

Released From the Human Identity Crisis & Spiritual Dis-ease Presents a Courageous Vision of Hope and Restoration

KAYA GIBSON

RELEASED



Seifuala Adnorhijah Kaya

Tomah, Wisconsin Jun 2, 2026 (IssueWire.com) - Visionary author and spiritual guide SahjKaya El also known by her pen name Kaya Gibson announces the release of her groundbreaking new book, ***RELEASED: From the Human Identity Crisis & Spiritual Dis-ease***, an unflinching exploration of why humanity suffers and how we can stop pretending and start truly living.

About the Book

RELEASED follows Kaya, an indomitable spirit on a journey of divine human resilience. From a childhood moment of deep questioning to an unflinching reckoning with humanity's greatest wounds, the book traces one soul's unwavering pursuit of redemption for herself, and for all of us.

At its heart, *RELEASED* is a call to awareness. It invites readers to confront the spiritual dis-ease that drives division, ego, and collective suffering, and to discover the real joy that remains possible even through catastrophe. SahjKaya El writes not to preach, but to ignite a profound and honest conversation about the human condition and our shared responsibility for the world we inhabit.

“Ready for an honest look at life’s dis-ease and the path to healing?”

About the Author

SahjKaya El also known as Kaya Gibson is a passionate storyteller, spiritual channel, and Priestess of Maat Temple Sanctuary of Life. With over four decades of lived experience, advocacy, and public engagement, her work is deeply rooted in the human condition: seeking truth, healing, and the liberation of the human spirit.

Drawing from her own spiritual journey and personal experiences, SahjKaya El writes with a voice that is both compassionate and bold. She embodies the Divine Feminine a channel for Source guiding readers to stop pretending and start truly living. Her work is a testament to the knowledge that love is not a sentiment but the most powerful source in existence.

She is the founder of the Equalitarian Humane Race Party and can be found at **equalitarianhumaneraceparty.com**. For a broader view of her decades of work, search “SahjKaya” online.

A Message from the Author

“The world has gone so long for the love of vanity. As long as humanity is divided by ego, selfishness, and ingratitude, we will remain mentally, spiritually, and emotionally enslaved. But love — real love — is invincible. It is the SOURCE. And now, you get to choose.”— SahjKaya El

What Inspired the Book

SahjKaya El began writing not with publication in mind, but out of a deep need to be heard. “There were no ears to listen to, so I spoke to pages as if I was having a conversation with someone who cared.” What began as a private outpouring became a universal message: that inquiring minds deserve truth,

not knowledge built on deception. *RELEASED* is the result of that conversation — raw, revelatory, and necessary.

Author's Website

equalitarianhumaneraceparty.com

Book Availability

Released is now available on Amazon:

<https://www.amazon.com/Released-Kaya-Gibson/dp/B0BSJLT987/ref>



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