

Brianne Carroll, PT, DPT, OCS, NCS Advances Patient-Centered Rehabilitation Through Orthopedic And Neurologic PT Care

Board-Certified Physical Specialist at NYU Langone Orthopedic Center Provides Advanced Rehabilitation, Education, and Performance-Based Care



New York City, New York Jun 1, 2026 ([IssueWire.com](https://www.IssueWire.com)) - Brianne Carroll, PT, DPT, OCS, NCS, is a highly accomplished physical therapist with advanced clinical expertise in orthopedic, neurologic, and

performance-based rehabilitation. She earned her Doctorate in Physical Therapy from CUNY Graduate Center of NY, Hunter College in May 2015, following a Bachelor of Science in Exercise Science with a minor in Biology from Manhattan University in June 2012. Her academic training provided a strong foundation in human movement science, biomechanics, and evidence-based rehabilitation that continues to guide her clinical practice.

Brianne currently serves as a Senior II Physical Therapist at NYU Langone Orthopedic Center in New York, a role she has held since January 2021. She provides individualized one-on-one outpatient orthopedic care, including comprehensive evaluations, development of treatment plans, re-evaluations, and insurance management across Medicare, Medicaid, and private insurers. Her approach emphasizes clinical precision, functional outcomes, and patient-centered rehabilitation strategies.

In addition to her clinical responsibilities, Brianne serves as a chart auditor for Medicare documentation compliance. She performs detailed reviews of clinical documentation, provides structured feedback, generates statistical analyses, and supports staff development through coaching and onboarding. She has also streamlined auditing processes to improve data collection, consistency, and individualized clinician performance feedback.

Her leadership within NYU Langone Orthopedic Center includes annual presentations on compliance data, documentation improvements, and clinical quality initiatives. She has delivered numerous in-services and community lectures on orthopedic and sports medicine topics, contributing to staff education and public outreach. She is also trained with the NYU Run Lab team, where she participates in advanced running assessments using video analysis and interdisciplinary case discussions.

Previously, Brianne worked at Burke Rehabilitation Hospital from October 2016 to January 2021 as a Level II Staff Physical Therapist. In this role, she treated patients across orthopedic, neurologic, concussion, pulmonary, and pelvic floor rehabilitation populations. She incorporated advanced rehabilitation technologies, including Bioness systems, functional electrical stimulation, LiteGait body-weight-supported treadmill training, and standing frame interventions, to optimize recovery and functional independence.

Earlier in her career, Brianne served at NYU Langone Medical Center in Brooklyn from August 2015 to September 2016. She provided inpatient physical therapy services across medical-surgical, intensive care, and cardiac and pulmonary step-down units. She collaborated with multidisciplinary teams during daily rounds and supported patients in cardiac rehabilitation through monitoring, patient education, EKG interpretation, and safe progression of activity.

Beyond her clinical practice, Brianne has an extensive background in research, education, and professional presentations. She has presented at national and international conferences, including the APTA Combined Sections Meeting and the World Congress on Physiotherapy, Rehabilitation & Sports Medicine. Her work includes topics such as shoulder rehabilitation in swimmers, neuromuscular stabilization in dropped head syndrome, and sports injury prevention, as well as guest lecturing and community-based education initiatives.

Brianne is also actively engaged in research, publications, continuing education, and community service. She has contributed to peer-reviewed publications and clinical education articles, and participates in adaptive sports programs, marathon events, and Special Olympics initiatives. She holds advanced board certifications as an Orthopedic Clinical Specialist (OCS) and Neurologic Clinical Specialist (NCS), reflecting her commitment to clinical excellence, lifelong learning, and advancing the field of physical therapy.

Learn more about Dr. Brianne Carroll:

Through her America's Best in Medicine profile, <https://americasbestinmedicine.com/connect/Brianne-Carroll> or through her profile on NYU Langone Health, <https://nyulangone.org/doctors/1669848982/brianne-e-carroll>

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Media Contact

America's Best in Medicine

*****@americasbestinmedicine.com

1-877-346-0175

<https://americasbestinmedicine.com>

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