

Robert Hilson Releases Paranormal Novel "Phantoms of the Fort" — History Refuses to Rest

A supernatural narrative set in historic Ontario forts explores how history, memory, and unseen forces collide in confined spaces of the past.



Acton, Ontario Jun 8, 2026 (IssueWire.com) - Robert Hilson, who writes under the pen name C.T. Shooting Star, has released *Phantoms of the Fort*, a paranormal fiction novel set within Ontario's historic British military forts. The book follows two brothers whose decision to join a student military program leads them into an environment where history appears to resist remaining in the past.

Danny and Alan Hood enter the forts expecting discipline, structure, and historical education. Instead, they encounter unexplained phenomena within the stone corridors where generations of soldiers once lived and died. As night falls, the fort's atmosphere shifts, and the brothers confront presences that challenge their understanding of time, memory, and reality.

The novel builds tension around the idea that places marked by conflict may retain emotional and psychological imprints of those who once occupied them. Within the narrative, the fort functions as both setting and catalyst, forcing the characters to confront manifestations that range from curious and guiding to hostile and unpredictable. The story escalates as the brothers are pushed to determine

whether their commitment to duty and each other is sufficient to withstand what emerges from the structure's hidden past.

Hilson uses the framework of historical military sites to explore how environment and memory intersect in ways that defy conventional explanation. The narrative draws on themes commonly found in paranormal literature while grounding its tension in the psychological strain of isolation and uncertainty. The result is a story that examines fear not only as an external force, but also as a response shaped by perception and belief.

"Some places do not feel empty, even when they should be," Hilson said. "The idea behind *Phantoms of the Fort* was to explore what happens when history is not just remembered, but experienced in a way that refuses to stay in the past."

Robert Hilson, also known as C.T. Shooting Star, is a writer whose work focuses on paranormal experience, spiritual awareness, and interpretations of unseen phenomena. His perspective is shaped by personal encounters and a longstanding interest in energy, perception, and protective awareness within uncertain environments. Through his writing, he encourages readers to examine reality beyond conventional boundaries and consider the possibility of influences that exist outside of ordinary perception. Learn more [here](#).

Phantoms of the Fort is now available on [Amazon](#).

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