

## B.F. Raid Returns to Matt Connarton Unleashed Following the Release of Combat Zone

Shortly after the release of *Combat Zone* B.F. Raid returns to *Matt Connarton Unleashed* on August 22 at 10:00 AM ET. The band will discuss the new album and reflect on how their 2024 appearance helped launch *Raided Again* through global radio airplay.



**Boston, Massachusetts Jun 25, 2026** ([Issuewire.com](http://Issuewire.com)) - Shortly after the release of their highly anticipated new album, **Combat Zone**, Boston heavy metal band **B.F. Raid (Boston's Final Raid)** will return to **Matt Connarton Unleashed** on **Saturday, August 22, at 10:00 AM (ET)** for an exclusive

interview discussing the making of the album, the stories behind its songs, and the remarkable journey that has taken place since the band's last appearance on the program.

For B.F. Raid, this interview represents far more than another stop on the promotional trail. It marks a return to the very show that helped propel the band's comeback album, *Raided Again*, to audiences around the world.

In November 2024, shortly after the release of *Raided Again*, Bruce Owens, Bill Kotowski, and Moose Howard joined Matt Connarton in the studio to discuss B.F. Raid's first new album in more than four decades. During the conversation, they reflected on the band's beginnings in the early 1980s Boston metal scene, the decision to reunite after so many years, and the creative process behind an album that reintroduced B.F. Raid to longtime fans while reaching an entirely new audience.

The interview was honest, personal, and filled with stories that resonated with listeners. Rather than simply promoting an album, the band shared the history, friendships, and perseverance that made their return possible. The conversation allowed fans to reconnect with B.F. Raid on a personal level and introduced many first-time listeners to one of Boston's forgotten heavy metal pioneers.

That appearance proved to be a pivotal moment in the promotion of *Raided Again*. Following the interview, the album received additional radio airplay across the United States and around the world, opening the door to magazine features, podcasts, interviews, and other media coverage. What began as a conversation on **Matt Connarton Unleashed** quickly became the catalyst for a successful promotional campaign that introduced B.F. Raid to thousands of new listeners while reconnecting the band with longtime fans who remembered their early days on the Boston club circuit.

The success of *Raided Again* also sparked something unexpected.

What began as a reunion project quickly evolved into an explosion of creativity. Instead of slowing down after completing their first album in decades, the band found themselves writing continuously. New ideas emerged, musical boundaries expanded, and the excitement surrounding *Raided Again* inspired B.F. Raid to push themselves even further than before.

The result is **Combat Zone**, an album that represents not only the next chapter in the band's history, but arguably its most ambitious artistic statement.

Inspired by Boston's legendary Combat Zone district and the people, places, and experiences that shaped the band's members, the album explores themes of friendship, survival, temptation, redemption, loss, humor, and resilience. Rather than simply revisiting the past, *Combat Zone* transforms real experiences into vivid musical stories that capture the spirit of a city and an era that helped define B.F. Raid.

Musically, the record continues the band's signature blend of classic heavy metal while incorporating progressive arrangements, punk energy, psychedelic textures, blues influences, and unexpected twists that reflect more than forty years of musical growth. The result is an album that remains unmistakably B.F. Raid while demonstrating a willingness to explore new creative territory.

During the August 22 interview, B.F. Raid will discuss the inspiration behind many of the songs on *Combat Zone*, the recording sessions in Boston, the evolution of the band's songwriting, and the response to the newly released album. The band will also reflect on everything that has happened since their first appearance on Matt Connarton Unleashed and discuss what's next as B.F. Raid continues

expanding its audience around the world.

"Coming back to Matt's show feels like coming full circle," said guitarist Bruce Owens. "When we were here after the release of *Raided Again*, we were excited just to have new music out after all those years. Matt gave us the opportunity to tell our story, and that interview became the starting point for everything that followed. It helped open the door to radio airplay across the globe, media coverage, and thousands of new listeners. Returning now, shortly after the release of *Combat Zone*, is the perfect way to celebrate this new album and the incredible journey we've been on."

Bruce Owens added, "The response to *Raided Again* exceeded every expectation we had, and a big part of that story started with our appearance on Matt Connarton Unleashed. We're excited to come back, talk about *Combat Zone*, share some of the stories behind the songs, and let everyone know where B.F. Raid is headed next. We believe this is our strongest music yet."

For Matt Connarton, the show has always been about giving musicians the opportunity to tell their stories in a meaningful way. That approach made the band's first appearance memorable, and it makes this return especially significant. Nearly two years after discussing *Raided Again*, B.F. Raid returns with another completed album, a growing international audience, and a story that continues to unfold.

Fans can expect an entertaining conversation covering the band's remarkable resurgence, behind-the-scenes stories from the making of *Combat Zone*, reflections on the success of *Raided Again*, and an inside look at what lies ahead for one of Boston's longest-running heavy metal bands.

The August 22 broadcast represents another milestone in B.F. Raid's continuing resurgence. By returning to the same program that helped launch the *Raided Again* media campaign, the band comes full circle while beginning the next phase of promoting *Combat Zone*.

Tune in to **Matt Connarton Unleashed** on **Saturday, August 22, at 10:00 AM (ET)** as B.F. Raid celebrates the release of *Combat Zone*, reflects on an extraordinary comeback, and looks ahead to the future.

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