

## Jordan Jones, LCSW-C, Client-Centered Mental Health Care Through Evidence-Based Therapy and Compassionate Support

Licensed Clinical Social Worker Helps Individuals Navigate Anxiety, Depression, Trauma, and Behavioral Health Challenges Through Personalized Treatment



**Towson, Maryland Jun 23, 2026 ([IssueWire.com](https://www.IssueWire.com))** - Jordan Jones, LCSW-C, is a Licensed Clinical Social Worker-Certified dedicated to helping individuals improve their mental health and overall well-

being through evidence-based therapy and personalized care. With more than four years of experience in outpatient mental health treatment, Jones has developed a strong reputation for providing compassionate, client-centered services to individuals facing a wide range of psychiatric and behavioral health challenges.

Throughout his career, Jones has worked within a long-established community mental health agency serving Medicaid and Medicare populations. In this role, he has provided treatment and support for clients experiencing anxiety, depression, bipolar disorder, attention-deficit/hyperactivity disorder (ADHD), trauma-related conditions, and behavioral challenges in children. His experience working with diverse populations has strengthened his ability to adapt treatment approaches to meet the unique needs and goals of each individual he serves.

Jones began his academic journey at Bridgewater College, where he earned a Bachelor of Arts Degree in psychology. It was there that he developed a strong interest in human behavior, emotional well-being, and the factors that influence mental health. Motivated by a desire to help others navigate life's challenges, he continued his education at the University of Denver, earning a Master of Social Work and further refining his clinical skills and therapeutic approach.

Since completing his graduate studies, Jones has achieved his LCSW-C certification, demonstrating his commitment to professional excellence, ethical practice, and continued growth within the field of behavioral health.

A defining feature of Jones's practice is his emphasis on accessibility and flexibility. He utilizes a hybrid care model that includes in-person, video, and telephone-based therapy sessions, allowing clients to receive support in a manner that best fits their needs and circumstances. This approach helps reduce barriers to care while promoting consistent engagement in treatment.

Jones believes that effective therapy begins with understanding each client's unique experiences and perspective. He routinely explores previous therapy experiences with clients to identify what has been helpful, what has not worked, and how treatment can be tailored to support meaningful progress. This collaborative process allows clients to take an active role in shaping their treatment goals and outcomes.

His therapeutic approach integrates several evidence-based modalities, including Cognitive Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT), Acceptance and Commitment Therapy (ACT), Motivational Interviewing, Solution-Focused Therapy, and Trauma-Informed interventions. While his work spans a variety of mental health concerns, his primary areas of focus include anxiety and depression, where he applies structured, goal-oriented strategies to help clients build resilience, develop coping skills, and improve daily functioning.

Jones remains committed to ongoing learning and professional collaboration, continually refining his practice through feedback from clients, colleagues, and emerging research. He views the therapeutic relationship as a cornerstone of successful treatment and believes that trust, empathy, and shared decision-making are essential to lasting change.

Through his dedication to individualized care and evidence-based treatment, Jordan Jones continues to help clients build confidence, strengthen resilience, and achieve meaningful improvements in their mental health and quality of life.

**Learn more about Jordan Jones:**

Through his America's Best in Medicine profile, <https://americasbestinmedicine.com/connect/Jordan-Jones>

## **America's Best in Medicine**

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## **Media Contact**

America's Best in Medicine

\*\*\*\*\*@americasbestinmedicine.com

1-877-346-0175

<https://americasbestinmedicine.com>

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