraged to start wherever suits them — the series is designed to be modular rather than strictly sequential, which makes it a natural fit for the unpredictable rhythms of summer.

"There's no wrong entry point," a Dex System spokesperson said. "Some readers want to start with the Bloomsbury volume for the historical grounding; others want to jump straight to the Huxley Compendium. Either way, the series rewards a slower pace."

The full six-volume set will be revisited later in the month for readers who want to complete the collection, with a dedicated 'deep cuts' feature covering the remaining volumes. Wellness and lifestyle outlets are especially encouraged to consider this release, given the series' emphasis on reflection over

plot.

Bundling all six volumes into a single 'summer reading set' is also under consideration for readers who'd rather commit to the whole series at once rather than sampling individual volumes as they're released.

Featured Titles:

- Practical Mysticism I: The Brahmin of Bloomsbury — Brent Newman — <https://www.amazon.com/Practical-Mysticism-I-Brahmin-Bloomsbury/dp/B0GS1SDKDS/>
- Practical Mysticism IV: The Pharmacopoeia of The Soul — Brent Newman — <https://www.amazon.com/Practical-Mysticism-IV-Pharmacopoeia-Soul/dp/B0GQXQ8DLH/>
- The Aldous Huxley Compendium: The Perennial Psychonaut — Brent Newman — <https://www.amazon.com/Aldous-Huxley-Compendium-Perennial-Psychonaut/dp/B0GZ47QHB6/>
- Ocean Moon — Rane Corvus — <https://www.amazon.com/Ocean-Moon-Rane-Corvus/dp/B0GVVTJGTV/>
- Portals — Chester Craig — <https://www.amazon.com/Portals-Chester-Craig/dp/B0GZ55G47K/>

About Dex System

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