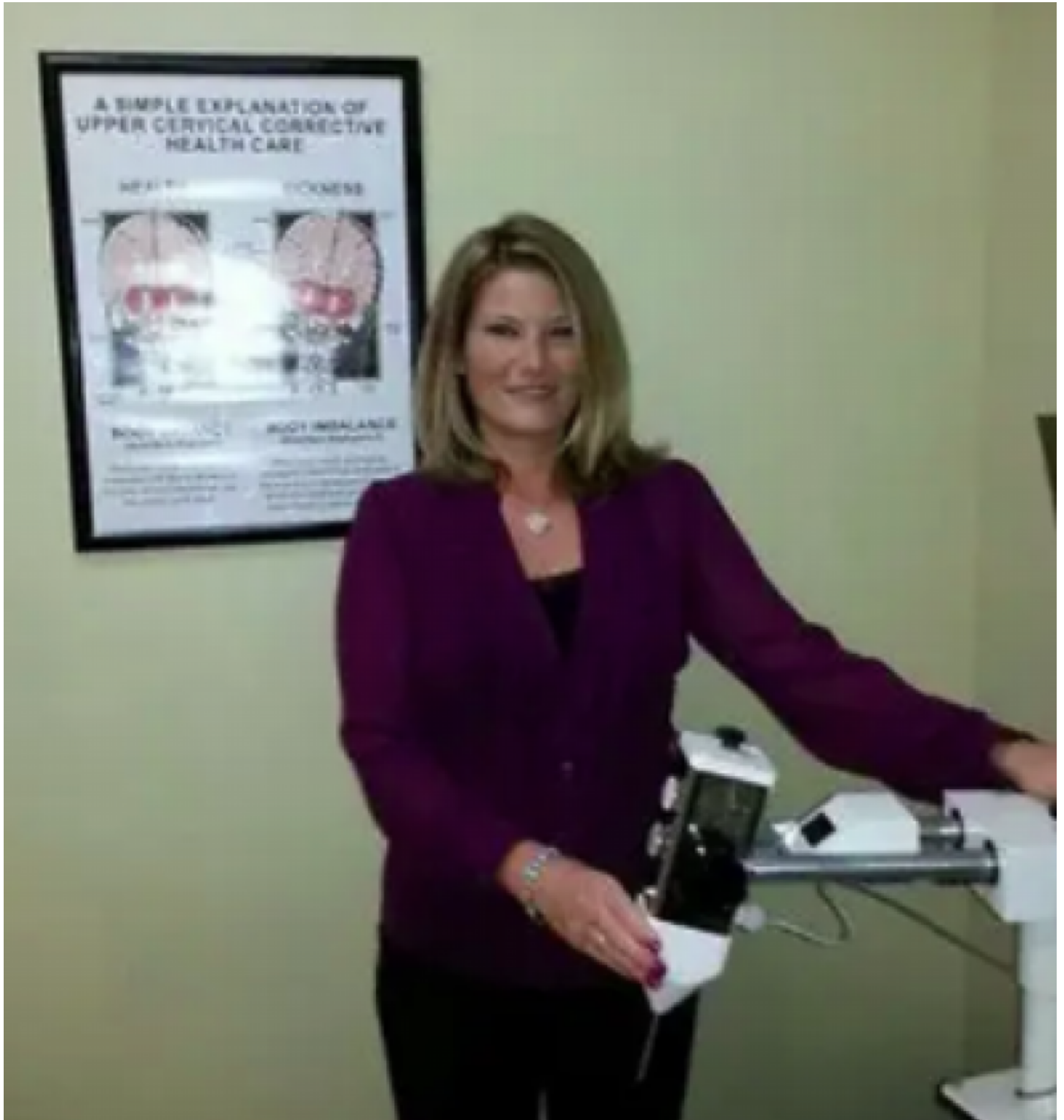


## America's Best in Medicine Profiles Vanessa Shields-Fiore, DC, BCO, DEM, PScD: Founder of New Life Chiropractic Center

Experienced Chiropractor Integrates Advanced Upper Cervical Care, Energy Medicine, and Clinical Nutrition to Help Patients Restore Health, Balance, and Vitality



**Plantation, Florida Jun 26, 2026 ([IssueWire.com](https://www.IssueWire.com))** - Vanessa Shields-Fiore, DC, B CAO, DEM, PScD, is an accomplished chiropractor, wellness advocate, and Founder of New Life Chiropractic Center in Plantation, Florida. For more than 18 years, she has been dedicated to helping individuals and families achieve better health through personalized, patient-centered care that integrates chiropractic medicine, nutritional support, and holistic healing techniques.

At New Life Chiropractic Center, Dr. Shields-Fiore's mission is to promote a healthier and happier community by providing the highest quality chiropractic care, massage therapy, and clinical nutritional support. The practice blends time-honored healing principles with modern technology, creating customized treatment plans designed to address each patient's unique needs and health goals.

Dr. Shields-Fiore's path to chiropractic medicine began with a personal experience that changed the course of her life. Following a serious car accident, she discovered the profound benefits of natural healing and chiropractic care. Inspired by her recovery, she pursued a career dedicated to helping others overcome pain, restore function, and improve their overall well-being through non-invasive, holistic approaches.

She earned her Doctorate of Chiropractic from Sherman College of Chiropractic after completing undergraduate studies at Bucks County Community College, Greenville Technical College, and Excelsior College, where she received a Bachelor of Science in Chemistry. Throughout her career, she has continued to expand her expertise through advanced education and specialized training.

Among her many professional achievements, Dr. Shields-Fiore is recognized as a Board Certified Atlas Orthogonal Chiropractor, placing her among a select group of practitioners worldwide specializing in upper cervical care and the Atlas Orthogonal technique. She also holds a Diplomate in Energy Medicine from the American Association of Integrative Medicine and has completed advanced certifications in Applied Kinesiology and Clinical Nutrition.

Her integrative approach to healthcare extends beyond traditional chiropractic treatment. Dr. Shields-Fiore incorporates a variety of holistic and energy-based modalities into her practice, including The Emotion Code, Meridian Response Technique, and nutritional testing. By combining these methods, she seeks to identify and address underlying imbalances that may contribute to physical discomfort and diminished health.

Equally passionate about education, Dr. Shields-Fiore regularly hosts wellness seminars and in-office classes designed to empower individuals with knowledge about their bodies and health. She believes that informed patients are better equipped to make positive lifestyle choices and achieve lasting wellness.

"What I love most about what I'm doing is helping people get their life and their health back. I'm really happy when I can help someone," says Dr. Shields-Fiore. "It's incredibly rewarding to see patients regain control of their health and wellbeing through the natural healing approaches we use in the practice."

Outside of her professional responsibilities, Dr. Shields-Fiore enjoys gardening, spending time at the beach, and competing in pool tournaments. Her dedication to the sport has earned her recognition as a multi-time MVP and National 8-Ball Team Champion.

Through her leadership at New Life Chiropractic Center and her commitment to holistic healing, Dr. Vanessa Shields-Fiore continues to make a meaningful impact on the lives of her patients, helping them

achieve greater health, balance, and vitality.

### **Learn more about Dr. Vanessa Shields-Fiore:**

Through her America's Best in Medicine profile, <https://americasbestinmedicine.com/connect/vanessa-shields-fiore>, or through her website, <https://www.topdocfl.com/>

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Source : Dr. Vanessa Shields-Fiore

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