

Laura Cline, DNP, FNP-BC, CPNP, RN, Leads Innovation in Nursing Education and Personalized Telehealth Care

Assistant Professor, Researcher, and Founder of MedCline Wellness Expands Access to Evidence-Based Healthcare While Shaping the Future of Nursing



Boston, Massachusetts Jul 17, 2026 ([IssueWire.com](https://www.IssueWire.com)) - Laura Cline, DNP, FNP-BC, CPNP, RN, is a distinguished nurse practitioner, educator, researcher, entrepreneur, and healthcare leader whose career has been defined by a commitment to advancing nursing education, clinical innovation, and patient-centered care. Through her leadership in academia and her growing telehealth practice, she continues to make a lasting impact on both the nursing profession and the lives of the patients she serves.

Dr. Cline serves as Assistant Professor and Chair of Admissions at the MGH Institute of Health Professions School of Nursing, where she educates, mentors, and prepares the next generation of nurse practitioners. She is also the Founder and Medical Director of MedCline Wellness, PLLC, a fully virtual telehealth practice specializing in medical weight management, GLP-1 therapy, menopause hormone therapy, and evidence-based primary care.

MedCline Wellness currently serves patients throughout Massachusetts, Connecticut, Maine, and Vermont, with additional state licensure, including New York, Rhode Island, and New Hampshire in progress to further expand access to high-quality virtual healthcare. The practice was founded on the belief that patients deserve to understand their bodies, feel heard, and receive care that evolves with them rather than care that only reacts when problems arise.

The inspiration behind MedCline Wellness came from Dr. Cline's years of experience as an advanced practice clinician within traditional healthcare systems. Throughout her career, she observed how many patients were being treated through a reactive, one-size-fits-all approach characterized by short appointments, fragmented care, and limited opportunities to develop meaningful therapeutic relationships. Recognizing the need for a different model, she established MedCline Wellness to restore what she believes modern healthcare has lost: time, trust, and truly personalized care.

The practice specializes in evidence-based, clinician-guided therapies that address the physiologic changes affecting health, longevity, and quality of life, particularly during midlife and beyond. One of its primary areas of focus is medical weight management using the latest GLP-1 therapies. Through individualized treatment protocols, patients receive support for sustainable fat loss, improved metabolic health, and long-term weight stability. The therapies are designed to address the underlying hormonal and metabolic drivers of weight gain rather than simply treating symptoms.

MedCline Wellness also specializes in peri-menopausal and post-menopausal hormone replacement therapy for adult women. Through personalized estrogen, progesterone, and testosterone therapy, the practice helps patients effectively manage symptoms such as fatigue, weight gain, sleep disruption, brain fog, vasomotor symptoms, and changes in mood and metabolism. The approach prioritizes safety, symptom relief, and long-term protection of cardiovascular, bone, and cognitive health.

Every treatment plan at MedCline Wellness is individualized according to each patient's physiology, medical history, and personal goals. By combining clinical expertise, evidence-based medicine, and ongoing monitoring, the practice strives to ensure both safety and optimal outcomes. Its model is intentionally different from many traditional healthcare experiences, providing direct access to clinicians, longer visits, transparent treatment plans, and consistent follow-up to support uninterrupted, high-quality care.

Dr. Cline's educational journey reflects her lifelong commitment to academic and professional excellence. She earned both her Bachelor of Science in Nursing and Master of Science in Nursing from the MGH Institute of Health Professions. She later completed a Post-Master's Family Nurse Practitioner Certificate from the University of Massachusetts Boston before earning her Doctor of Nursing Practice

degree from Simmons University. In 2026, she became board-eligible as a Certified Nurse Educator (CNE), further demonstrating her dedication to advancing nursing education and professional development.

Among the most meaningful milestones of her career has been returning to the MGH Institute of Health Professions as a faculty member. Having once been a student there, she now teaches, mentors, and advises future nurse practitioners at the very institution that helped shape her career. The opportunity represents a full-circle achievement and reflects both her commitment to giving back and the confidence her alma mater has placed in her to educate future healthcare leaders.

Dr. Cline's dual roles as both clinician and educator allow her to maintain a dynamic approach to healthcare and teaching. By remaining actively involved in patient care, she ensures that her instruction remains grounded in current clinical realities and evidence-based practice, while her academic responsibilities continually reinforce her commitment to lifelong learning and professional excellence.

Alongside her academic leadership, Dr. Cline maintains an active clinical practice and has served as a Family Nurse Practitioner with Mass General Brigham Urgent Care, PhysicianOne Urgent Care, Carbon Health, and ACO Health Solutions. She has also served as a Pediatric Nurse Practitioner at Boston Children's Hospital, gaining extensive experience caring for diverse patient populations across multiple healthcare settings.

Her commitment to improving patient care extends beyond clinical practice through extensive research, participation in multiple clinical trials, and a growing portfolio of peer-reviewed publications. Her scholarly work focuses on cardiovascular health, heart failure management, obesity medicine, menopause care, and healthcare equity. Through these efforts, she continues to contribute to the advancement of evidence-based practice and the broader understanding of critical healthcare issues.

Dr. Cline is also a published book chapter author and an invited speaker at five or more national and international conferences each year. Through her presentations, she shares evidence-based strategies that advance nursing education, improve clinical practice, and enhance patient outcomes. Her ability to bridge clinical expertise, research, and education has made her a respected voice within the healthcare community.

Leadership, mentorship, and service remain central to every aspect of Dr. Cline's career. Through MedCline Wellness, she combines innovative telehealth delivery with compassionate, evidence-based care while expanding access to personalized healthcare services. Through her work in academia, she continues to influence the future of nursing through admissions leadership, curriculum development, and dedicated student mentorship.

Her dedication to excellence has earned numerous honors and recognitions, including the America's Best in Medicine Award, Excellence in Teaching Award, Pillars of Excellence Award, Excellence in Advising Award, and the prestigious DAISY Award for Excellence in Nursing Education.

Dr. Cline also maintains active membership in several leading professional organizations, including the American Association of Nurse Practitioners, Sigma Theta Tau International Honor Society of Nursing, the National Organization of Nurse Practitioner Faculties, the New England League for Nurse Educators, and The Menopause Society.

Whether educating future nurse practitioners, conducting clinical research, leading innovative telehealth initiatives, participating in clinical trials, or presenting on national and international stages, Dr. Laura

Cline continues to advance the nursing profession through scholarship, innovation, and compassionate, evidence-based care. Her work exemplifies a modern vision of healthcare—one that prioritizes education, accessibility, personalization, and a lifelong commitment to improving patient outcomes.

Learn more about Dr. Laura Cline:

Through her America's Best in Medicine profile, <https://americasbestinmedicine.com/connect/Laura-Cline>, through her profile on MGH Institute of Health Professions, <https://www.mghihp.edu/ihp-directory/laura-cline-dnp-fnp-bc-cnp-rn> or through her website, <https://www.medclinewellness.com/>

America's Best in Medicine

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