

America's Best in Medicine: Tyrell Simkins, DO, PhD: Advancing Neurology Through Patient Care, Research, and Innovation

Board-Certified Neurologist Combines Specialized Clinical Expertise and Pharmaceutical Research to Improve Outcomes for Patients with Complex Neurological Conditions



Sacramento, California Jul 21, 2026 ([IssueWire.com](https://www.issuewire.com)) - Sacramento, California – Tyrell Simkins, DO, PhD, is a treating and diagnostic neurologist dedicated to advancing neurological care through clinical

expertise, scientific research, and innovative therapies. Through his independent practice, Tyrell J Simkins, DO, PhD, PC, he provides specialized care for patients with concussion, traumatic brain injury (TBI), neuromuscular disorders, and neuroimmunological conditions. In addition to his clinical work, Dr. Simkins contributes to the pharmaceutical industry through clinical research and development focused on emerging therapeutics for neurodegenerative diseases.

Driven by a passion for translating scientific discoveries into meaningful patient outcomes, Dr. Simkins is committed to helping patients access new and advancing treatment options. “I love being able to treat people with new and advancing therapies and make them feel better. That’s advanced through science,” he explains. “Having the ability to work with new therapies that come from scientific research and seeing how they can help patients feel better is what really drives me in my practice.”

Dr. Simkins’ multidisciplinary background reflects his commitment to combining scientific discovery with compassionate patient care. He earned his Bachelor of Science Degree from Boise State University before completing his PhD at Michigan State University while simultaneously pursuing his Doctor of Osteopathic Medicine dDegree at Michigan State University College of Osteopathic Medicine. Following medical school, he completed his neurology residency at UC Davis and pursued advanced subspecialty training through a multiple sclerosis and neuroimmunology fellowship at Oregon Health & Science University (OHSU).

Board-certified by the American Board of Psychiatry and Neurology, Dr. Simkins brings extensive expertise to the diagnosis and management of complex neurological disorders. His clinical interests include conditions affecting the brain, spinal cord, peripheral nerves, and immune system, with a focus on delivering personalized care informed by the latest advances in neuroscience.

Beyond his clinical practice, Dr. Simkins has made significant contributions to neurological research. He has authored numerous peer-reviewed publications appearing in respected scientific journals, including *Amyotrophic Lateral Sclerosis and Frontotemporal Degeneration*, *Neuroradiology Journal*, *Current Neurology and Neuroscience Reports*, *Journal of Neuroimmune Pharmacology*, *Spine*, *Frontiers in Cell and Developmental Biology*, *Cell Death and Differentiation*, and *Neuroscience*. His research reflects a continued commitment to understanding neurological disease mechanisms and developing improved approaches to treatment.

Dr. Simkins is an active member of leading scientific and medical organizations, including the American Academy of Neurology, Sigma Xi, and the Society for Neuroscience. Through these professional affiliations, he remains engaged with ongoing developments in neurological science, clinical innovation, and collaborative research.

By integrating direct patient care with pharmaceutical drug development, Dr. Tyrell Simkins offers a unique perspective in modern neurology. His ability to bridge clinical medicine and translational research allows him to approach complex neurological conditions with diagnostic precision, scientific insight, and a commitment to improving the lives of the patients he serves.

Learn more about Dr. Tyrell Simkins:

Through his America’s Best in Medicine profile, <https://americasbestinmedicine.com/connect/tyrell-simkins>

America’s Best in Medicine

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Source : Dr. Tyrell Simkins

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