

## America's Best in Medicine Features Josie Mullally: Holistic Health Counselor and Direct Support Professional

Providing Person-Centered Care for Individuals with Developmental Disabilities Through In-Home and Community-Based Support



**Aspen, Colorado Jun 26, 2026 ([IssueWire.com](https://www.IssueWire.com))** - Josie Mullally is a dedicated Holistic Health Counselor and Direct Support Professional based in Cedaredge, Colorado, who has devoted her adult life to serving individuals with developmental disabilities. Her career is rooted in compassionate, person-

centered care that combines hands-on support with a strong commitment to improving quality of life for vulnerable populations. Through years of caregiving experience, she has built a reputation for delivering dignified, comprehensive, and individualized support tailored to each client's unique needs and goals.

Josie operates as an independent contractor through two LLCs, Holistic Health Counselor and Grand Mesa Care, providing services that include hospice support, group home management, foster care assistance, and in-home care for developmentally disabled adults. Her work spans structured residential environments and private home settings, allowing her to adapt care plans to promote stability, independence, and comfort. She has increasingly focused on in-home care models that encourage continuity and improved quality of life outside traditional institutional settings.

In addition to her caregiving work, Josie serves as legal guardian for eight individuals with developmental disabilities, working closely with the court system to safeguard their rights, safety, and well-being. She manages complex care arrangements, coordinates services, and advocates for individuals requiring lifelong support. Her approach emphasizes consistency, stability, and strong advocacy across both medical and legal systems, ensuring each individual receives reliable care and protection throughout their daily lives and long-term planning.

Josie has pursued training in natural medicine, health coaching, and psychological coaching, strengthening her holistic approach to care. She maintains CPR, First Aid, and CNA certifications, supporting her hands-on responsibilities. Her work has been recognized publicly, including a feature on the television program *Women in Power*, highlighting her commitment to improving lives through compassionate, integrative care.

Through her work, Josie Mullally continues to advance a model of care rooted in dignity, advocacy, and holistic support, helping individuals with developmental disabilities live safer, more stable, and more empowered lives.

### **Learn more about Josie Mullally:**

Through her America's Best in Medicine profile, <https://americasbestinmedicine.com/connect/Josie-Mullally>

### **America's Best in Medicine**

America's Best in Medicine is a specialist online platform dedicated to amplifying the voices of leading healthcare professionals across the United States. They bring together top healthcare providers from all specialties and cities to share expert-driven articles, research, commentary, and clinical insight. Their core purposes are to showcase excellence in healthcare, build trust between providers and the public, and ensure that expert voices are elevated and heard in shaping medicine. Through their platform, users can access a community of leaders, opportunities for providers to share expertise, and trusted guidance for patients and peers alike.

### **Media Contact**

America's Best in Medicine

\*\*\*\*\*@americasbestinmedicine.com

1-877-346-0175

<https://americasbestinmedicine.com>

Source : Josie Mullally

[See on IssueWire](#)