

America's Best in Medicine Highlights Eunice Gwanmesia, PhD, MSN, MSHCA, RN: Healthcare Leader, Cultural Strategist, and Advocate for Inclusive Leadership

Nearly Three Decades of Nursing, Healthcare Leadership, and Community Service Dedicated to Empowering People, Strengthening Organizations, and Advancing Cultural Understanding



Wilmington Manor, Delaware Jul 16, 2026 ([Issuewire.com](https://www.issuewire.com)) - Eunice B. Gwanmesia, PhD, MSN, MSHCA, RN, is a nurse, healthcare leader, cultural leadership strategist, author, speaker, and

community advocate whose nearly three decades of service have been defined by compassion, innovation, and a commitment to creating stronger, more inclusive communities. Through her work in healthcare, education, leadership development, and nonprofit advocacy, Dr. Gwanmesia continues to inspire individuals and organizations to embrace cultural understanding, workforce resilience, and meaningful transformation.

Currently serving as a Clinical Manager with Vicdania Health Services, Dr. Gwanmesia provides clinical leadership focused on quality care coordination, staff development, and patient-centered service delivery. In this role, she works to strengthen healthcare teams, improve care processes, and promote excellence in home and community-based care. Her leadership approach emphasizes both exceptional patient outcomes and the well-being of the professionals dedicated to serving others.

Beyond her clinical responsibilities, Dr. Gwanmesia is the CEO and Founder of EUNITY SOLUTIONS, LLC, and the President and Founder of Eunity Delaware, Inc., a 501(c)(3) nonprofit organization committed to fostering unity, belonging, cultural understanding, and community connection. Through these organizations, she develops initiatives focused on inclusive leadership, cross-cultural communication, caregiver wellness, workforce development, organizational transformation, and community engagement.

Her work through EUNITY SOLUTIONS and Eunity Delaware reflects her belief that successful organizations and communities are built through trust, empathy, and the recognition of every individual's value. By equipping leaders with practical strategies for creating inclusive environments, she helps organizations improve collaboration, strengthen relationships, and develop cultures where people feel respected and empowered.

Dr. Gwanmesia's educational background reflects her dedication to both clinical excellence and healthcare leadership. She earned her Bachelor of Science in Nursing from Delaware State University, her Master of Science in Nursing Leadership from Wilmington University, her Master of Science in Healthcare Administration from Wilmington University, and her Doctor of Philosophy in Nursing from the University of Phoenix. Throughout her career, she has served as a clinician, nurse educator, healthcare executive, consultant, keynote speaker, nurse entrepreneur, and award-winning bestselling author.

"What I enjoy most about practicing nursing is the privilege of caring for people during some of the most vulnerable moments of their lives," says Dr. Gwanmesia. "Nursing is something I would choose a million times over because it allows me to connect with people at a human level, beyond their diagnosis, condition, or circumstance."

She believes the greatest rewards of nursing come from witnessing patients regain strength, find hope, and experience meaningful improvements in their lives. For Dr. Gwanmesia, healthcare is not only about clinical expertise—it is about presence, compassion, advocacy, and honoring the dignity of every person.

"As both a nurse and a caregiver, I have learned that caring for others is not only about clinical skill; it is also about presence, compassion, listening, advocacy, and honoring the dignity of each person," Dr. Gwanmesia explains. "Whether I am caring for a patient, supporting a family, or leading a healthcare team, my greatest joy comes from knowing that I made someone feel seen, heard, safe, and cared for."

In addition to her healthcare leadership, Dr. Gwanmesia has made a significant impact through community advocacy and cultural engagement. She is the Founder of Celebrate Delaware Together Day and has led numerous initiatives promoting belonging, inclusive leadership, cultural awareness, and

civic participation. Her community contributions include founding the annual Day of Cultural Heritage Celebration at Delaware State University, serving as the visionary behind the recognition of April 17 as Celebrate Delaware Together Day, and mentoring emerging African leaders through the Mandela Washington Fellowship Program in Delaware.

Dr. Gwanmesia has also held influential board leadership roles with Children & Families First, the Delaware Africa Chamber of Commerce, and SAESA USA, where she serves as Chair of the Board of Trustees. Through these efforts, she continues to advocate for stronger communities and greater opportunities for individuals from diverse backgrounds.

As an author, Dr. Gwanmesia shares her message of identity, acceptance, and inclusion through her award-winning, bestselling book, *The Power of Your Identity*. Created as a resource for parents and educators, the book helps children understand and embrace differences while recognizing the value diversity brings to society.

The inspiration for the book came from her daughter's experience in high school, when she stopped bringing food to school because she spent lunchtime explaining her Cameroonian cuisine to classmates who viewed it as unfamiliar. This experience inspired Dr. Gwanmesia to create a resource that encourages families and educators to begin conversations about diversity early and emphasizes that learning about differences begins with curiosity, understanding, and connection.

Through storytelling and relatable examples, *The Power of Your Identity* encourages children to focus on shared humanity rather than differences that divide them. The book highlights how individuals from different cultures, countries, and backgrounds can build stronger relationships when they approach one another with openness and respect.

Recognized with the Presidential Lifetime Achievement Award for her outstanding service and community impact, Dr. Gwanmesia continues to inspire healthcare professionals, caregivers, women leaders, immigrants, and organizational leaders through her writing, speaking, consulting, and advocacy.

Her lifelong dedication to compassionate care, inclusive leadership, and community empowerment reflects a powerful mission: helping people and organizations create environments where everyone feels valued, connected, and able to thrive.

Learn more about Dr. Eunice Gwanmesia:

Through her America's Best in Medicine profile, <https://americasbestinmedicine.com/connect/Eunice-Gwanmesia> or through her website, <https://eunitysolutions.com/>

America's Best in Medicine

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Source : Dr. Eunice Gwanmesia

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