

Kathryn Penn, MSN, FNP-BC, ENP-C: Advancing Emergency Medicine Through Clinical Excellence and Compassionate Care

Dual-Certified Family and Emergency Nurse Practitioner at Eskenazi Health Champions High-Acuity Patient Care and Expands Access to Addiction Medicine Services



Indianapolis, Indiana Jul 21, 2026 ([Issuewire.com](https://www.issuewire.com)) - Kathryn Penn, MSN, FNP-BC, ENP-C, has established herself as a dedicated emergency medicine provider whose career is defined by resilience,

clinical expertise, and an unwavering commitment to serving patients during their most critical moments. With a decade of nursing experience, including four years as a nurse practitioner, Penn serves as a dual-certified Family Nurse Practitioner and Emergency Nurse Practitioner at Eskenazi Health, one of Indianapolis' busiest Level 1 trauma centers.

Working across the emergency department and observation unit, Penn delivers high-acuity care to patients experiencing urgent and complex medical conditions. Practicing with significant clinical autonomy in a fast-paced environment, she is committed to providing timely, evidence-based care while ensuring every patient is treated with compassion, dignity, and respect.

Penn's passion for healthcare first emerged during high school through her participation in HOSA, where she discovered a strong interest in medicine and patient care. Although she initially explored a career in veterinary medicine, she soon realized nursing offered the opportunity to make a meaningful difference in people's lives. She earned her Bachelor of Science in Nursing from Mississippi University for Women, where she served as Vice President of the Student Nurses Association, demonstrating an early commitment to leadership and professional development.

Determined to expand her clinical knowledge and impact, Penn went on to earn a Master of Science in Nursing through the dual Family Nurse Practitioner and Emergency Nurse Practitioner program at the University of South Alabama. Her diverse clinical background includes experience in emergency medicine, intensive care, telemetry, family medicine, and travel nursing, providing her with a broad perspective that enhances her ability to care for patients across a wide range of medical conditions.

Throughout her career, Penn has remained deeply committed to caring for vulnerable populations and continually advancing her expertise in emergency medicine. She credits influential mentors and firsthand clinical experiences with shaping her transition from bedside nurse to advanced practice provider. At Eskenazi Health, she has found an environment that supports both professional growth and community-focused care, allowing her to make a meaningful impact on patients and the broader Indianapolis community.

Among her greatest professional passions is addiction medicine. After witnessing the profound effects of the opioid epidemic on patients and families, Penn became increasingly dedicated to improving access to treatment for individuals struggling with substance use disorders. Recognizing that many patients seek help outside of traditional business hours, she is actively contributing to the development of a specialized addiction medicine initiative within Eskenazi Health's emergency department and observation unit. The initiative is designed to strengthen continuity of care by ensuring patients have access to timely intervention, treatment resources, and compassionate support whenever they are ready to begin recovery.

Penn believes emergency departments serve as critical entry points for healthcare, providing unique opportunities to address both immediate medical needs and long-term health challenges. Through clinical excellence, collaborative leadership, and patient-centered advocacy, she is helping expand the role of emergency medicine in addressing complex public health issues while improving outcomes for patients throughout the community.

As she continues to advance her career, Kathryn Penn remains dedicated to delivering exceptional emergency care, promoting innovative approaches to addiction treatment, and helping shape a healthcare system that is more accessible, compassionate, and responsive to the needs of every patient.

Learn more about Kathryn Penn:

Through her America's Best in Medicine profile, <https://americasbestinmedicine.com/connect/kathryn-penn>

America's Best in Medicine

America's Best in Medicine is a specialist online platform dedicated to amplifying the voices of leading healthcare professionals across the United States. They bring together top healthcare providers from all specialties and cities to share expert-driven articles, research, commentary, and clinical insight. Their core purposes are to showcase excellence in healthcare, build trust between providers and the public, and ensure that expert voices are elevated and heard in shaping medicine. Through their platform, users can access a community of leaders, opportunities for providers to share expertise, and trusted guidance for patients and peers alike.

Media Contact

America's Best in Medicine

*****@americasbestinmedicine.com

1-877-346-0175

<https://americasbestinmedicine.com>

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