

## Rafael A. Taboas, O.D., Recognized by America's Best in Medicine, Advances Patient-Centered Eye Care in Puerto Rico

Certified Optometrist Combines Family Legacy, Advanced Diagnostic Expertise, and Compassionate Care to Protect and Enhance Vision



**San Juan, Puerto Rico May 14, 2026 ([Issuewire.com](https://www.Issuewire.com))** - Rafael A. Taboas, O.D., is a dedicated Certified Optometrist serving patients in San Juan with a modern, patient-focused approach to eye care that combines advanced diagnostic technology, clinical precision, and compassionate service. Inspired by a strong family legacy in ophthalmology, Dr. Taboas has devoted his career to protecting and

enhancing the gift of sight for patients throughout the Puerto Rican community.

Raised in a family deeply rooted in eye care, Dr. Taboas grew up observing the work of both his father and uncle, who practiced as ophthalmologists. Their influence sparked his passion for ocular health early in life and helped shape his commitment to improving patients' quality of life through comprehensive vision care and preventive treatment.

Dr. Taboas earned his Bachelor's Degree in Business Administration with pre-med studies from University of the Sacred Heart before pursuing his Doctor of Optometry Degree at the Inter-American University of Puerto Rico School of Optometry, graduating in 2017. After completing his formal education, he continued refining his clinical expertise in ophthalmology settings under professional supervision before earning board certification in August 2025.

Currently practicing at a refractive surgery clinic, Dr. Taboas provides a broad range of comprehensive eye care services tailored to the needs of his patients. His work includes routine eye examinations, PRK refractive surgery evaluations, and advanced dry eye treatments utilizing Intense Pulsed Light (IPL) technology. He has also developed specialized expertise in prism correction for patients experiencing double vision, helping improve both visual function and daily quality of life.

In collaboration with ophthalmologists, Dr. Taboas works to identify the underlying causes of ocular disease and pathology, ensuring patients receive appropriate co-management, advanced treatment, or referrals when needed. His patient population primarily consists of Hispanic and Latino individuals, many of whom require careful monitoring for vision complications associated with diabetes, hypertension, and glaucoma.

To provide highly individualized and evidence-based care, Dr. Taboas routinely utilizes advanced diagnostic technologies such as Optical Coherence Tomography (OCT) imaging, visual field testing, and fundus photography. These tools allow him to emphasize early detection and proactive management of eye conditions before they progress into more serious complications.

Outside of his professional work, Dr. Taboas values discipline, balance, and continuous personal growth. He is a third-degree Shotokan karate black belt and an avid swimmer, pursuits that reflect the same focus and dedication he brings to patient care.

Through his combination of family influence, advanced training, technical expertise, and patient-centered philosophy, Dr. Rafael A. Taboas continues to make a meaningful impact on the field of optometry in Puerto Rico while helping patients preserve and improve their vision for years to come.

"The world is a beautiful thing to see. Seeing is a gift," says Dr. Taboas. "Knowing that I can contribute to protect or enhance that gift gives me enormous satisfaction."

### **Learn more about Dr. Rafael A. Taboas:**

Through his America's Best in Medicine profile, <https://americasbestinmedicine.com/providers/rafael-taboas>

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