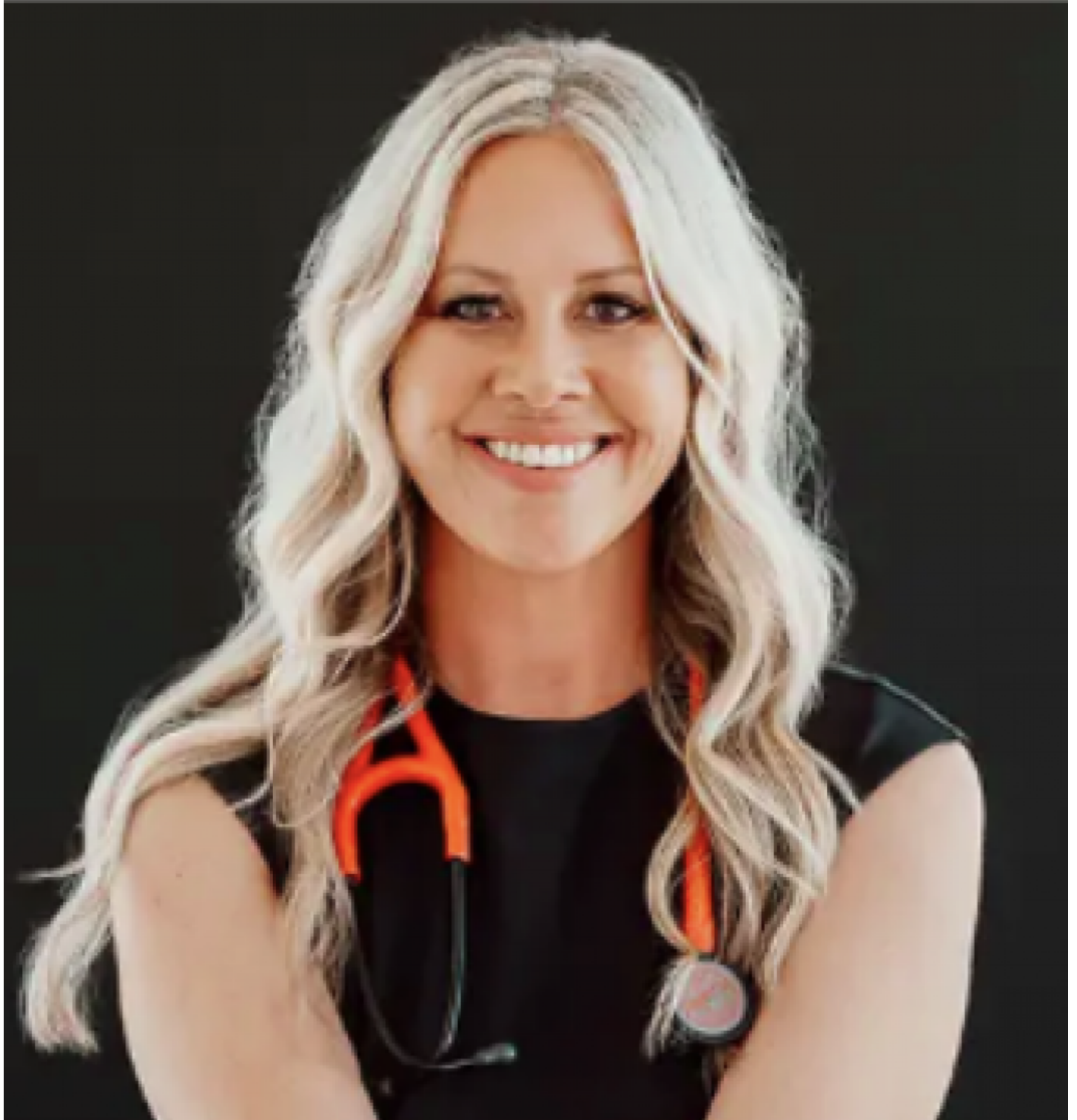


Shawna Gray, FNP-BC, CFRN, CEN: Advancing Critical Care, Aesthetic Medicine, And Community Service Leadership Impact

Founder of Gray Heron Aesthetics and Flight Nurse with Air Methods Delivers Compassionate Care Across Emergency Medicine, Aesthetics, and Veteran Support



Lubbock, Texas May 27, 2026 ([IssueWire.com](https://www.IssueWire.com)) - Shawna Gray, FNP-BC, CFRN, CEN, is a Board-Certified Family Nurse Practitioner with more than 21 years of nursing experience spanning critical care, emergency medicine, aesthetic services, and community advocacy. Through her diverse career in healthcare, Shawna has remained committed to delivering compassionate, patient-centered care while making a meaningful impact within her community.

Shawna is the Founder and Owner of Gray Heron Aesthetics in Lubbock, Texas, where she provides aesthetic treatments designed to help patients feel confident, healthy, and empowered. In addition to managing her private practice, she has served as a flight nurse with Air Methods for the past 14 years, delivering life-saving medevac services to critically ill and injured patients across the region.

Alongside her flight nursing and aesthetic practice, Shawna also conducts veteran examinations for the United States Department of Veterans Affairs, supporting a large veteran population through evaluations and healthcare services that assist former service members in accessing necessary care and benefits.

Shawna began her nursing career in 2005 after earning her Registered Nursing Degree from Clovis Community College. Driven by a commitment to continued growth and advanced clinical expertise, she later completed her Bachelor of Science in Nursing Degree from Post University in 2021 before earning her Master of Science Degree as a Family Nurse Practitioner from Purdue University in February 2025.

Her advanced certifications further reflect her dedication to excellence in emergency and critical care nursing. Shawna holds credentials as a Board-Certified Family Nurse Practitioner (FNP-BC), Certified Flight Registered Nurse (CFRN), and Certified Emergency Nurse (CEN), demonstrating extensive expertise in high-acuity patient care and emergency medical response.

“What I enjoy most is helping my patients,” says Shawna. “Being able to support them through challenges, improve their health, and see positive changes in their lives is incredibly rewarding and motivates me every day.”

Beyond her clinical responsibilities, Shawna remains deeply involved in charitable and community service efforts. She serves as an Executive Board Member of Boots and Badges of the South Plains, an organization dedicated to supporting first responders across 22 counties throughout the South Plains region. Through this work, she helps advocate for and support the individuals who serve their communities in emergency and public safety roles.

Shawna credits much of her professional growth to the support she has received throughout her career, particularly from Air Methods, which enabled her to continue full-time critical care work while advancing her education and simultaneously building her private practice.

Dedicated to lifelong learning, Shawna is also a member of the American Nurses Association and remains current with emerging healthcare advancements through continuous education and professional development. She regularly studies resources such as the ANA Journal and the American Nurse Practitioner Journal to stay informed on evolving clinical practices and patient care standards.

Outside of her professional life, Shawna enjoys spending time with her husband, whom she describes as the love of her life, along with their two beloved fur babies.

Through her leadership in nursing, aesthetics, emergency medicine, veteran care, and community service, Shawna Gray continues to positively impact the lives of patients, colleagues, first responders,

and families throughout her community.

Learn more about Shawna Gray:

Through her America's Best in Medicine profile, <https://americasbestinmedicine.com/connect/Shawna-Gray> or through her website, <https://grayheronaesthetics.com/>

America's Best in Medicine

America's Best in Medicine is a specialist online platform dedicated to amplifying the voices of leading healthcare professionals across the United States. They bring together top healthcare providers from all specialties and cities to share expert-driven articles, research, commentary, and clinical insight. Their core purposes are to showcase excellence in healthcare, build trust between providers and the public, and ensure that expert voices are elevated and heard in shaping medicine. Through their platform, users can access a community of leaders, opportunities for providers to share expertise, and trusted guidance for patients and peers alike.

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