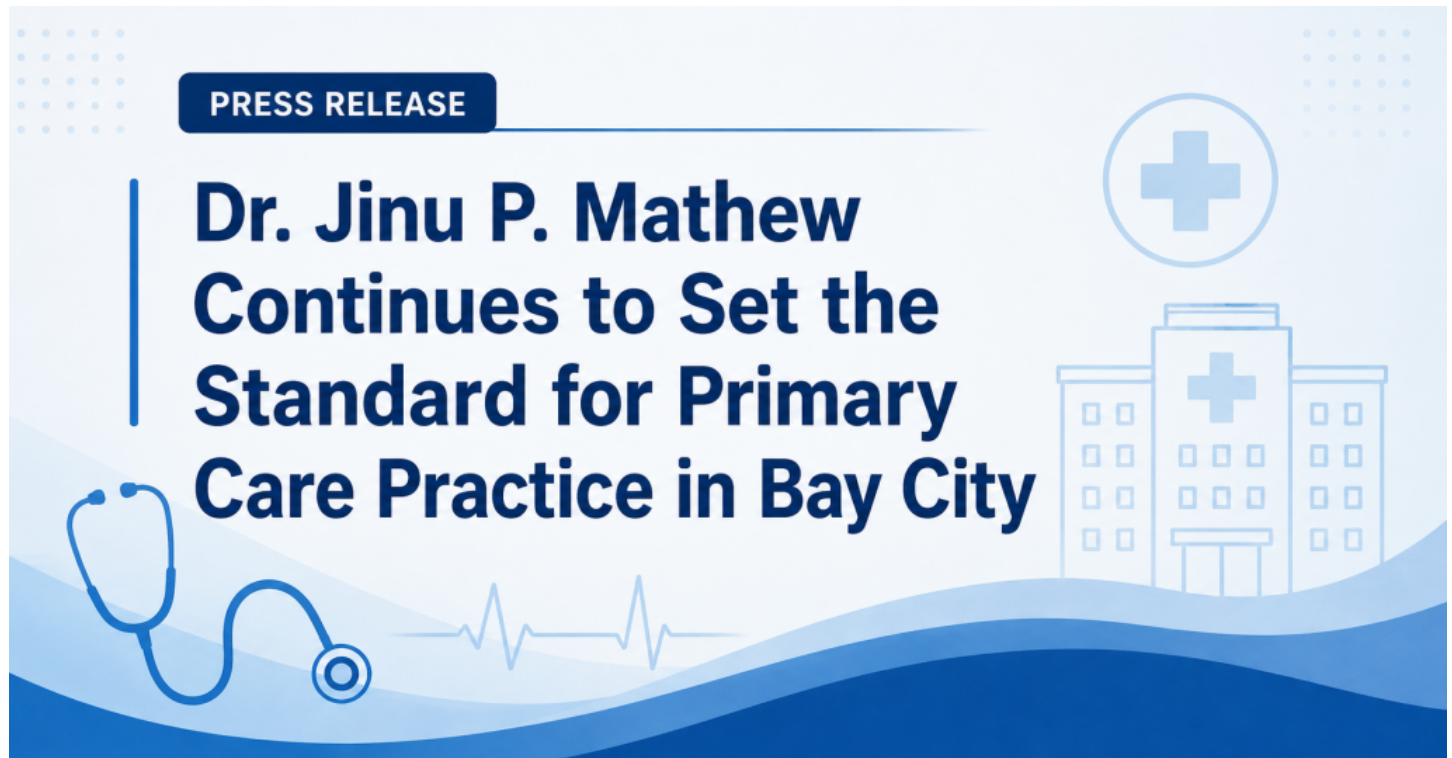


Dr. Jinu P. Mathew Continues to Set the Standard for Primary Care Practice in Bay City

Board certified internist brings a holistic, patient first approach to diabetes care, mental health, and geriatric medicine for families across Bay City, Michigan.



Bay City, Michigan Jul 10, 2026 ([Issuewire.com](https://www.issuewire.com)) - Patients across mid-Michigan looking for a trusted, experienced doctor are increasingly turning to Dr. Jinu P. Mathew, MD, MHA, FACP, a board-certified internist with McLaren Medical Group. Known for his holistic, whole-person approach to care, Dr. Mathew has become one of the most respected names among those searching for a reliable [primary care practice bay city](#) residents can count on.

Dr. Mathew currently practices at McLaren Bay Academic Center for Internal Medicine, located at 3175 West Professional Drive, Suite 1, Bay City, MI 48706. He also serves as the Associate Program Director of the McLaren Bay Internal Medicine residency program and as Clinic Director of the Academic Center itself, roles that place him at the intersection of patient care and medical education.

A Career Rooted in Compassion

Dr. Mathew's path into medicine began early. Growing up, his mother worked as a nurse, and visiting her at the hospital left a strong impression on him as a child. As a teenager, he spent time volunteering at local hospitals, doing everything from running lab samples to transporting patients between departments. He often says those experiences taught him something no textbook could: that even small acts of care can make a real difference in someone's day.

That early lesson shaped the way he practices medicine today. Rather than treating each medical issue as a separate problem to solve, Dr. Mathew takes a broader view. He often explains that his role as a

primary care internist is to put the pieces together and treat the patient as a whole person, not just a set of symptoms. This mindset has made him a sought-after choice for patients who want more than a quick checklist-style appointment.

Strong Academic and Professional Background

Dr. Mathew earned his medical degree from Angeles University Foundation, School of Medicine, and completed his residency training at Trinity Health Livonia. During his residency, he took on multiple leadership roles, including serving as the GME representative for the internal medicine program and captain of the doctor's dilemma team. He also co-authored the Rapid Response handbook used within the program. His performance during training earned him several honors, including intern of the year, best outgoing resident, and most popular resident, recognitions that speak to both his clinical skill and his relationships with colleagues and patients alike.

Following residency, Dr. Mathew went on to complete a Master's in Healthcare Administration and Leadership from Saginaw Valley State University. This additional training gives him a broader understanding of how healthcare systems operate, an advantage that benefits his patients directly. He is not only focused on individual diagnoses but also on how care is delivered, how costs affect patients, and how to make the overall healthcare experience smoother and more effective.

Leadership That Extends Beyond the Exam Room

Dr. Mathew's influence reaches well beyond his own patient panel. He has served as a board member for both his physician group and the Collaborative Care Organization, contributing to decisions that shape care delivery on a larger scale. He has also taken on the role of physician dyad leader and mentors new providers as they join the healthcare system, helping to pass along both clinical knowledge and the patient-centered values he holds close.

Teaching remains one of his greatest passions. As Associate Program Director of the McLaren Bay Internal Medicine residency program, Dr. Mathew plays a direct role in training the next generation of physicians. He has spoken about wanting young doctors to learn how to practice medicine effectively, cost-consciously, and with a patient-centric approach, values he tries to model every day in his own work.

Areas of Clinical Focus

Patients searching for an experienced [internal medicine bay city](#) provider often find that Dr. Mathew's areas of interest align closely with the most common health challenges facing adults today. His clinical focus includes diagnosing complex or difficult-to-identify conditions, managing diabetes, supporting patients dealing with obesity, addressing mental health disorders, and caring for the geriatric population as a whole.

This range of expertise allows Dr. Mathew to serve as a true primary point of contact for many families, reducing the need for frequent referrals and helping patients build a long-term relationship with a doctor who understands their full medical history. For many patients, particularly older adults managing multiple health conditions at once, this kind of continuity of care can make a meaningful difference in both health outcomes and peace of mind.

Why This Matters for the Bay City Community

Access to quality primary care remains a priority for communities across Michigan, and Bay City is no exception. As more patients look for a [family medicine doctor bay city](#) trusts, physicians like Dr. Mathew are playing an important role in filling that need. His combination of clinical expertise, healthcare administration training, and genuine dedication to patient wellbeing positions him as a strong resource for individuals and families seeking dependable, long-term medical care.

For families still searching for a dependable [internal medicine doctor in Bay City](#), Dr. Mathew's profile continues to stand out among local providers.

Colleagues and patients alike often point to his approachable manner as a defining trait. Rather than rushing through appointments, Dr. Mathew is known for taking the time to listen, ask thoughtful questions, and involve patients in decisions about their own care. This collaborative style of medicine reflects a broader shift happening in healthcare, one that values patient engagement just as much as clinical accuracy.

Looking Ahead

As Dr. Mathew continues his work at McLaren Bay Academic Center for Internal Medicine, his focus remains on two things that have guided his career from the beginning: providing excellent patient care and training the physicians who will carry that same standard forward. Whether working directly with patients or mentoring residents, his approach stays consistent: treat people with respect, listen carefully, and never lose sight of the person behind the diagnosis.

For patients in Bay City and the surrounding areas, Dr. Mathew's growing reputation offers reassurance that quality, patient-centered internal medicine care remains close to home.

About McLaren Bay Academic Center for Internal Medicine

McLaren Bay Academic Center for Internal Medicine is part of McLaren Medical Group, providing comprehensive internal medicine services to patients throughout the Bay City, Michigan area. The center combines clinical care with medical education, training future physicians alongside delivering high-quality, patient-focused healthcare services to the community.

Media Contact

McLaren Bay Academic Center for Internal Medicine 3175 West Professional Drive, Suite 1, Bay City, MI 48706. Phone: (989) 667- 3400

Media Contact

Jinu P Mathew, MD, MHA, FACP

*****@gmail.com

(989) 667-3400

<https://www.mclaren.org/main/physician-directory/mathew-jinu-11397>

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