

Herba Naturalle Clinic Combines Western and Ayurvedic Herbal Medicine for Chronic Health Conditions

Croydon-based medical herbalist Anjela Jeganathan draws on 30 years of clinical experience to treat infertility, hormonal imbalance, and chronic skin conditions through personalized herbal protocols.



Croydon, Surrey Jul 25, 2026 ([Issuewire.com](https://www.issuewire.com)) - Herba Naturalle Clinic, led by holistic medical herbalist Anjela Jeganathan, is raising awareness of natural, root-cause approaches to chronic health conditions through a combination of Western herbal medicine and Ayurvedic herbal traditions.

Based in Croydon, Surrey, Anjela brings over 30 years of experience in the natural medicine field. She began her career as a Nutritional Adviser at the Nutri Centre, where she advised clients, nutritionists, and pharmacists on herbal and nutritional supplements and their interactions with conventional medications. In 2001, she completed her degree in Herbal Medicine at Westminster University in London, going on to build a full-time practice seeing patients six days a week.

Anjela's approach blends Western herbal medicine with Ayurvedic herbs sourced from India and Sri Lanka, supported by an onsite dispensary stocked with more than 250 herbs from around the world. She specializes in treating infertility, hormonal imbalances in both men and women, and skin conditions including eczema, vitiligo, and psoriasis, as well as a range of autoimmune disorders.

Rather than offering quick-fix remedies, Anjela's clinic focuses on structured healing protocols designed to address the underlying causes of chronic conditions, typically followed over a three-month period, with many patients reporting noticeable improvement within four to six weeks.

Anjela has also appeared on live call-in programs on Tamil satellite television, offering health guidance to Tamil-speaking communities across Europe.

For more information about Herba Naturalle Clinic or to book a consultation, visit <https://medicalherbalist.org> or contact the clinic directly.



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