

Jorge A. Zamora-Legoff, M.D.: Associate Chief Of Staff For Primary Care At Va Texas Valley Coastal Bend HCS Health

Internal Medicine Physician and VA Healthcare Leader Advances Systemwide Improvements in Access, Quality, and Patient Experience Across South Texas



Harlingen, Texas Jun 18, 2026 ([Issuewire.com](https://www.Issuewire.com)) - Jorge A. Zamora-Legoff, M.D., is an internal medicine physician and healthcare leader serving as Associate Chief of Staff for Primary Care at the VA Texas Valley Coastal Bend Health Care System in Harlingen, Texas. Recognized for his clinical

expertise and administrative leadership within the Veterans Health Administration (VHA), Dr. Zamora-Legoff has played a pivotal role in advancing patient-centered care delivery across one of the fastest-growing VA healthcare systems in the United States.

Fluent in both English and Spanish, Dr. Zamora-Legoff has dedicated his career to improving healthcare access, efficiency, and quality for Veterans in South Texas. His work spans clinical practice, system leadership, urgent care, and environmental and toxic exposure-related medicine, reflecting a broad and deeply integrated approach to modern healthcare delivery.

Within the VA system, Dr. Zamora-Legoff has consistently demonstrated strong leadership in primary care transformation. From 2020 to 2022, he served as Chief Medical Officer and Primary Care Physician at the VA McAllen Outpatient Clinic, where he oversaw clinical operations and helped strengthen care coordination efforts. In this role, he contributed to improving workflow efficiency and enhancing the overall patient experience within a high-volume outpatient environment.

Since 2022, Dr. Zamora-Legoff has served in his current leadership position as Associate Chief of Staff for Primary Care, where he oversees systemwide initiatives focused on improving clinic operations, reducing wait times, and enhancing access to care. His leadership emphasizes high-reliability principles, multidisciplinary collaboration, and continuous quality improvement, with a strong focus on aligning clinical operations with Veteran needs.

Under his guidance, the VA Texas Valley Coastal Bend Health Care System has achieved significant recognition for excellence in patient care. The system received the VHA Best Patient Experience Award for a Level 2 Complexity Facility in both 2023 and 2025. In addition, Dr. Zamora-Legoff played a key role in the organization earning the VHA Top Performer Award for Primary Care Sprint Access Wave in 2023, underscoring his impact on improving timely access to care and system performance outcomes.

Dr. Zamora-Legoff holds a background in Chemistry and Biology from Southwestern University and earned his Doctor of Medicine Degree from Universidad Autónoma de Guadalajara School of Medicine in 2014. Early in his career, he completed a research fellowship in rheumatology and immunology at the Mayo Clinic in Rochester (2015–2016), where he contributed to studies focused on autoimmune disease, interstitial lung disease, and medication utilization patterns.

He went on to complete his internal medicine residency and internship at UT Rio Grande Valley and Valley Baptist Medical Center between 2017 and 2020, where he further developed his clinical expertise in internal medicine and complex patient care management.

In addition to his clinical and administrative responsibilities, Dr. Zamora-Legoff maintains an active academic and research portfolio. His published work appears in peer-reviewed journals such as *Clinical Rheumatology*, *Rheumatology (Oxford)*, and *Arthritis & Rheumatism*. His research interests include rheumatologic diseases, interstitial lung disease outcomes, and opioid utilization patterns. He has also presented at major international conferences, including the American College of Rheumatology (ACR) and EULAR, contributing to ongoing advancements in medical science and evidence-based care.

Reflecting on his work, Dr. Zamora-Legoff emphasizes the importance of the physician-patient relationship and the mission-driven nature of VA healthcare.

“I know it sounds cliché, but for me, it’s all about the physician-patient relationship, practice environment, and Veteran-centered culture,” he says. “I feel privileged to care for the thousands of Veterans in our South Texas region and to be part of one of the fast-growing VA healthcare systems.”

He adds, “Over the past several years, our primary care patient population has doubled—from around 23,000 to just under 50,000 actively enrolled patients. That growth has given me the opportunity to find innovative solutions to care delivery obstacles, improve the culture of practice at our facility, and build a robust Veteran-centered clinical environment. Everything we do is focused on the patient experience—it’s all about the Veteran.”

Through his leadership, clinical expertise, and commitment to continuous improvement, Dr. Jorge A. Zamora-Legoff continues to make a lasting impact on Veteran healthcare delivery across the region, strengthening both system performance and patient experience outcomes.

Learn more about Dr. Jorge A. Zamora-Legoff:

Through his America’s Best in Medicine profile, <https://americasbestinmedicine.com/providers/jorge-zamora-legoff>

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