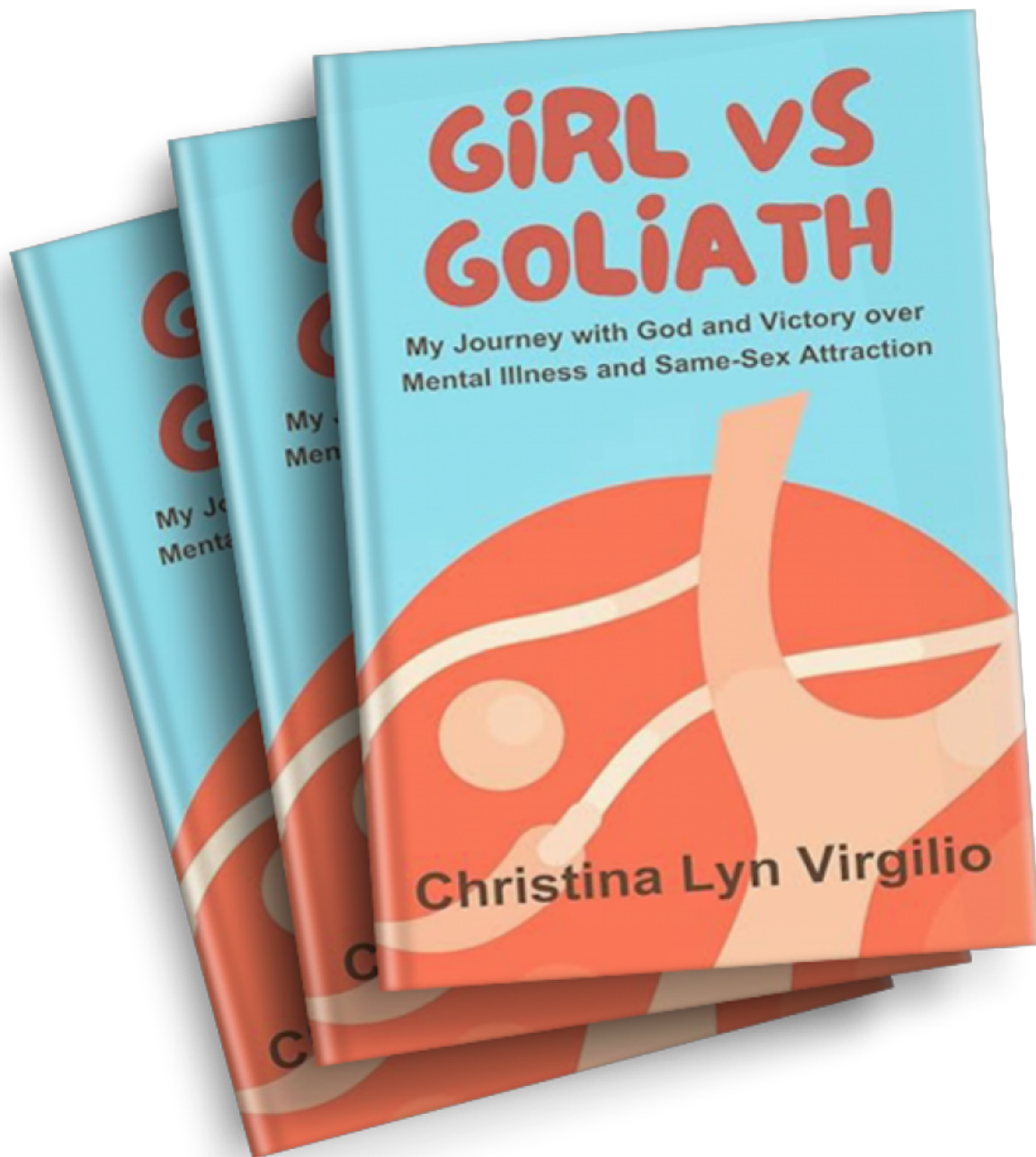


From Struggle to Spiritual Triumph: Christina Lyn Virgilio Shares Faith, Healing, Hope, and Victory in "Girl vs Goliath"



Houston, Texas Jul 21, 2026 ([IssueWire.com](https://www.IssueWire.com)) - Girl vs Goliath: My Journey with God and Victory over Mental Illness and Same-Sex Attraction by Christina Lyn Virgilio is an inspiring memoir about faith, healing, and overcoming life's greatest struggles. Published on Amazon Kindle on March 8, 2024, this heartfelt book shares the author's personal journey through mental illness and same-sex attraction while

finding strength, hope, and victory through her relationship with God.

About the book:

In *Girl vs Goliath*, Christina Lyn Virgilio opens her heart and tells a deeply personal story of battling anxiety, depression, mania, bipolar disorder, and same-sex attraction. Using the biblical story of David and Goliath as a powerful comparison, she describes these challenges as the giants she faced throughout her life. The book honestly explores the pain, confusion, shame, and struggles she experienced, including the difficulties of navigating these issues within the church. Yet it is ultimately a story of hope, faith, and transformation. Through worship, prayer, and a growing friendship with God, Christina found the courage to keep moving forward. Readers who have faced similar struggles or who know someone who has will find encouragement, comfort, and a reminder that victory is possible even in life's darkest moments.

About the Author:

Christina Lyn Virgilio is an author who writes with honesty, courage, and deep faith. Through *Girl vs Goliath*, she shares a personal testimony of overcoming emotional and spiritual challenges while discovering God's love and guidance. Her book offers encouragement to readers who may be facing their own battles, reminding them that healing, hope, and victory can be found through faith and perseverance.

Availability:

Are you searching for hope, encouragement, and inspiration during difficult times? Discover the remarkable journey shared in *Girl vs Goliath: My Journey with God and Victory over Mental Illness and Same-Sex Attraction*. Purchase your copy on Amazon Kindle today and experience a moving story of faith, healing, strength, and personal victory.

Book Link: <https://a.co/d/04qilquX>

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