

Krupa Patel, MD, Provides Compassionate, Preventive Family Medicine Care Across Massachusetts Communities

Board-Certified Family Physician at Revere Medical Combines Holistic Care, Adolescent Health Advocacy, and Preventive Medicine to Empower Patients Across All Stages of Life



Groton, Massachusetts Jul 16, 2026 ([Issuewire.com](https://www.Issuewire.com)) - Krupa Patel, MD, is a Board-Certified Family Physician practicing with Revere Medical in Massachusetts, serving patients through Nashoba Family Medicine in Groton Family Practice. Since completing her residency in 2018, Dr. Patel has provided

comprehensive, patient-centered care across the full spectrum of family medicine, treating patients from pediatrics through geriatrics with a strong emphasis on prevention, education, and continuity of care.

With a particular passion for adolescent medicine, Dr. Patel focuses on helping patients and families build lifelong healthy habits while creating an environment where individuals feel comfortable discussing not only physical health concerns but also emotional and social challenges. Her approach centers on developing meaningful, trusting relationships that empower patients to become active participants in their healthcare journey.

As a first-generation American, Dr. Patel's path into medicine was deeply influenced by witnessing healthcare disparities and helping family members navigate complex healthcare systems. Those early experiences shaped her commitment to making healthcare more approachable, equitable, and supportive for patients of all backgrounds.

Dr. Patel earned her Undergraduate Degree from Stony Brook University before obtaining her Medical Degree from St. George's University School of Medicine. She completed her residency training at Stamford Health in 2018. Following residency, she spent a year practicing at a federally qualified health clinic in New York, where she gained valuable experience caring for underserved populations and addressing barriers to healthcare access before relocating to Massachusetts.

At Revere Medical, Dr. Patel integrates adolescent health, adult primary care, preventative medicine, and geriatric management into a comprehensive approach designed to support patients throughout every stage of life. Her work includes preventative screenings, chronic disease management, early intervention strategies, and personalized health guidance tailored to each patient's individual needs and circumstances.

Dr. Patel is especially passionate about adolescent health and mental wellness. As both a mother and an aunt, she has seen firsthand the social pressures children and teenagers face today and recognizes how mental health concerns can often begin at a young age while remaining overlooked or misunderstood. She values open communication with younger patients and strives to create a safe, supportive environment where they feel heard, respected, and comfortable discussing their concerns.

Her philosophy of care extends beyond simply prescribing medications or treating symptoms. Dr. Patel believes one of the most rewarding aspects of family medicine is the continuity of care and the long-term relationships built with patients and families over time. She enjoys guiding patients through challenges, answering questions, and helping them better understand their health while fostering trust and partnership throughout the process.

In addition to her clinical work, Dr. Patel remains dedicated to professional excellence and continued involvement within the medical community. She is board-certified by the American Board of Family Medicine and is an active member of the American Academy of Family Physicians.

Her clinical expertise, cultural awareness, and dedication to preventative care reflect the evolving role of modern family medicine. Dr. Patel remains committed to addressing both the physical and social determinants of health while helping bridge gaps in healthcare access and promoting wellness across the lifespan.

Guided by a strong belief in continuity of care and the importance of genuine patient relationships, Dr. Krupa Patel continues to make a meaningful impact within her communities by delivering compassionate, holistic, and empowering healthcare to patients and families throughout

Massachusetts.

Learn more about Dr. Krupa Patel:

Through her America's Best in Medicine profile, <https://americasbestinmedicine.com/providers/krupa-patel-1> or through her profile on Revere Medical, <https://www.reveremedical.com/provider-directory/krupa-patel>

America's Best in Medicine

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