

Tisha Chadha, MSN-Ed, APRN, FNP-C: Advancing Gastro Care Through Patient-Centered Practice And Expertise In Gut Health

Board-Certified Nurse Practitioner Combines Clinical Experience, Education, and Mind–Body Approaches to Improve Outcomes in Gastrointestinal and Liver Disease



Sun City West, Arizona May 1, 2026 ([Issuewire.com](https://www.Issuewire.com)) - Sun City West, Arizona — Tisha Chadha, MSN-Ed, APRN, FNP-C, is a Board-Certified Family Nurse Practitioner specializing in gastroenterology

and hepatology, delivering comprehensive, patient-centered care to individuals with a wide range of digestive and liver conditions. Licensed as an Advanced Practice Registered Nurse in Arizona, Tisha treats patients with general gastrointestinal concerns, liver diseases such as fatty liver and cirrhosis, inflammatory bowel disease (IBD), and functional GI disorders. She is also expanding her expertise in IBD management and integrating mind–body approaches to support overall gut health.

At the core of Tisha’s practice is a commitment to listening closely to patients and working collaboratively to develop effective treatment plans. Her approach emphasizes measurable improvements in symptoms while empowering patients to better understand and manage their conditions. By combining evidence-based medicine with a compassionate, individualized approach, she helps patients navigate complex health challenges with clarity and confidence.

Tisha’s healthcare journey began in Arizona after completing high school in Philadelphia. She built a strong clinical foundation as an operating room nurse, gaining seven years of hands-on experience in surgical settings. Her passion for education led her to earn a Master of Science in Nursing Education from Grand Canyon University, after which she served as an RN Clinical Education Specialist at Banner Health for five years. In this role, she designed and implemented training programs to enhance preoperative nursing practice, contributing to improved patient care and clinical efficiency.

With eight years at Banner Health, Tisha has spent the past two years practicing as a gastroenterology nurse practitioner, where she integrates her clinical expertise and educational background to deliver high-quality, patient-focused care. Her ability to blend technical knowledge with clear communication allows her to build strong relationships with patients and support better health outcomes.

Tisha is an active member of several leading professional organizations, including the American Association of Nurse Practitioners, the American College of Gastroenterology, and the American Nurses Association. She maintains certifications in Pediatric Advanced Life Support (PALS), Advanced Cardiac Life Support (ACLS), and Basic Life Support (BLS), reflecting her commitment to maintaining the highest standards of care. Additionally, she is fluent in English, Punjabi, and Hindi, enabling her to serve a diverse patient population.

Reflecting on her work, Tisha shares, “What I enjoy most about practicing medicine is the profound satisfaction of seeing a patient’s face light up and knowing I’ve made a meaningful difference in someone’s life—especially when they experience joy or relief after years of struggle.”

Through her dedication, clinical expertise, and compassionate approach, Tisha Chadha continues to make a meaningful impact in the field of gastroenterology, helping patients achieve better health and improved quality of life.

Learn more about Tisha Chadha:

Through her America’s Best in Medicine profile, <https://americasbestinmedicine.com/connect/tisha-chadha> or through her profile on Banner Health, <https://doctors.bannerhealth.com/provider/tisha-chadha/2723033>

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core purposes are to showcase excellence in healthcare, build trust between providers and the public, and ensure that expert voices are elevated and heard in shaping medicine. Through their platform, users can access a community of leaders, opportunities for providers to share expertise, and trusted guidance for patients and peers alike.

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