

Eric Mansfield, MD, MPH: Advancing Compassionate Ear, Nose, and Throat Care Through Expertise and Service

Founder of Cape Fear Otolaryngology Combines Surgical Excellence, Community Commitment, and a Mission to Serve Patients Beyond the Clinic



Fayetteville, North Carolina Jul 21, 2026 ([Issuewire.com](https://www.issuewire.com)) - Eric Mansfield, MD, MPH, is a respected otolaryngologist and Founder of Cape Fear Otolaryngology, where he has spent more than two decades providing exceptional ear, nose, and throat care to patients throughout Fayetteville, Lumberton, and surrounding communities in North Carolina. Since establishing the practice in 2001, Dr.

Mansfield has remained committed to creating a welcoming, collaborative environment where patients receive advanced medical care rooted in compassion, trust, and personalized attention.

Dr. Mansfield's journey in medicine began with a strong foundation in science and service. Born in Louisiana and raised in Columbus, Georgia, he developed an early interest in healthcare and helping others. He pursued his undergraduate studies in Chemistry at Howard University in Washington, D.C., before earning his Doctor of Medicine Degree from Morehouse School of Medicine in Atlanta, Georgia, in 1991. During medical school, he received the Family Practice Student Award, reflecting his early dedication to patient-centered care and community medicine.

Following medical school, Dr. Mansfield completed surgical residency training at Tulane University School of Medicine in New Orleans. During his residency, his clinical abilities and commitment to education earned him recognition as Teaching Resident of the Year and recipient of the OWL Club Outstanding Resident Award. He continued his specialized training in otolaryngology from 1993 to 1996, serving as Chief Resident in Tulane's Ear, Nose, and Throat program. In 1998, he achieved board certification through the American Board of Otolaryngology–Head and Neck Surgery, further establishing his expertise in the field.

Throughout his career, Dr. Mansfield has focused on delivering comprehensive care for conditions affecting the ear, nose, and throat while embracing advances in medical technology and treatment approaches. Through Cape Fear Otolaryngology, he has built a practice centered on accessibility, innovation, and strong physician-patient relationships. His dedication to excellence has helped the practice become a trusted healthcare resource for individuals seeking specialized ENT services.

Beyond his medical practice, Dr. Mansfield is also an author and advocate for spiritual encouragement through his book, *Morning Rounds with God: Daily Prayers for Strength in Every Season of Life*. Drawing from his experiences as a physician, public servant, and former U.S. Army medical officer, he explores the connection between healing, faith, and resilience.

The devotional book reflects his understanding that many people carry emotional and spiritual challenges that cannot always be addressed through medicine alone. Through daily reflections, Scripture, and prayers, Dr. Mansfield offers encouragement to individuals experiencing grief, uncertainty, exhaustion, and personal struggles. His writing combines the compassion of a physician caring for patients with the perspective of someone who understands the importance of hope and inner strength.

At Cape Fear Otolaryngology, Dr. Mansfield continues to bring together clinical expertise and compassionate service, ensuring that every patient receives thoughtful, individualized care. His lifelong commitment to medicine, education, and community support reflects a dedication that extends far beyond the examination room.

Through decades of surgical experience, patient advocacy, and service to others, Dr. Eric Mansfield continues to make a meaningful impact in the field of otolaryngology while helping patients achieve improved health, confidence, and quality of life.

Learn More about Dr. Eric Mansfield:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/789328-Eric-Mansfield-Ear-Nose-and-Throat-Doctor-ENT> or through his profile on Cape Fear Otolaryngology, <https://capefearoto.com/bio/eric-mansfield/>

About FindaTopDoc.com

FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept your insurance. Our goal is to help guide you on your journey towards optimal health by providing you with the know-how to make informed decisions for you and your family.

Media Contact

Your Health Contact

*****@yourhealthcontact.com

Source : Dr. Eric Mansfield

[See on IssueWire](#)