

Matthew Longwill Ventura on Why the Body's Energetic Field Holds the Answers Clinical Testing Misses

How twenty years of hands-on patient care in Ventura, California, led a former chiropractor to found Be Vital Energetics and address the root of chronic conditions.



Ventura, California Jul 16, 2026 ([IssueWire.com](https://www.issuewire.com)) - In a field where chronic pain, persistent fatigue, and unresolved digestive complaints send millions of people cycling through specialist after specialist, a growing number of practitioners are asking a different question. Rather than asking what the body is doing wrong, they are asking what is preventing it from correcting itself. Dr. Matthew Longwill, an energy healer and founder of Be Vital Energetics in Ventura, California, has spent the better part of his adult life building toward that question. His path began in chiropractic school, ran through twenty years of hands-on clinical work, and arrived at a conclusion that now defines his practice: the body already knows how to heal, and the job of the practitioner is to remove what stands in the way.

A Ventura Native With a Clinical Foundation

[Matthew Longwill Ventura](#) has called the city home since the age of eight. He completed his undergraduate education at Santa Clara University, earning a B.S. in Biology in 1996. He then pursued his Doctor of Chiropractic at Life Chiropractic College West, graduating magna cum laude in 2003. That combination of scientific training and clinical education gave him a foundation he describes as necessary for everything that followed.

In the years after graduation, Longwill built a chiropractic practice serving clients in and around Ventura, California. He worked with athletes, performing artists, families, and newborns. The clinical demands were real, and results came. But a pattern he could not ignore began to emerge.

"Some patients responded well and stayed well. Others improved during care and returned with the same complaints. The structural work was correct. But something was missing," Longwill explains.

The Certifications That Changed Everything

That observation sent him deeper into postdoctoral study. Over the years following his initial clinical work, Longwill completed advanced certifications in Directional Non-Force Technique, Nutrition Response Testing, Neuro Emotional Technique, Matrix Repatterning, Biomagnetism, and Bio Kinetics. Each modality added a layer of understanding. And each one, he came to recognize, was pointing toward the same underlying reality.

"Every certification I pursued pointed toward the same thing from a different angle. Nutritional imbalances affect cellular energy production. Emotional experiences store as patterns in the body's energy field. Magnetic fields influence how the body generates and transmits signals. I kept arriving at the same word," Longwill says.

That word was energy. Recognizing energy as the common thread running through his training led him to found Be Vital Energetics, a Ventura, California practice built around identifying and clearing the energetic blockages that prevent the body from healing itself.

A Philosophy Centered on Clearing Interference

Longwill's core philosophy is straightforward, even if the practice behind it is not. The body is a self-regulating system. When energy flows without obstruction through its pathways and fields, the systems governing digestion, sleep, pain response, and immune function operate as designed. When energy is blocked, those systems falter. The goal is not to add something new. It is to remove what is in the way.

"Energy is the language the body uses to regulate itself. If that language gets scrambled or disrupted, the system cannot communicate well enough to heal," Longwill explains.

This perspective does not require setting aside the science he studied at Santa Clara University or Life Chiropractic College West. His understanding of energy medicine deepened when he encountered the research of Dr. James Oschman, a biophysicist whose work documents the measurable electromagnetic properties of living tissue. Cells communicate through electrical impulses. The heart generates a field detectable at a distance. Connective tissue conducts energy through the body's structure. For Longwill, that research provided precise language for what he had been observing in clinical practice.

Bridging Chiropractic Knowledge and Energetic Practice

The shift from chiropractic care to energy medicine was not a departure from clinical thinking. It was an extension of it. Longwill brings the same systematic approach to energetic assessment that he developed during years of physical examination. He looks for patterns. He traces disruptions to their source. He distinguishes between what presents on the surface and what generates it from below.

"Treating a physical symptom without addressing the energetic pattern underneath it is like mopping a floor without finding the leaking pipe. The floor keeps getting wet," Longwill says.

At Be Vital Energetics, this integration takes the form of energetic scanning, a process through which Longwill evaluates the body's energy field to locate areas of disruption. These disruptions correlate consistently with the symptoms clients report: lower back pain that returns despite physical treatment, headaches that imaging cannot explain, digestive issues that dietary changes do not fully resolve. Once located, the blockage is cleared. The body's own healing mechanisms can then function without interference.

Education as Part of Every Session

A consistent element of Longwill's approach at Be Vital Energetics is client education. He does not work on clients; he works with them. Remote sessions include instruction in muscle testing and foundational energetic awareness so clients can track their own responses between appointments. This emphasis is deliberate.

"Understanding what is happening in your own body is part of how healing actually works. When someone can observe their own patterns with accuracy, they participate in the process rather than simply receiving treatment," Longwill says.

Be Vital Energetics operates exclusively through remote sessions, making its services available to clients in Ventura, California, and throughout the country. Longwill chose this format because energy work does not depend on physical proximity. Clients participate from their own homes, and the work proceeds with the same rigor as any structured clinical session.

Grounded in Ventura, Guided by Practice

Outside of his clinical work, Longwill maintains habits that mirror how he practices. He surfs the coast near Ventura, hikes in Los Padres National Forest, practices yoga and meditation, and cooks at home. These are not incidental details. They reflect the same attentiveness and patience he brings to clinical observation, a steadiness that builds quietly over time.

He continues to study, following developments in biophysics and energy medicine with the same curiosity that drove him through postdoctoral training at Life Chiropractic College West. His connection

to Ventura, California, runs through everything: where he grew up, where he practiced, and where he continues to work.

Looking Ahead

[Matthew Longwill](#) Ventura does not position Be Vital Energetics as a replacement for conventional medicine. He describes it as an additional layer, one that addresses what standard testing does not measure and what standard treatment cannot reach. For the people who have followed every protocol and still carry symptoms, that layer is often the one that finally matters.

"The body wants to heal. It is designed to heal. My job is to identify what is blocking that process and clear it so healing can happen," Longwill says.

The work at Be Vital Energetics in Ventura, California, rests on that premise. Formal training from Santa Clara University and Life Chiropractic College West. Advanced certifications in six postdoctoral modalities. Twenty years of clinical observation. All of it assembled in service of one question: what is preventing this body from healing itself, and how do we remove it.

ABOUT DR. MATTHEW LONGWILL

[Matthew Longwill](#) Ventura is an energy healer and founder of Be Vital Energetics, based in Ventura, California. He holds a B.S. in Biology from Santa Clara University and a Doctor of Chiropractic from Life Chiropractic College West, where he graduated magna cum laude. His postdoctoral certifications include Directional Non-Force Technique, Nutrition Response Testing, Neuro Emotional Technique, Matrix Repatterning, Biomagnetism, and Bio Kinetics.

Before founding Be Vital Energetics, Longwill spent twenty years in chiropractic practice in Ventura, California, working with athletes, performing artists, families, and newborns. His shift toward energy medicine was driven by clinical observation: the recognition that many chronic conditions persist because their energetic roots go unaddressed. His practice is built on identifying and clearing those roots so the body can restore its own function.

Be Vital Energetics operates exclusively through remote sessions, making its services available to clients in Ventura, California, and throughout the country. Longwill teaches clients muscle testing and foundational energetic practices so they can participate in the healing process with accuracy and confidence between sessions.

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