

Global Leaders in Sound Therapy Gather in Atlanta for ISTA's 20th Anniversary International Conference

Think sound therapy is just "woo woo"? The International Sound Therapy Association is bringing together global leaders to examine the growing field of therapeutic sound.



ISTA LIVE 2026 CONFERENCE

Resonance, Research, Rhythm & Community

Dr. John Beaulieu
N.D., Ph.D.

Christine Stevens
MSW, MA, MT-BC

Professor Jeralyn Glass

Three Trees

JOIN US FOR A LIFE-CHANGING EXPERIENCE

Atlanta, Georgia Jul 3, 2026 (IssueWire.com) - As Demand for Sound Therapy Continues to Grow, Global Leaders Will Gather in Atlanta to Explore the Future of Therapeutic Sound International Sound Therapy Association Celebrates 20 Years with Landmark Conference Bringing Together Researchers, Healthcare Professionals, Educators, and Sound Practitioners from Around the World

Interest in sound therapy is expanding rapidly as healthcare professionals, researchers, wellness practitioners, and educators continue exploring the role of sound in supporting stress reduction, nervous system regulation, relaxation, and overall well-being.

This October, many of the field's most respected educators, researchers, and practitioners will gather in Atlanta for the **International Sound Therapy Association (ISTA) Live 20th Anniversary Conference**, one of the largest international events dedicated exclusively to therapeutic sound.

Hosted October 2–4, 2026, at the Omni Atlanta Hotel at Centennial Park, the conference marks two decades of ISTA's commitment to advancing education, professional standards, research, and global collaboration within the growing field of sound therapy.

Attendees from around the world will participate in three days of keynote presentations, research discussions, experiential workshops, panel conversations, live demonstrations, and immersive sound experiences designed to explore both emerging science and practical applications of therapeutic sound.

Featured keynote presenters include internationally recognized pioneers such as **Dr. John Beaulieu**, whose work with therapeutic tuning forks has influenced practitioners worldwide; **Jeralyn Glass**, acclaimed Hay House author and internationally recognized crystal singing bowl musician; and **Christine Stevens**, founder of UpBeat Drum Circles and one of the world's leading authorities on therapeutic drumming.

Additional presenters represent a broad range of disciplines including neuroscience, vibroacoustic therapy, nervous system regulation, yoga, meditation, music, education, clinical practice, and integrative wellness.

"This conference represents more than a gathering of practitioners," said Mandara Cromwell, Founder of the International Sound Therapy Association. "It reflects the growing interest in sound as an emerging interdisciplinary field that continues to bring together healthcare, education, research, music, and wellness. Our mission has always been to support responsible education, professional standards, and meaningful collaboration."

The conference will feature more than 40 educational sessions and assembly gatherings covering topics including:

- Sound therapy research
- Nervous system regulation
- Vibroacoustic Therapy
- Crystal singing bowls
- Tuning forks
- Sound Bath Performance
- Drum circles and rhythm-based practices
- Cymatics and frequency research
- Voice and vocal toning
- Professional development for practitioners
- Integrating sound into healthcare and wellness settings

In addition to educational programming, attendees will experience live sound immersions, networking events, panel discussions, an interactive vendor marketplace, and post-conference advanced trainings.

As public interest in holistic and integrative approaches to wellness continues to expand, organizers believe collaboration between researchers, educators, clinicians, and practitioners has never been more important. This conference is open to anyone with interest from the curious to the seasoned.

Registration is now open.

For conference information, presenter details, sponsorship opportunities, and registration, visit:

www.ISTASounds.org

About the International Sound Therapy Association

The International Sound Therapy Association (ISTA) is an international nonprofit organization dedicated to advancing therapeutic sound through education, research, professional development, certification, and collaboration. For more than 20 years, ISTA has supported practitioners and educators worldwide while promoting ethical practice and the continued advancement of the field.

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