

## Virginia Grace-Braun, M.A., LPCC, Delivers Compassionate, Integrative Mental Health Care in Cloverdale, California

Experienced Counselor Combines Evidence-Based Practices, Mindfulness, and Social Awareness to Support Lasting Well-Being



**Claremont, California May 6, 2026** ([Issuewire.com](https://www.Issuewire.com)) - Virginia Grace-Braun, M.A., LPCC, is a Licensed Professional Clinical Counselor with more than 24 years of experience providing thoughtful, compassionate mental health care to individuals, couples, families, and groups. Known for her integrative, client-centered approach, Virginia supports clients in navigating emotional distress, life

transitions, and complex psychological challenges while fostering resilience, clarity, and overall well-being.

Practicing in Cloverdale, California, Virginia, offers comprehensive assessment, diagnosis, and treatment across a broad spectrum of mental health concerns. She works with individuals facing acute and ongoing psychological difficulties, as well as those seeking personal growth, improved relationships, and greater life balance. She is particularly recognized for her ability to quickly identify underlying patterns and core emotional needs, helping clients translate insight into meaningful, real-world change.

Virginia's approach is grounded in both clinical expertise and a holistic understanding of mental health. She integrates evidence-based modalities—including cognitive and behavioral therapies—with mindfulness, somatic awareness, and lifestyle-based strategies that support the whole person. Her work also reflects a deep consideration of the broader factors that shape well-being, including family systems, culture, social dynamics, and major life transitions.

"I find great fulfillment in helping my clients navigate life's challenges, improve their well-being, and achieve a sense of balance and clarity," Virginia shares. "Being able to support someone through difficult times and witness their growth is incredibly meaningful."

Virginia holds a Master's degree in Counseling Psychology from the University of Oregon and is licensed in the state of California as a Licensed Professional Clinical Counselor (LPCC #397). She also holds a National Provider Identifier (NPI: 1447671037).

She practices in Cloverdale, California, and is available for appointments. For inquiries, please contact [contact@mindmeld.games](mailto:contact@mindmeld.games)

Virginia Grace-Braun is also the Author & Creator of Therapeutic Tools, including the MINDMELD™ conversation card series, designed to foster insight, connection, and emotional growth.

### **Learn more about Virginia Grace-Braun:**

Through her America's Best in Medicine profile, <https://americasbestinmedicine.com/providers/virginia-grace-braun>

### **America's Best in Medicine**

America's Best in Medicine is a specialist online platform dedicated to amplifying the voices of leading healthcare professionals across the United States. They bring together top healthcare providers from all specialties and cities to share expert-driven articles, research, commentary, and clinical insight. Their core purposes are to showcase excellence in healthcare, build trust between providers and the public, and ensure that expert voices are elevated and heard in shaping medicine. Through their platform, users can access a community of leaders, opportunities for providers to share expertise, and trusted guidance for patients and peers alike.

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