

## Dr. Jordan Purewal, Advances Surgical Excellence Through Expertise in Bariatric and General Surgery

Board-Certified Surgeon Combines Advanced Clinical Training, Academic Leadership, and Compassionate Care to Transform Patient Outcomes in San Antonio



**San Antonio, Texas Jun 10, 2026 ([IssueWire.com](https://www.IssueWire.com))** - Dr. Jordan Purewal, a board-certified general surgeon specializing in bariatric surgery, foregut surgery, and general surgery, is making a meaningful impact on patient care through his dedication to surgical excellence, education, and compassionate

treatment. With advanced training and a patient-centered approach, he continues to help individuals improve their health and quality of life throughout the San Antonio community.

Dr. Purewal earned his Doctor of Medicine degree from St. George's University School of Medicine in 2019 before completing his residency in general surgery at Jersey Shore University Medical Center in 2024. During his residency, he distinguished himself as both a skilled clinician and respected leader, serving as administrative chief resident. His commitment to patient care and teamwork earned him recognition from the nursing staff as an exemplary resident, highlighting his professionalism, clinical expertise, and leadership abilities.

Following residency, Dr. Purewal pursued specialized fellowship training in bariatric surgery at BMI of Texas, one of the nation's recognized centers for metabolic and weight-loss surgery. His outstanding performance during fellowship led to his appointment as a staff surgeon in August 2025. Today, he practices with a private surgical group in San Antonio and provides care across the Methodist and Baptist hospital systems, treating a wide range of surgical conditions while helping patients achieve lasting improvements in their health.

In addition to his clinical responsibilities, Dr. Purewal serves as an Associate Professor within the Bariatric Fellowship Program at BMI of Texas. In this academic role, he mentors surgical fellows, contributes to curriculum development, and helps train future leaders in bariatric surgery. His commitment to education reflects a broader mission to advance the field while maintaining the highest standards of patient care.

Medicine has long been a part of Dr. Purewal's life. Raised in a family dedicated to healthcare, he was inspired by his mother, an ICU nurse, and his father, a cardiac surgeon. Their influence helped shape his passion for medicine and his belief in the importance of trust, compassion, and meaningful patient relationships.

"I truly value the relationships I build with my patients. In surgery, there's a unique satisfaction in helping people in an immediate and meaningful way. Bariatric surgery, in particular, is incredibly rewarding because I get to witness patients transform their lives—regaining health, mobility, and the activities they enjoy most. That's what drew me to bariatrics in the first place. In general surgery, I often see patients at some of their most challenging moments, and being able to help them recover and return to health is equally fulfilling," says Dr. Purewal.

Throughout his career, Dr. Purewal has remained actively involved in leading professional organizations, including the American Society for Metabolic and Bariatric Surgery, the American College of Surgeons, and the Society of American Gastrointestinal and Endoscopic Surgeons. He has also presented research and clinical work at the Texas Bariatric Society and contributed to the surgical literature through publications, video presentations, and case studies.

Recognized for his commitment to improving lives through surgery, Dr. Jordan Purewal continues to guide patients through life-changing procedures that enhance health, mobility, and longevity. Whether performing bariatric surgery or addressing complex general surgical needs, he remains dedicated to delivering exceptional outcomes through technical expertise, compassionate care, and an unwavering focus on patient well-being.

### **Learn more about Dr. Jordan Purewal:**

Through his America's Best in Medicine

profile, <https://americasbestinmedicine.com/providers/Jordan-Purewal> or through his profile on BMI of Texas, <https://bmioftexas.com/our-expert-team/dr-purewal>

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Source : Dr. Jordan Purewal

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